

REFERRAL RESOURCE GUIDE

Montgomery County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

National Suicide Prevention Lifeline

1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)

Text 4HOPE to 741741

Samaritan CrisisCare

937-224-4646

Ohio Problem Gambling Helpline

1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

Ohio Sexual Violence Hotline

844-644-6435

YWCA Dayton provides emergency shelter and crisis support services for women and children fleeing domestic violence; crisis and counseling services for survivors of sexual assault, human trafficking, and stalking; Affordable housing and life skills training; Housing assistance for women and children who have experienced domestic violence and families who are experiencing sudden homelessness. **24/7 Crisis Hotline:** 937-222-7233

Website: <https://www.ywcadayton.org/>

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

Access Residential Treatment Facilities offers treatment to both male and female patients, eighteen and over, who are Medicaid eligible for up to 90-days of residential treatment.

Phone: 937-228-0579 Website: <http://www.accessoh.com/Home.aspx>

Beckett Springs of Changes® Outpatient Treatment Program, offers partial hospitalization program, intensive outpatient program and an outpatient program.

Phone: 513-712-0329 Website: <https://www.beckettsprings.com/programs/outpatient-treatment/>

Care4us Behavioral Health Center, LLC is an independent agency that is licensed in the State of Ohio to serve the greater Miami Valley area. We provide abstinence based treatment of alcohol and drug abuse to individuals and families. We provide counseling to individuals on probation or re-entry into the community. Phone: 937-938-5434

Website: <https://www.care-4-us.com/>



Community Services for the Deaf has provide a wide range of programs and interpreting services to meet the needs of Deaf, Hard-of-Hearing and/or those otherwise impacted by hearing loss including Walk-In Services; 24/7 Interpreting/Communication Services; Counseling and Case Management and more. *Phone:* 937-222-9481 *Website:* <http://www.fsadayton.org/>

Cornerstone Project provides intensive and standard outpatient level of care options as well as medication management. *Phone:* 937-815-7488 *Website:* <https://cornerstone-project.com/>

Day-Mont Behavioral Health Care, Inc. is a Trauma Informed agency that offers an Access II Mental Health Court program, Assertive Community Treatment, individual and group counseling, medical care and more. *Phone:* 937-716-1707 *Website:* <http://www.daymont.org/index.html>

Eastway Behavioral Healthcare serves more than 750 young people between the ages of five and 18 in a continuum of services from residential care through day treatment programs and outpatient services. Eastway also offers residential and outpatient treatment to adults. *Phone:* 937-396-2535 *Website:* <http://www.eastway.org/>

Holt Street Miracle Center is a Residential Drug and Alcohol Recovery Center that provides a family like setting for homeless veterans including AA/NA meetings, individual counseling and more. *Phone:* 937-222-7420 *Website:* <http://www.holtstreetmiraclecenter.org/>

Mahajan Therapeutics provides psychiatry, medication management, therapy, case management, nurse counseling, drug and alcohol rehabilitation, court/criminal justice coordination. *Phone:* (937) 275-1500 *Website:* <http://www.mahajantherapeutics.com/home.html>

Mercy Manor provides a safe and loving environment for individuals facing a crisis pregnancy including individual and group counseling, medical and prenatal care, housing, food, transportation and more. *Phone:* 903-932-9079 *Website:* <http://www.mercymanor.com/index.html>

Montgomery County Alcohol, Drug Addiction and Mental Health Services (ADAMHS) is responsible for the planning, funding and monitoring of public mental health and alcohol and other drug addiction services. *Phone:* 937-443-0416 *Website:* <http://www.mcadamhs.org/index.php>

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

New Creation Counseling Center provides individual, child and adolescent, couples and family counseling as well as psychiatric care and support groups. *Phone:* 937-667-4678 *Website:* <http://www.newcreationcounselingcenter.org/>

Nova Behavioral Health, Inc. offers individual and group counseling, gender-specific residential treatment and more. *Phone:* (937) 253-1680 *Website:* <http://novabehavioralhealth.org/index.html>



Public Health – Dayton & Montgomery County works to safeguard the health of Montgomery County. Their Addition Services department offers intensive outpatient and outpatient treatment for substance use disorders. *Phone:* 937-461-5223 *Website:* <https://www.phdmc.org/>

SAMHSA’s National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

South Community Inc. is a private not-for-profit corporation providing mental health, substance use and integrated care for youth and adult. *Phone:* 937-293-8300 *Website:* <https://www.southcommunity.com/>

ViaQuest’s Psychiatric & Behavioral solutions include mental health assessments, behavioral management, mental health case management, medication management, and counseling for individuals, groups, and families. To ensure our services are accessible, we also offer telepsychiatric services to long-term care facilities and developmental centers throughout Ohio. *Phone:* 855.289.1722 *Website:* <https://www.viaquestinc.com/>

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-621-4000

Daybreak is an emergency shelter for runaway and homeless youth. Services include 24-hour crisis hotline and emergency youth shelter, outreach, prevention, transitional housing, life-skills education, and other follow-up services for runaway, throwaway, and homeless youth. *Phone:* 937-461-1000 *Website:* <http://daybreakdayton.org/>

b. Children, Youth & Family Mental Health & Substance Use Disorder Services

The Ellis Institute provides low-cost, high-quality psychotherapy, counseling, and assessment services to children, adolescents, adults, couples, and families in Greater Dayton region and Southwest Ohio. *Phone:* (937) 775-4300 *Website:* <https://psychology.wright.edu/ellis-human-development-institute>

Kettering Health Network Mental Health Services offers mental health treatment to adolescents, adults and seniors including walk-in assessments, psychiatry, group individual therapy, intensive outpatient treatment and more. *Phone:* 855-536-7543 *Website:* <https://www.ketteringhealth.org/>

Lighthouse Youth & Family Services provides early childhood services; behavioral health and psychiatric services; home-based services to families; services to youth engaged with the juvenile justice system; community residential treatment facilities; foster care and adoption; independent living services; and opportunities through education. *Phone:* (513) 221-3350 *Website:* <https://www.lys.org/>

SAFY of Ohio offers in-home and community-based behavioral health services including individual and family therapy, play and art therapy, screening and assessment services, support groups, juvenile sex offender programs, medication management and substance abuse treatment. *Phone:* 937-853-9061 *Website:* <https://www.safy.org/>

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564
www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)
www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)
www.glnh.org/talkline

Trans Lifeline

877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

Equitas Health’s Dayton Medical Center provides quality primary care, specialized LGBTQ care, specialized HIV care, trans health services, behavioral health, HIV/STI testing, HIV supportive services, and dentistry services.

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

National Domestic Violence Hotline

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner’s HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Goodwill Easter Seals Miami Valley is a nonprofit organization based in the Miami Valley of Ohio. It provides services and support for individuals with special needs or disabilities.

Phone: 937-461-4800 Website: <https://gesmv.org/>

Homefull assists homeless individuals and families in locating, obtaining, and retaining suitable housing instead of staying in a shelter. This service includes diversion, web-based housing locator service, housing search and placement assistance, leaseholder education, mediation, legal aid referrals, and active outreach to property owners. Phone: 937-293-1945

Website: <http://www.homefull.org/>

Miami Valley Housing Opportunities has long recognized that to truly serve the housing needs of vulnerable citizens in our community, we must offer a variety of housing programs tailored to the unique challenges of various groups of people. Phone: 937-263-4449

Website: <http://mvho.net/#>

Senior Resource Connection collaborates with community resources and provides services that support seniors, adults with special needs, and their caregivers to maintain quality independent lives. Over the past 60 years the organization has grown from a one room storefront serving Montgomery County to a multi-purpose community-based service agency that serves not only Montgomery County, but the Greater Miami Valley. Phone: 937-223-8246

Website: <http://www.seniorresourceconnection.com/default.asp>



This resource guide was developed in part under grant number SM81411 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.