REFERRAL RESOURCE GUIDE

Perry County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation	National Suicide Prevention Lifeline
Dial 911	1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)
	Text 4HOPE to 741741
Allwell Crisis Hotline	Ohio Problem Gambling Helpline
1-800-344-5818	1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline	National Sexual Assault Hotline
1-800-4-A-CHILD (1-800-422-4453)	1-800-656-HOPE (4673)
National Domestic Violence Hotline	RAINN (Rape, Abuse & Incest National Network)
1-800-799-SAFE (7233)	1-800-656-HOPE (4673)
1-800-787-3224 (hearing impaired line)	www.rainn.org
Ohio Domestic Violence Network	Ohio Sexual Violence Helpline
800-934-9840	1-844-644-6435

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

Allwell Behavioral Health Services is a not-for-profit provider of comprehensive community mental health services in Coshocton, Guernsey, Morgan, Muskingum, Noble and Perry counties. Services include clinical assessments, counseling, psychiatry, medication management, crisis intervention, housing and supported housing, peer support, and community psychiatric supportive treatment. *Phone:* 740-342-5154 *Website:* www.allwell.org

BreakThru Withdrawal Management is a substance use and/or abuse treatment service located within an acute care hospital. Clients who are in withdrawal from alcohol and/or drugs are medically stabilized and managed on a medical/surgical unit. *Phone:* 740-439-8720 *Website:* http://tritaniumsolutions.com/breakthru-medical-withdrawal-management.html

Chillicothe VA Medical Facility full medical Veterans Administration facility with medical as well as behavioral health services. *Phone:* 740-773-1141 *Website:* https://www.chillicothe.va.gov/

Hopewell Health Centers is a nationally accredited federally qualified health and community mental health center with 22 sites across nine counties in Southeast Ohio (Athens, Gallia, Hocking, Jackson, Meigs, Perry, Ross, Vinton, and Washington). *Phone*: 740-342-4192 *Website*: http://hopewellhealth.org/index.htm



The Mental Health and Recovery Services Board is responsible for seeing that public mental health and alcohol/drug recovery services are available to the residents of Coshocton, Guernsey, Morgan, Muskingum, Noble & Perry Counties. *Phone:* 740-454-8557 *Website:* http://www.mhrs.org/

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

New Vision is an inpatient medical stabilization & withdrawal management service for adults with substance use disorders. *Phone:* 740-454-5680 *Website:* specialcarecorp.com/newvision

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

Perry Behavioral Health Choices provides outpatient drug and alcohol treatment as well as Prevention Services to residents of Perry County. Services include Outpatient Treatment, Assessment, Individual and group Counseling, Case Management, Crisis Intervention, Residential treatment for women, and more. *Phone:* 740-342-1991 *Website:* http://perrybhc.org/

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and http://findtreatment.SAMHSA.gov

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline 1-800-621-4000

Thompkins Treatment, Inc. is a private, non-profit comprehensive mental and behavioral healthcare agency that serves the emotional and behavioral needs of youth ages 2 through 18 since 1982. *Phone:* 740-622-4470 *Website:* http://www.thompkinstreatment.org/index.html

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center	Trevor Project Crisis Line – LGBTQ Youth
1-888-843-4564	1-866-4-U-TREVOR (488-7386)
<u>www.glnh.org</u>	www.theTrevorProject.org
GLBT National Youth Talkline	Trans Lifeline
1-800-246-PRIDE (1-800-246-7743)	877-565-8860
www.glnh.org/talkline	

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. https://advocatesforyouth.org/resources-tools/



PFLAG (Parents and Friends of Lesbians and Gays) - Columbus Chapter

Phone: 614-302-6913

Email: pflagcolumbus@gmail.com Website: www.columbuspflag.org

LGBTQ Culturally Competent Providers

Equitas Health

Provider: Daniel Mathuews, MSW, LSW

Phone: 740-331-0407

507 Richland Ave. Suite 201, Athens, OH 45701

Equitas Health

Provider: Justin Kerr, PMHNP

Phone: 614-340-6777

1033 N. High St., Columbus, OH 43201

Equitas Health

Provider: Sarah Fortin, MSN, APRN, PMHNP - BC

Phone: 614-340-6700

750 E. Long St., Suite 3000, Columbus, OH 43202

Leah Jaquith, PhD

Phone: 740-591-0284

3 W Stimson Ave., Athens, OH 45701

Nationwide Children's Hospital THRIVE Program

Phone: 614-722-5765

700 Children's Drive, Columbus, OH 43205

Ohio Psychotherapy and Consultation Services, LLCP

Provider: Shawn D. King, PhD, MSW, MScS, LISW-S, CEAP

Phone: 740-917-4140

507 Richland Avenue Suite 203A, Athens, OH 45701

Judith Smithchild, MEd, LPCC-S, LICDC-S, NCC

Phone: 740-358-0849

17 Blue Line Drive, Athens, OH 45701

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en US/find-aa-

<u>resources</u>

Al-Anon Family Groups

w<u>ww.al-anon.alateen.org</u>

Dual Recovery Anonymous

www.draonline.org

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline) www.na.org/meetingsearch

Nar-Anon Family Groups

www.nar-anon.org/find-a-group



OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE[™] Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Disabled Veterans Outdoors (DVO) is a 501c3 nonprofit public charity that provides free outdoor activities to Veterans that are now disabled for any reason. *Phone:* 740-621-3695 *Website:* https://disabledveteransoutdoors.org/

Hocking, Athens, Perry Community Action is a nonprofit corporation that develops, manages, and provides services and support to individuals and families who lack sufficient financial resources to meet their basic needs or to provide the quality of life they desire. *Phone:* (740) 767-4500 *Website:* http://hapcap.org/home

Perry County Health Department offers Project DAWN training and Naloxone kits. *Phone:* 740-342-5179 *Website:* http://perrycountyhealth.info/

Perry Housing Coalition's (PHC) goals are to end homelessness and to make safe, suitable, and affordable housing available to Perry County's residents. For more information about joining the Perry Housing Coalition, please contact Pat Skilliter, PHC co-chair at 740-454-1223 ext 105. To apply for services or other questions, please contact Patti Smith at 740-684-0942.





This resource guide was developed in part under grant number SM81411 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.