

# REFERRAL RESOURCE GUIDE

## Seneca County

### IN AN EMERGENCY OR CRISIS

#### For assistance in an emergency situation

Dial 911

#### LOCAL CRISIS LINE

1-800-273-8255

#### National Suicide Prevention Lifeline

1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)

Text 4HOPE to 741741

#### Ohio Problem Gambling Helpline

1-800-589-9966

### DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

#### National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

#### National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

#### Ohio Domestic Violence Network

800-934-9840

#### National Sexual Assault Hotline

1-800-656-HOPE (4673)

#### RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

[www.rainn.org](http://www.rainn.org)

#### Ohio Sexual Violence Helpline

1-844-644-6435

**First Step** is a healthy family resource center serving Seneca county. It provides shelter for victims of domestic violence and their children, 24-hour support line, advocacy, and outreach and support programs for men, women, and children.

Website: [www.firststepweb.org/](http://www.firststepweb.org/)

Phone: (419) 435-7300

**Victim Assistance Program** provides assistance and information to victims of crime and referrals to other quality support services offered in Seneca County. Advocates are available 24 hours a day to help victims of crimes such as domestic violence, stalking, assault, sexual abuse, child abuse/neglect, and drunk driving for no cost. Services include personal advocacy, notification, referrals, victim compensation, victim impact statement, victims' rights, and public education.

Website: <https://tiffinfostoriamunicipalcourt.org/victim.php>

Phone: (419) 448-5070

### TREATMENT RESOURCES

#### Mental Health & Substance Use Disorder Treatment

**Catholic Charities** provides life transformational services for clients who come from a variety of faiths and backgrounds in Seneca county. Services include crisis navigation, feeding the hungry, sheltering the homeless, adult advocacy, jail and prison ministry, disaster relief, social justice education and advocacy, and others.

Website: <https://catholiccharitiesnwo.org/ministriesservices/>

Phone: (419) 244-6711



**Firelands Counseling and Recovery Services** provides a variety of services to those suffering with mental health or substance use disorders. Services include alcohol and drug treatment, crisis program, gambling addiction treatment, inpatient care, mental illness treatment, vocational rehabilitation, and behavioral health treatment at specified locations.

Website: <https://www.firelands.com>

Phone: (419) 557-7400

**First Call for Help** provides direct information and referral services to the people of Seneca County.

Website: <http://www.tiffin-seneca-unitedway.org/first-call-for-help>

Phone: (419) 448-4357

**Mental Health and Recovery Services Board** coordinates behavioral health and substance abuse services in the area and funding agencies in the community to serve clients with no insurance or means to pay for services.

Website: <https://www.mhrsbsw.org>

Phone: (419) 448-0640

Hotline: 1-800-826-1306

**National Alliance on Mental Illness (NAMI)** Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

**National Council for Behavioral Health** can assist you in finding a local provider of behavioral health services and support. [www.theNationalCouncil.org](http://www.theNationalCouncil.org) (click on "Find a Provider")

**New Transitions Counseling LLC** is a counseling office which offers couples, family, individual, and/or play therapy.

Website: <https://www.newtransitions counseling.com>

Phone: (419) 448-4094

**Oriana House** sends individuals on a multi-step journey to rehabilitation through their admission of a problem, abstinence, avoidance of relapse, and daily dedication to recovery.

Website: <http://www.orianahouse.org/>

Phone: (567) 220-7018

**Rigel Recovery Services** provides comprehensive substance abuse treatment, with a focus on the individual. Services offered at this facility include substance abuse assessments and drug testing, intensive outpatient treatment, enhanced opiate treatment, and individual counseling and aftercare.

Website: <http://www.rigelrecovery.org/>

Phone: (567) 220-7018

**SAMHSA's National Helpline** provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

## CHILDREN & YOUTH RESOURCES

### a. Emergency and Referral Services

#### National Runaway Safeline

1-800-621-4000



## b. Children, Youth & Family Mental Health & Substance Use Disorder Services

**Court Appointed Special Advocates for Children** provides a trained volunteer to every child in Seneca county who needs one in order to provide that child a safe, permanent, and supportive environment to live in.

Website: <http://www.casaofssw.org/about.aspx>

Phone: (419) 448-1442

## RESOURCES FOR SPECIAL POPULATIONS

### Gay, Lesbian, Bisexual, Transgender Support Resources

#### GLBT National Help Center

1-888-843-4564

[www.glnh.org](http://www.glnh.org)

#### Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

[www.theTrevorProject.org](http://www.theTrevorProject.org)

#### GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

[www.glnh.org/talkline](http://www.glnh.org/talkline)

#### Trans Lifeline

877-565-8860

### Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

## SELF-HELP RESOURCES AND GROUPS

*Find a time and location of a meeting.*

#### Alcoholics Anonymous

[www.aa.org/pages/en\\_US/find-aa-resources](http://www.aa.org/pages/en_US/find-aa-resources)

#### Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)  
[www.na.org/meetingsearch](http://www.na.org/meetingsearch)

#### National Domestic Violence Hotline

[www.al-anon.alateen.org/local-meetings](http://www.al-anon.alateen.org/local-meetings)

#### Nar-Anon Family Groups

[www.nar-anon.org/find-a-group](http://www.nar-anon.org/find-a-group)

#### Dual Recovery Anonymous

[www.draonline.org](http://www.draonline.org)

## OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. [www.findlaw.com](http://www.findlaw.com)

**Department of Job and Family Services** provides information and resources to those in Seneca county who are in need of food, cash, child, protective, or health services.

Website: <http://djfs.co.seneca.oh.us/>

Phone: (419) 477-5011

**Habitat for Humanity** builds, renovates, and repairs simple housing and sells the houses to selected families with no profit or interest added.

Website: [www.senecahabitat.org](http://www.senecahabitat.org)

Phone: (419) 447-4270

**Helburn Meadows Housing** is a senior low-income housing apartment, usually costing 30% of gross income for rent.

Website: [https://www.publichousing.com/details/helburn\\_meadows](https://www.publichousing.com/details/helburn_meadows)

Phone: (419) 448-0514

**Home Energy Assistance Program** is a federally funded program that provides eligible Ohioans assistance with their home energy bills.

Website: [https://www.development.ohio.gov/is/is\\_heap.htm](https://www.development.ohio.gov/is/is_heap.htm)

Phone: (800) 282-0880

**Morrison House Transitional Housing** offers supervised transitional housing a safe haven for singles and families up to 120 days.

Website: <https://www.emeraldjennyfoundation.org/listing/morrison-house-first-call-help/>

Phone: (567) 201-8019

**Opportunity Center of Seneca County** works to improve the lives of persons with disabilities through adult services, children services, case management, and advocacy.

Website: <https://www.senecadd.org>

Phone: (419) 447-7521

**West Ohio Food Bank** provides up to date information on Seneca food pantries. Information includes address, hours, and contact information.

Website: <http://www.westohiofoodbank.org/find-help/seneca-county/>

Phone: (419) 222-7946



*This resource guide was developed in part under grant number SM81411 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.*



**REFERRAL RESOURCES GUIDE**