

Fall Vegetable Garden Basics

Planting a fall vegetable garden is a great way to extend the growing season and enjoy some cool weather crops after the heat of the summer fades away. Some vegetables love cooler weather! In Ohio, it is not unusual for the cool weather plants to grow and be harvested (picked) in the springtime and early summer and then be replanted and harvested again in late summer and fall.

It is important to know the average number of days to harvest for each crop, the cold temperature tolerance of the vegetables, and the average anticipated date of the first frost in your area (around October 15th for Northwest Ohio).

WHEN TO PLANT THE FALL GARDEN

Vegetable Crops (SEEDS)	Time to Plant (Seeds)	Average Days to Maturity
Bush beans	Mid July – mid August	50 -65
Beets - roots, (leaves)	Mid July – mid August (early Sept)	60-75 (30-40)
Carrots	Early July – early August	80-90
Chinese cabbage	Mid July – early August	50-70
Chard	Mid July – mid August	50-60
Cilantro	Mid July - late August	45-75
Collards	July	80-90
Kale	Early July – early August	70-80
Kohlrabi	Mid July – mid August	60-70
Lettuce (leaf)	July – late August	40-60
Mustard greens	Mid July – mid August	50-60
Radish	July – mid September	30-40
Snow Peas	Late July – early August	50-70
Spinach	All August	50-60
Summer Squash	Mid July – early August	80-100
Turnips – roots, (leaves)	Early July – mid August	40-75 (30-45)

For Ohioans, the county extension office can be a great resource for gardening, whether you're a novice or a master. Find your local office: <https://extension.osu.edu/lao#county>

For more details on planting seeds this July and August, please visit: go.osu.edu/fallveggarden