

New Curriculum! Coming Soon – Spring 2023

Title: *Simplify Your Space*

Target Audience: adults at different stages and transitions in the lifespan interested in learning about personal space and asset management.

Description: Whether large or small, every item we bring into our living or workspace needs to be maintained in some way. When household items are not managed well, it can create problems such as physical clutter, increased costs for storage, or loss of time and money due to replacing misplaced items. When it comes to managing items like material goods, paper items, and living space, there is no single “right” path for everyone to follow. However, problems may be minimized through education, informed decisions, and creative solutions.

Simplify Your Space is a series of four one-hour classes:

- **Clutter Free Living**
- **What to Do with All That Paper**
- **Rightsizing**
- **Sharing Personal Treasures**

The *Simplify Your Space* curriculum is designed to equip adults at different places in the lifespan with education and tools to address their space and material resources. Not only do participants learn the importance of planning, organizing, and communicating about space and material items, but *Simplify Your Space* lessons also invite participants to assess their space and possessions, empowering them to make the best choices for their life situation. Each lesson includes an action plan to help participants create steps between where they are currently and where they would like to be regarding managing their physical space and items.

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