

REFERRAL RESOURCE GUIDE

Mahoning County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

National Suicide Prevention Lifeline

1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)
Text "4HOPE" to 741741

Help Network of Northeast Ohio 330-747-2696

Alta Behavioral Health Care Crisis Line 330-793-2487

Ohio Problem Gambling Helpline

1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Domestic Violence Hotline

1-800-799-SAFE (7233)
1-800-787-3224 (hearing impaired line)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)
www.rainn.org

Sojourner House, a COMPASS program, provides crisis intervention, counseling, advocacy and shelter for victims of domestic violence in Mahoning County. *24-Hour Hotline:* 866-436-6269 *Phone:* 330-747-4040 *Website:* <http://sojournerhouse.com/>

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

COMPASS Family & Community Services is a non-profit that offers a wide range of services including psychiatric consultation and treatment, individual, family, couples and group therapy (ages 5 and older), case management, intensive outpatient program, residential services, women's program (WIN), Medically Assisted Treatment, youth intervention programs, criminal court programs and more. *Phone:* 330-782-5664 *Website:* <http://compassfamily.org/>

Heartland Behavioral Healthcare Hospital provides inpatient care. Services include evaluations, intensive psychiatric care, recovery, psychiatry, psychology, social services, patient education, occupational and recreational therapy and work evaluation. In addition, our community support network and child and family services programs provide services to clients and their families residing in the community. *Phone:* 330-833-3135

Mahoning County Mental Health & Recovery Board's main role is to monitor, evaluate, assess, prioritize and plan for mental health and addiction services in the counties it serves. *Phone:* 330-746-2959 *Website:* <http://www.mahoningmhrb.org/>



National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

Neil Kennedy Recovery Clinic is a community-based non-profit substance use disorder treatment facility. *Phone: 1-800-472-1177*

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-621-4000

b. Children and Youth Mental Health & Substance Use Disorder Services

Alta Care Group provides diagnostic assessments, pharmacologic services, crisis intervention services, individual, group and family counseling, community psychiatric support, case management, trauma treatment, intensive home-based treatment. *Phone: 330-793-2487*
Website: <http://www.altabehavioralhealthcare.org/>

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564

www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

www.glnh.org/talkline

Trans Lifeline

877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>



SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

Al-Anon Family Groups

www.al-anon.alateen.org

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Catholic Charities Regional Agency offers housing assistance services. *Phone:* 330-774-8451, ext. 323 *Website:* <https://www.ccdoy.org/locations/catholic-charities-diocesan-offices/#housing-opportunities>

Flying HIGH Inc. is non-profit organization that offers the Professional Development Center vocational school, job readiness and placement assistance, GED tutoring, Working Toward the Future Program, GROW Urban Farm, nutritionally assisted alcohol and drug treatment, peer support and case management services, and the Eagle's Nest Recovery House. *Phone:* 330-797-3995 *Website:* <http://flyinghighinc.org/>

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Youngstown Urban Minority Alcoholism & Drug Abuse Outreach Program (YUMADAOP) provides culturally and gender appropriate violence, alcohol, tobacco and other drug (ATOD) prevention and offender reentry services to residents of Mahoning County. *Phone:* 330-743-2772 *Website:* <http://yumadaop.com/>



This resource guide was developed in part under grant number SM81411 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.

