

Individualized Healthcare Plan: Hemophilia

Student Name:
 Teacher and Grade:
 Parents:
 Address:

 Phone numbers:

 Email:

ALLERGIES:
 Med history/Diagnosis:

 Meds/Treatments:

 HCPs and Contact Info:

 Notes:

NURSING DIAGNOSIS	GOALS	INTERVENTIONS	TIME	EVALUATIONS
Risk for bleeding	<ul style="list-style-type: none"> • Free from bleeding. • In the event of unpreventable bleed, bleed is assessed and controlled and the child is taken to appropriate level of care in a timely manner. 	<ul style="list-style-type: none"> • Assess for any signs of bruising and bleeding. • Assess for prolonged bleeding after minor injuries. • Assess for any pain or swelling over entire body. • Apply manual or mechanical pressure if active bleeding is noted. • Educate child and UAPs on importance of reporting injuries or changes in behavior. • Develop EAP for UAPs. 	Annually and PRN	<ul style="list-style-type: none"> • Stable vital signs. • Monitor for bleeding, pain, or activity intolerance immediately after any falls or other traumas. • UAPs are aware of EAP location and can demonstrate understanding of EAP.

NURSING DIAGNOSIS	GOALS	INTERVENTIONS	TIME	EVALUATIONS
Risk for injury	<ul style="list-style-type: none"> • Free from injury • In the event of an unpreventable injury, the injury is assessed and controlled and the child is taken to appropriate level of care in a timely manner. 	<ul style="list-style-type: none"> • Assess for signs and symptoms of bleeding, including subcutaneous and intramuscular hemorrhage, oral and nasal bleeding, and petechiae. • Advise non-contact sports and activities with UAPs. • Develop EAP for UAPs. • Maintain close supervision during activities and sports. 	Annually and PRN	<ul style="list-style-type: none"> • Stable vital signs • Monitor for bleeding, pain, or activity intolerance immediately after any falls or other traumas. • UAPs are aware of EAP location and can demonstrate understanding of EAP. • Child demonstrates understanding of need to avoid activities that create high risk for injury.
Compromised Family Coping	<ul style="list-style-type: none"> • Family will demonstrate effective coping patterns with child's illness. • Family will demonstrate adequate knowledge of child's illness. 	<ul style="list-style-type: none"> • Assess family's coping patterns, including the child and any siblings. • Assess family's anxiety and/or overprotectiveness regarding child's illness. • Encourage family members to develop solutions regarding identified problem areas the child might experience. • Refer family to counselor as needed. • Provide information regarding diagnosis and care while at home. 	Annually and PRN	<ul style="list-style-type: none"> • Family is aware and accepting of rationale regarding any accommodations necessary for the child while at school. • Family communicates with school personnel in calm, clear manner regarding any questions or needs. • Family does not request accommodations that are unnecessary or excessive. • The student is able to progress with school activities without anxiety regarding their condition.

Hemophilia Resources:

Hemophilia Federation of America, *Back To School Toolkit*:

<https://www.hemophiliafed.org/for-patient-families/resources/toolkits/back-to-school/>

CDC, *Free Materials on Hemophilia*:

<https://www.cdc.gov/ncbddd/hemophilia/freematerials.html>

Resources, *Hope for Hemophilia*:

<https://www.hopeforhemophilia.org/resources.html>

Community Resources, *National Hemophilia Foundation*:

<https://www.hemophilia.org/Community-Resources>