



CFAES

Contemporary Careers in Food and Nutrition



Jennifer Little, MS, RD, LD, Extension Educator, Family and Consumer Sciences
Hancock County



THE OHIO STATE UNIVERSITY
EXTENSION

FAMILY AND CONSUMER SCIENCES

1

CFAES

Whether Food or Nutrition is your passion....

Future is Bright for Foodies



Nutrition Opportunities Never-Ending



THE OHIO STATE UNIVERSITY
EXTENSION

FAMILY AND CONSUMER SCIENCES
Healthy People • Healthy Relationships • Healthy Finances

This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP

2

CFAES

We've come a long way...

- ❖ Street vendors and caterers date back to Ancient Rome
- ❖ French Revolution launched the modern restaurant industry early 1800s
- ❖ Industrial Revolution allowed for mass production of foods
- ❖ [The Food that Built America](#)
- ❖ Dietetics organized in 1917 with the formation of American Dietetics Association

THE OHIO STATE UNIVERSITY
EXTENSION

FAMILY AND CONSUMER SCIENCES
Healthy People • Healthy Relationships • Healthy Finances

This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP

3

CFAES

The Future is Bright for Foodies



- Restaurant/Dining establishments had nearly \$74 billion sales February 2022
- 102 "Top-rated" Food and Beverage Manufacturing companies in Columbus area
- Hundreds of food trade associations with hundreds of members each

THE OHIO STATE UNIVERSITY
EXTENSION

FAMILY AND CONSUMER SCIENCES
Healthy People • Healthy Relationships • Healthy Finances
This institution is an equal opportunity provider.
This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP

4

CFAES

Nutrition Opportunities Never-Ending



- Clinical care in acute, out-patient settings and home health
- Technology increasing opportunities for private practice
- Pharmaceutical/nutrition products industry
- Fitness and Wellness Roles
- Media/Social Media/Communications



THE OHIO STATE UNIVERSITY
EXTENSION

FAMILY AND CONSUMER SCIENCES
Healthy People • Healthy Relationships • Healthy Finances
This institution is an equal opportunity provider.
This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP

5

CFAES

CDR Workforce Demand Study 2012 (Predictions for 2011-2021)

10 Change Drivers Impacting Demand

- Aging of America
- Diversity in Workforce and Population
- Educational Cost and Requirements vs Employability
- Interdisciplinary Team Approach to Care
- Generalists Gain traction over Specialists



THE OHIO STATE UNIVERSITY
EXTENSION

FAMILY AND CONSUMER SCIENCES
Healthy People • Healthy Relationships • Healthy Finances
This institution is an equal opportunity provider.
This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP

6

CFAES

CDR Workforce Demand Study 2012

10 Change Drivers – Continued

- Technology transforms nutrition care
- Individual health/genetic testing
- Food Industry demands for health and sustainability
- Healthcare Reform increases access
- Rise in chronic disease a public health priority



This photo by Unknown Author is licensed under CC BY

THE OHIO STATE UNIVERSITY
EXTENSION

FAMILY AND CONSUMER SCIENCES
Healthy People • Healthy Relationships • Healthy Finances
This institution is an equal opportunity provider.
This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP

7

CFAES

How to Connect Students to Opportunities?

-  -Join In ! Trade Associations & Professional Organizations offer student memberships
-  -Connect with companies via LinkedIn and "Follow" on social media
-  -Internships, (Indeed.com, Nutritionjobs.com), training opportunities & post-secondary/college (<https://www.eatrightpro.org/acend>)

THE OHIO STATE UNIVERSITY
EXTENSION

FAMILY AND CONSUMER SCIENCES
Healthy People • Healthy Relationships • Healthy Finances
This institution is an equal opportunity provider.
This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP

8

CFAES

Questions???

Jennifer Little, MS, RD, LD
Extension Educator,
Family and Consumer
Sciences –
Hancock County
Little.18@osu.edu



This photo by Unknown Author is licensed under CC BY-SA

The Future is **BRIGHT** in Food and Nutrition!

THE OHIO STATE UNIVERSITY
EXTENSION


FAMILY AND CONSUMER SCIENCES
Healthy People • Healthy Relationships • Healthy Finances
This institution is an equal opportunity provider.
This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP

9

CFAES

Sources:

- **Food Timeline** FAQs: professional food service. <https://www.foodtimeline.org/restaurants.html>
- Restaurant sales registered a healthy gain in February. National Restaurant Association website. <https://restaurant.org/research-and-media/research/economists-notebook/analysis-commentary/restaurant-sales-registered-a-healthy-gain-in-february/>. Published March 16, 2022.
- Top Food & Beverage Manufacturing Companies in Columbus, OH Area. Glassdoor website. https://www.glassdoor.com/Explore/browse-companies.htm?overall_rating_low=3&page=7&locId=196&locType=M&locName=Columbus,%20OH%20Area&industry=200071.

 THE OHIO STATE UNIVERSITY
EXTENSION

FAMILY AND CONSUMER SCIENCES
Healthy People • Healthy Relationships • Healthy Finances
This institution is an equal opportunity provider.
This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP

10

CFAES

Sources (Continued):

- Food and Beverage Industry Trade Associations. Food Industry Executive website. <https://foodindustryexecutive.com/food-and-beverage-industry-trade-associations/>.
- Compensation & Benefits Survey of the Dietetics Profession. Academy of Nutrition and Dietetics. 2021.
- Laramee, S and Tate, M. Dietetics workforce demand study task force supplement – an introduction. JAND. March 2022.
- Centers for Disease Control and Prevention website. <https://www.cdc.gov/chronicdisease/resources/publications/factsheets/diabetes-prediabetes.htm>

 THE OHIO STATE UNIVERSITY
EXTENSION

FAMILY AND CONSUMER SCIENCES
Healthy People • Healthy Relationships • Healthy Finances
This institution is an equal opportunity provider.
This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP

11
