

REFERRAL RESOURCE GUIDE

Erie County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

National Suicide Prevention Lifeline

1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)

Text 4HOPE to 741741

Firelands Counseling and Recovery Services Crisis Hotline

1-800-826-1306

Ohio Problem Gambling Helpline

1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

Ohio Sexual Violence Hotline

844-644-6435

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

Bayshore Counseling Services provides a full range of alcohol/drug outpatient treatment services for adults as well as general outpatient services for children and adolescents. Mental Health services are available for children, adolescents and adults experiencing mental health problems. *Phone:* 419.626.9156 *Website:* <http://bayshorecs.org/>

Genesis By the Lake offers condo-style recovery housing for women who seek safe, supportive and sober housing and need the added environmental and emotional support to maintain their sobriety. Women must have the ability to maintain abstinence from substance use. *Phone:* 440-789-6672 *Website:* <http://genesisbythelake.com/>

Mental Health & Recovery Board of Erie & Ottawa Counties' mission is to reduce the incidence and severity of mental health problems and substance use disorders by providing funds and monitors a comprehensive system of mental health and substance abuse services for both children and adults. *Phone:* 419-627-1908 *Website:* <https://www.mhrbeo.org>

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services & support. www.theNationalCouncil.org (click on "Find a Provider")

Oriana House offers chemical dependency treatment services for individuals at all stages of their recovery, from early assessment to relapse prevention and aftercare.

Phone: 419-447-1444 Website: <http://www.orianahouse.org/>

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-621-4000

b. Children, Youth & Family Mental Health & Substance Use Disorder Services

Firelands Counseling and Recovery Services provides a complete range of general outpatient and inpatient mental health services for children, adolescents, adults and older adults, as well as specialized programming for those with serious and persistent mental illness. In addition, Firelands offers a continuum of treatment services for adults, adolescents and their families to help establish and maintain abstinence from alcohol and other drugs.

Phone: 419-557-5177 Website: <https://www.firelands.com/care-treatment/behavioral-health/>

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564

www.glnh.org

Trevor Project Crisis Line - LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

www.glnh.org/talkline

Trans Lifeline

877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)

www.na.org/meetingsearch

National Domestic Violence Hotline

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org



MENTAL
HEALTH
FIRST AID®

Erie Shore Network is a non-profit organization that provides peer support and advocacy service for adults with Serious Mental Illness (SMI) in Erie and Ottawa Counties with the primary purpose to promote a positive change in the local mental health system and the State of Ohio, via shift of emphasis and responsibility to consumers. *Phone:* 419-626-2006
Website: http://www.localcommunities.org/servlet/lc_ProcServ/DBPAGE=cge&GID=01391001151176312589742442

Oak House Clubhouse is a non-profit organization that strives to enhance community outreach to individuals suffering from emotional or mental illness. The agency provides a variety of peer support activities, crafts, trips and a full social program for adults with mental illness in Ottawa and Erie Counties. The mission of the Clubhouse is to maintain and operate a non-judgmental facility for individuals recovering from emotional and mental illness, to be used as a place where these individuals can meet for vocational, educational, social and recreational activities to promote their confidence and skills, which will help them lead vocationally productive and socially satisfying lives. *Phone:* 419-734-4417 *Website:* <http://www.oakhouse-pc.org/>

Sandusky Artisans provides a range of Recovery support, peer and self-help services to persons suffering from substance use disorders and mental illness. The agency hosts many 12-step and other meetings including AA, CA, NA, CoDA, Al-a-Non, Al-a-Teen, and the Family-to-Family program. A variety of art classes are also available for children and adults of Erie and Ottawa Counties, including classes specifically for adults with Serious Mental Illness. Additional programming includes services to youth in the Juvenile Community Correction Facility, services to persons on parole transitioning back into the community, and Camp Recovery. *Phone:* 419-621-9377 *Website:* <https://www.artisansrecoveryctr.com/>

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Volunteers of America provides housing to the homeless, elderly and disabled; support services to individuals and families; and programming to assist ex-offenders in returning to the community. Through the contract with the Board, Volunteers of America coordinates and/or directly delivers housing and residential services and support to adults with Serious and Persistent Mental Illness (SPMI) in Erie and Ottawa Counties. Serenity III, a Sober Living Recovery Home for men, is also available. *Phone:* 419-626-6505

Erie County Health Department's *Community Resource Guide* includes transportation, senior services, food assistance programs, emergency response systems, housing services and more. *Guide:* https://www.eriecbdd.org/images/Community_Resource_Guide_all_pages_final.pdf



This resource guide was developed in part under grant number SM81411 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.