

# **The Secret History of Home Economics and Family and Consumer Sciences**

**Northwest Ohio FCS Teacher In-Service 04/07/22**

**Patrice Powers-Barker, CFLE, Lucas County**

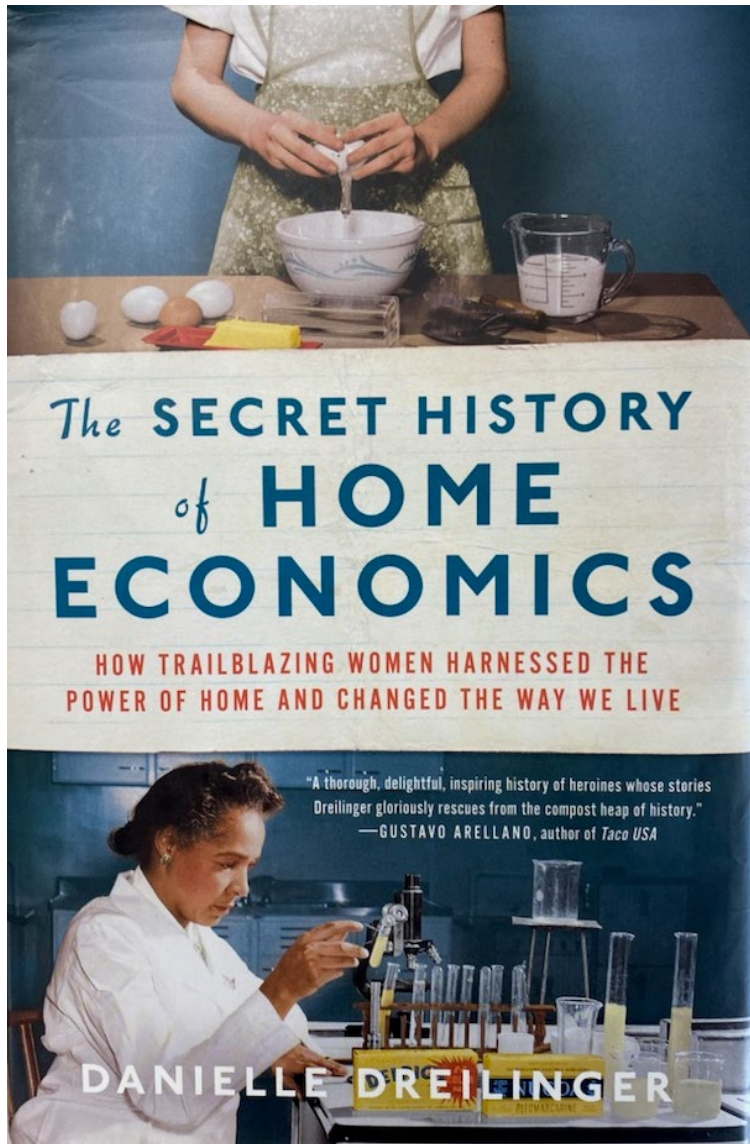
**Melissa J. Rupp, Fulton County**



**THE OHIO STATE UNIVERSITY**

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**EXTENSION**



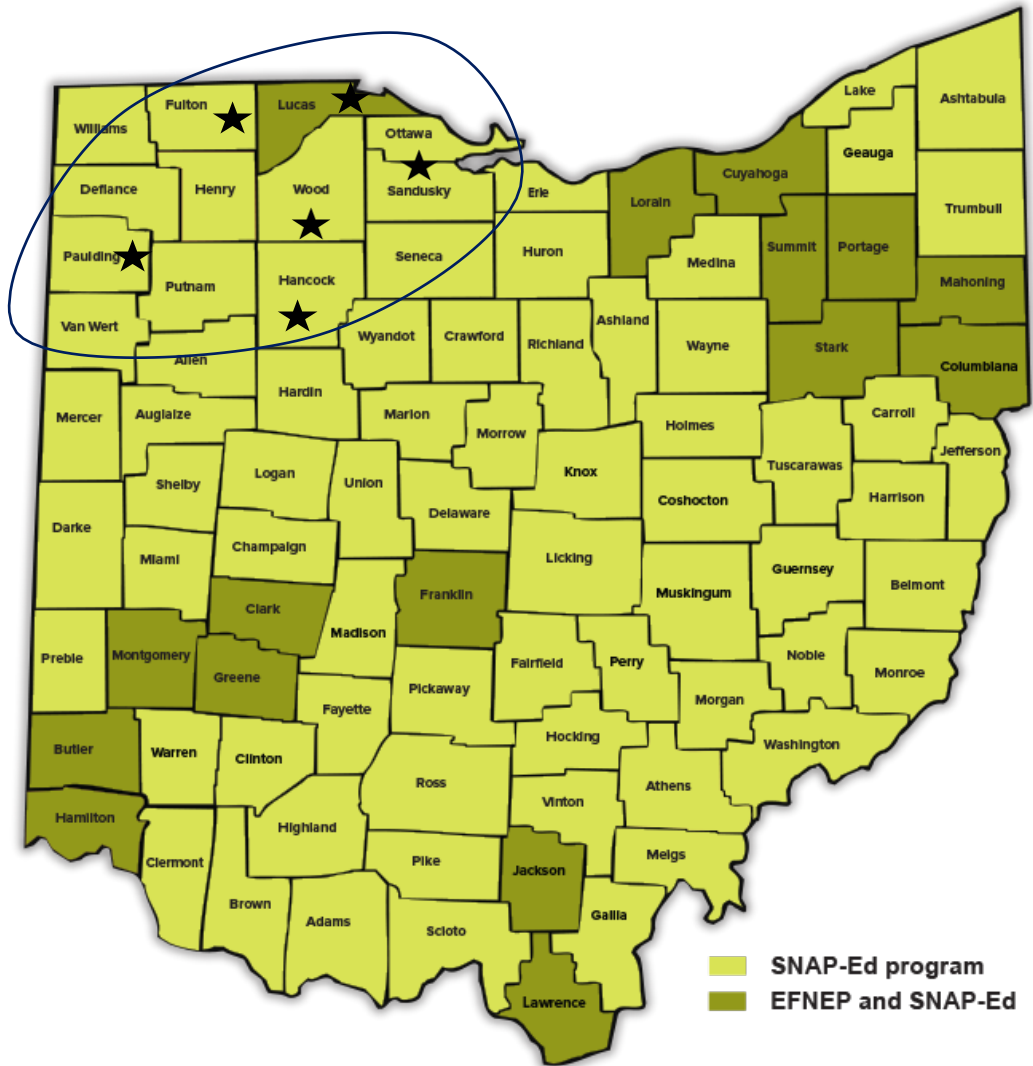
“A people without the knowledge of their past history origin and culture is like a tree without roots”

~ Marcus Garvey

# FCS Map including community nutrition

## OSU Extension, FCS Extension Educator ★

- **SNAP-Ed** (school must be 50% or higher free and reduced lunches)
- **EFNEP** (low-income families with youth)
- Additional Extension Programs for partnership = **4H Youth Development and Agriculture and Natural Resources** (Master Gardener Volunteers)
- **Online:** webinars, county and state pages, Facebook – Live Smart Ohio and Live Healthy Live Well (email challenges)



## TODAY:

- Review career foundation of Family and Consumer Sciences
- See the “threads” that run between your generational history and stories
- Learn past stories of others to encourage and support one another now
- Know your important worth in this profession and keep doing your good work!

## FAMILY AND CONSUMER SCIENCES

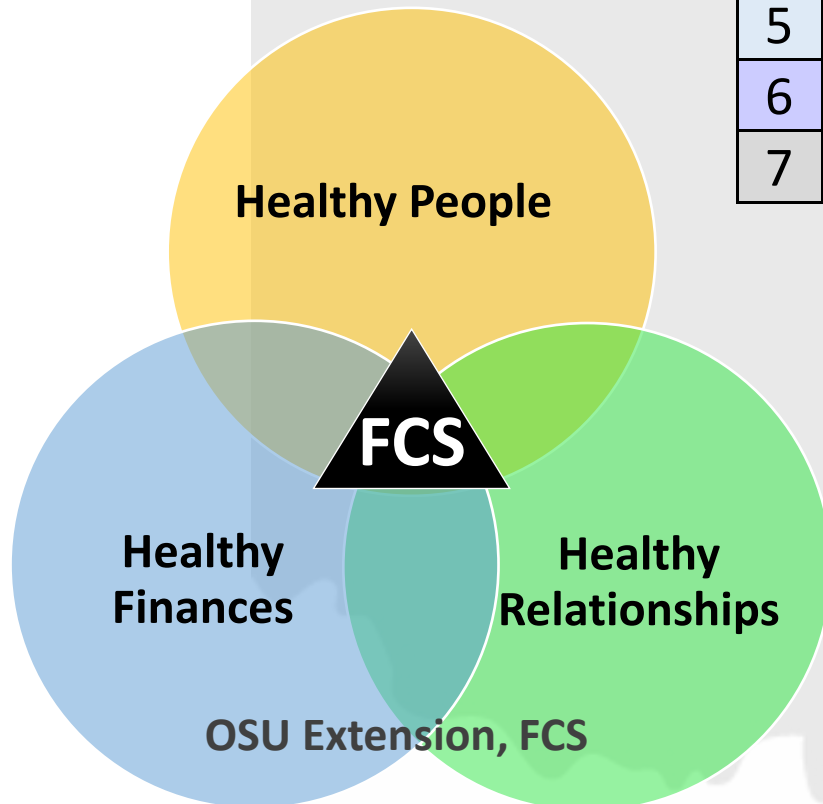
**“The science and art of  
living and working well in  
our complex world”**

American Association of Family and Consumer Sciences

# FCS IN OHIO

## FCS strands, Ohio Department of Education

1	Career Development
2	Family Development
3	Food and Nutrition
4	Personal Finance and Consumerism
5	Health and Wellness
6	Design
7	Living Environment



“The science and art of living and working well in our complex world”



# PEOPLE CENTERED SCIENCE



# WHO ARE YOUR PEOPLE?

- Who are the trailblazing people in your life? (professional/personal)
- What are the things you loved and/or learned?





# WHO STARTED IT?



Acknowledge work of  
Catherine Beecher  
(1800 – 1878)  
Photo 1858-1862



Credit to  
Ellen Swallow Richards  
(1842 – 1911)  
Photo 1910, MIT Museum



Realize contributions of  
Margaret Murray Washington  
(1865 – 1925)  
Photo 1910 - 1915

## IMPROVING SOCIETY

“For the many differences among Beecher, Richards and Washington, all three were **working women** who wanted **to empower other women through education**. They believed that **improving the home could and would improve society**”

(Dreilinger, 2021, p23)

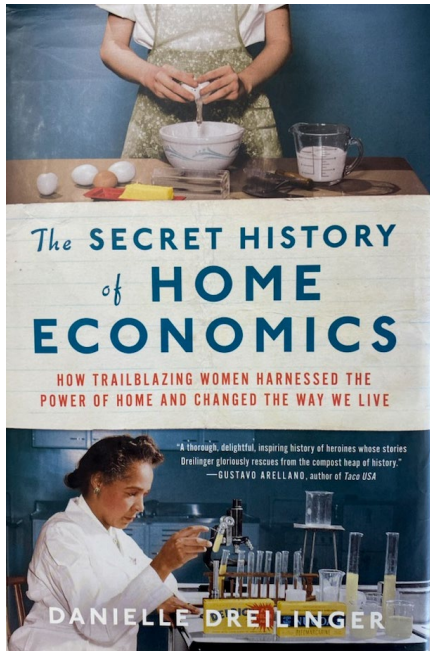
## CONFLICTING STRATEGIES AND GOALS

*Q: Will Home Economics be:*

- ☐ Practical or Intellectual?
- ☐ Farms or Cities?
- ☐ Lead by Massachusetts Institute of Technology or Tuskegee?
- ☐ Feminist or Sexist?

*A: Yes, All of the Above*

# LOCAL CONNECTIONS



“By the end of the nineteenth century, domestic sciences seemed to be flourishing. Practically every agricultural college offered it. School children studied **household arts** in the cities of Chicago, Boston, New York City, **Toledo**, and Los Angeles, to name a few”.

(Dreilinger, 2021, p24)

## **MATILDA CAMPBELL, TEACHER**

**1903** – Matilda Campbell, President of the Ohio Association of Home Economic Teachers. **1903 the National Household Economic Association was held in Toledo, Ohio.**

**1910** – “a most enthusiastic group of more than thirty teachers present” professional meeting. Focus on community and partnership. Toledo Manual Training High School, “the boys in woodworking made a bed and the girls the bedclothes”.

**1913** – A Textbook of Domestic Science for High School Girls by Matilda Campbell

# ALICE SWISHER, HOME AGENT

**1917** or **1918**

“While there were some men who thought acquiring a Home Agent was neither necessary nor desirable, the Board voted to accept the offer of the Extension Division. Miss Alice Swisher came to the County as it’s first Home Agent”

Baking and canning demonstrations, work with Red Cross groups

(Donnan, 1954)

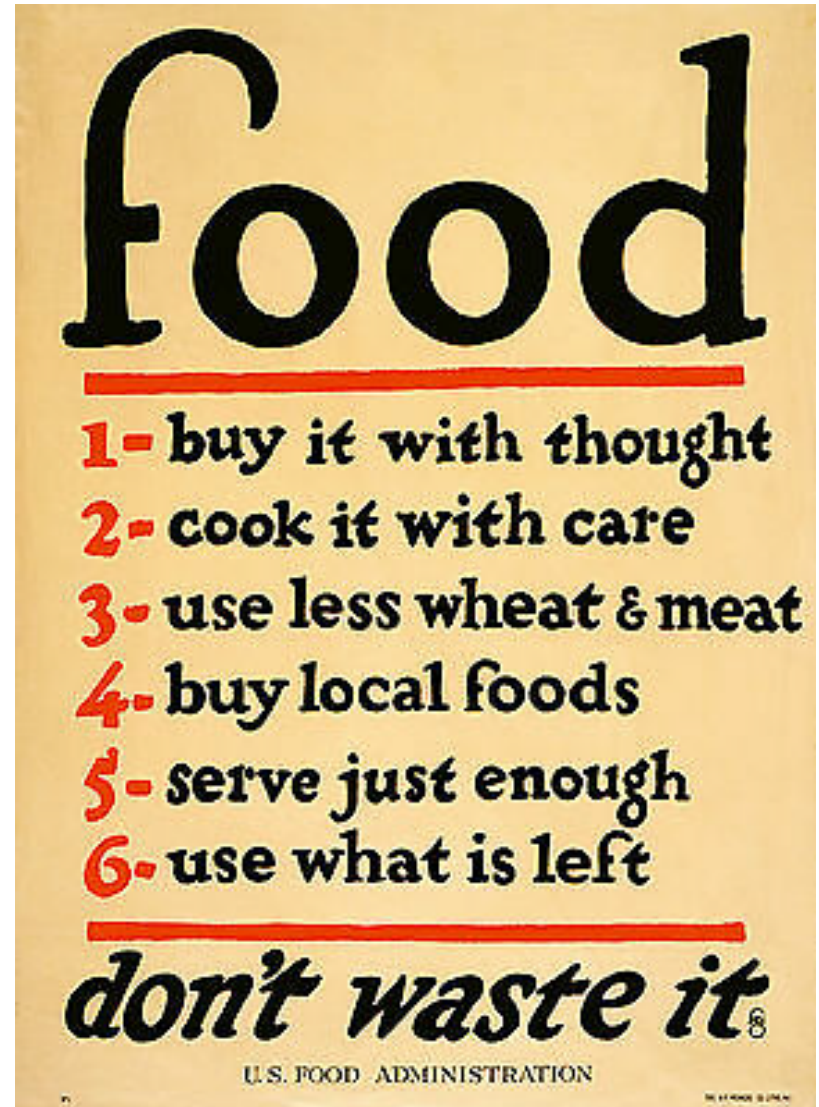


## ALICE & MATILDA

**1917** or **1918**

- Topic, stretching wheat flours by various mixes
- Miss Matilda Campbell working through the Toledo Chamber of Commerce.

Alice Swisher joined faculty at Miami University



# LOCAL CONNECTIONS

## Connie Cahill



For more than three decades, Connie Cahill has been connecting consumers to Ohio agriculture by conducting cooking demonstrations on TV, working with food and business editors, and supporting professional groups such as dietitians and OSU Extension agents. Starting her own consulting business in 1979, Cahill represented several notable organizations, including Velvet Ice Cream, the Kroger Company, Ohio Poultry Association, Ohio Soybean Council, Perdue Farms, among many others.

In addition to her business, Cahill has spread her philanthropic spirit across the state by being involved with the Franklin County Farm Bureau, Columbus Symphony Orchestra Executive Board, an active supporter of Ohio 4-H programs, and is serving as the current Ohio State Fair 50 Year Club president.

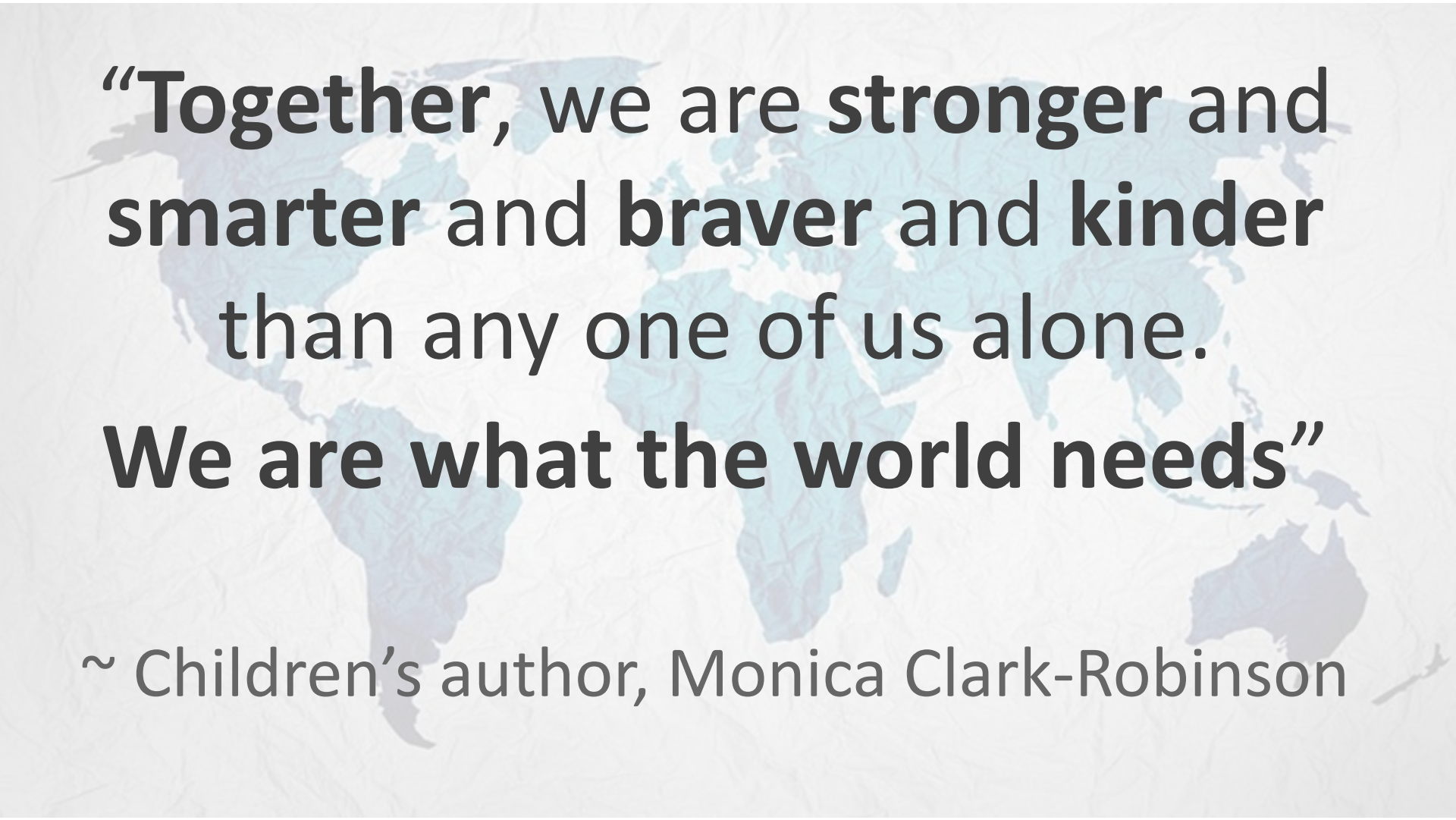
(Dreilinger, 2021, p268-269)

# GOALS

“They believed that **improving the home could and would improve society**” (Dreilinger, 2021, p23)

"I sound like a preacher, but I do believe that, with enlightened leadership, **the profession could play a significant role in shaping what is probably going to be a changing world**"

~ Satenig Sahjian St. Marie (Dreilinger, 2021,p296)



**“Together, we are stronger and  
smarter and braver and kinder  
than any one of us alone.  
We are what the world needs”**

~ Children’s author, Monica Clark-Robinson

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