

# REFERRAL RESOURCE GUIDE

## Adams County

### IN AN EMERGENCY OR CRISIS

#### For assistance in an emergency situation

Dial 911

#### National Suicide Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

#### Crisis Center & 24-Hour Hotline

740-354-1010, Toll Free: 855-381-1010

#### Ohio Problem Gambling Helpline

1-800-589-9966

### DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

#### National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

#### National Sexual Assault Hotline

1-800-656-HOPE (4673)

#### National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

#### RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

[www.rainn.org](http://www.rainn.org)

#### Ohio Domestic Violence Network

800-934-9840

#### Ohio Sexual Violence Helpline

1-844-644-6435

### TREATMENT RESOURCES

#### Mental Health & Substance Use Disorder Treatment

**ADAMHS Board of Adams, Lawrence & Scioto** provides support, referral services, ambulatory opiate detox, individual & group counseling, diagnostic assessments.

Phone: 740-354-1010 Website: <http://www.adamhsals.org>

**Appalachian Behavioral Healthcare Hospital's** services include evaluations, intensive psychiatric care, recovery, psychiatry, psychology, social services, patient education, occupational and recreational therapy and work evaluation. In addition, the community support network programs provide services to clients and their families residing in the community. Phone: 740-594-5000

**Charlie Health** is a virtual intensive outpatient program for individuals ages 11-32 and provides customized individual and group therapy options. Phone: 866-491-5196 Website:

<http://www.charliehealth.com>

**Family Recovery Services** represents a family of services offered by FRS Counseling, Inc. Services include Assessment (6 years & older), individual/group therapy, Community Psychiatric Supportive Treatment (CPST), Psychiatric appointments, Medication Assisted Therapy, sober living. Phone: 937-779-3030 Website: <http://www.familyrecoveryservices.org>

**Hopesource** provides individual and group counseling, assessment, case management, drug and alcohol testing, crisis intervention and vocational services. Phone: 740-353-4673 Website: <https://hopesourcetreatment.com/>

**National Council for Mental Wellbeing** can assist you in finding a local provider of behavioral health services and support. [www.theNationalCouncil.org](http://www.theNationalCouncil.org) (click on "Find a Provider")

**National Alliance on Mental Illness (NAMI) Information HelpLine** provides information and referral services. 1-800-950-NAMI (6264)

**SAMHSA's National Helpline** provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.  
*Phone:* 1-800-662-HELP (4357) *Website:* <http://findtreatment.SAMHSA.gov>

**Shawnee Family Health Center, Adams County Office** offers mental health assessments, crisis intervention, Community support (CPST: adults & children), counseling, supported employment, psychiatric services. *Phone:* 740-354-7702  
*Website:* <http://www.shawneemhc.org/>

**Summit Behavioral Healthcare** provides services such as addiction, child and adolescent, forensic, and geriatric psychiatry. *Phone:* 513-558-7333  
*Website:* <https://med.uc.edu/psychiatry>

**The Counseling Center, Inc.** offers a wide range of services to help individuals with substance abuse, mental health, and physical health. *Phone:* 740-354-6685 *Website:* <http://thecounselingcenter.org>

## CHILDREN & YOUTH RESOURCES

### a. Emergency and Referral Services

#### National Runaway Safeline

1-800-621-4000

#### Child Focus, Inc. Crisis Line

513-528-7283

### b. Children and Youth Mental Health & Substance Use Disorder Services

**Central Clinic Behavioral Health Child & Family Treatment Center** includes Child and Adolescent Counseling Services, Young Child Institute, Ready To Learn School-Based Services, and Connections for Life. We provide diagnostic evaluations, treatment and school-based prevention services to children birth to 18 and their families. *Phone:* 513-558-5857  
*Website:* <http://www.centralclinic.org/programs/child-family/>

**Charlie Health** is a virtual intensive outpatient program for individuals ages 11-32 and provides customized individual and group therapy options. *Phone:* 866-491-5196 *Website:* <http://www.charliehealth.com>

**Child Focus, Inc. (CFI)** offers a wide range of mental health services including individual and family therapy, case management and group therapy. *Phone:* 513-752-1555  
*Website:* <https://www.child-focus.org/>

## RESOURCES FOR SPECIAL POPULATIONS

### Gay, Lesbian, Bisexual, Transgender Support Resources

#### GLBT National Help Center

1-888-843-4564  
[www.glnh.org](http://www.glnh.org)

#### Trevor Project Crisis Line - LGBTQ Youth

1-866-4-U-TREVOR (488-7386)  
[www.theTrevorProject.org](http://www.theTrevorProject.org)

### GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)  
[www.glnh.org/talkline](http://www.glnh.org/talkline)

### Trans Lifeline

877-565-8860

### Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

**Equitas Health Portsmouth** offers LGBTQ-culturally competent behavioral health providers who provide psychiatry, individual therapy and support groups. *Phone:* 740-529-0018  
*Address:* 1615 Chillicothe St. Suite A, Portsmouth, OH 45662

**Mares Cares Counseling** provides LGBTQ-culturally competent behavioral health treatment. *Phone:* 740-804-6800 *Address:* 628 Commanche Rd., Chillicothe, OH 45601

### PFLAG Portsmouth Chapter

*Phone:* 740-935-4892

*Email:* [pflagportsmouth@gmail.com](mailto:pflagportsmouth@gmail.com)

## SELF-HELP RESOURCES AND GROUPS

*Find a time and location of a meeting.*

### Alcoholics Anonymous

[www.aa.org/pages/en\\_US/find-aa-resources](http://www.aa.org/pages/en_US/find-aa-resources)

### Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)  
[www.na.org/meetingsearch](http://www.na.org/meetingsearch)

### Al-Anon Family Groups

[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

### Nar-Anon Family Groups

[www.nar-anon.org/find-a-group](http://www.nar-anon.org/find-a-group)

### Dual Recovery Anonymous

[www.draonline.org](http://www.draonline.org)

## OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. [www.findlaw.com](http://www.findlaw.com)

**Adams County Metropolitan Housing Authority** is a public housing agency that participates in the Section 8 Housing Choice Voucher, and Public Housing program. *Phone:* 937-549-2648

**Adams County Suicide Awareness Prevention Coalition's** Facebook Page  
[@ACSAPstandwithus](https://www.facebook.com/ACSAPstandwithus)

**Coalition for A Drug Free Adams County**-FB page @[Coalition for A Drug Free Adams County](#)

**Hope Emergency Program** provides food, clothing, rent/utility assistance, medication assistance, furniture. Serves residents of Brown and Adams Counties. *Phone:* 937-364-1055  
*Website:* <http://hopeemergency.org/>

**Mable's House of Hope** provides food, clothing, coats, shoes, baby items, toys, furniture, etc. to residents of the Greater Cincinnati Area. *Phone:* 513-674-0461  
*Website:* [www.mableshouseofhope.org](http://www.mableshouseofhope.org)





*This resource guide was developed in part under grant number SM81411 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.*

