

REFERRAL RESOURCE GUIDE

Allen County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

National Suicide Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

We Care Crisis Center

1-800-567-4673

Ohio Problem Gambling Helpline

1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

Crime Victim Services' (CVS) services include 24-hour sexual assault and domestic violence response, victim rights and hearing notification, court advocacy and more.

24 Hour Helpline: 1-877-274-7471

Crossroads Crisis Center programs include a safe confidential emergency shelter, 24/7 crisis hotline, crisis intervention, court advocacy, individualized safety planning, victim educational support groups, case management, advocacy information, and referrals, life skills program, non-residential services, community awareness, education and diverse community partnerships. *24 Hour Helpline:* 1-877-228-4357

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

Charlie Health is a virtual intensive outpatient program for individuals ages 11-32 and provides customized individual and group therapy options. *Phone:* 866-491-5196 *Website:* <http://www.charliehealth.com>

Coleman Behavioral Health of Allen, Auglaize and Hardin counties (AAH) provides behavioral health services to adults. Services include assessment, individual and group counseling, psychiatry, crisis intervention, supportive housing, criminal justice services, case management. *Phone:* 419-229-2222 *Website:* <http://www.colemanservices.org/>

Mental Health & Recovery Services Board (Serving Allen, Auglaize and Hardin) engage local partners to educate, advocate, coordinate, and facilitate the programs, services, and supports needed for individuals, families, and communities
Phone: 419-222-5120 *Website:* <http://www.wecarepeople.org>

National Council for Mental Wellbeing can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

Premier Care provides a specialized treatment program for opioid dependent adults, ages 18 and over, who require physician-monitored methadone or suboxone treatment in addition to comprehensive counseling and crisis intervention services. *Phone:* 567-940-9803 *Website:* <http://www.premiercare.org/>

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. *Phone:* 1-800-662-HELP (4357) *Website:* <http://findtreatment.SAMHSA.gov>

St. Rita's Psychiatric Associates offers behavioral health counseling and psychiatry services. *Phone:* 419-996-5033

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-621-4000

Child Focus, Inc. Crisis Line

513-528-7283

b. Children, Youth & Family Mental Health & Substance Use Disorder Services

Charlie Health is a virtual intensive outpatient program for individuals ages 11-32 and provides customized individual and group therapy options. *Phone:* 866-491-5196 *Website:* <http://www.charliehealth.com>

Family Resource Center provides specialized behavioral health services to individuals, children and families in multi-cultural communities. Services include assessment, individual and group counseling, intensive home-based treatment, crisis intervention, psychiatric services, case management, and more. *Phone:* 1-800-472-5279 *Website:* <http://www.frcoho.com/>

Specialized Alternatives for Families and Youth (SAFY) is a nonprofit organization providing a full continuum of services for youth in the child welfare and juvenile justice systems. Behavioral health services include assessment, individual, group and family counseling, parenting skills training, intensive home-based treatment, case management and school-based therapy. *Phone:* 419-222-1527 *Website:* <https://www.safy.org/>

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564
www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)
www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

Trans Lifeline

877-565-8860



www.glnh.org/talkline

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

Al-Anon Family Groups

www.al-anon.alateen.org

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

PASS (Prevention Awareness Support Services), serving the community through the Mental Health and Recovery Services Board of Allen, Auglaize, and Hardin Counties and the Mental Health and Recovery Board of Union County, PASS provides education, programming, and resource referral to critical issues. PASS supports evidence-based programs in each of the prevention focus areas of child abuse, alcohol and other drugs, mental illness, suicide and problem gambling. *Website:* www.passaah.org

Cheryl Allen Southside Center

1802 S. Central, Lima, Ohio
(419) 222-5011

Churches United Pantry

129 S. Pierce, Lima, Ohio
(419) 221-3243
<https://limacup.org/author/limacup1/>

Goodwill Industries

2350 Allentown Rd. Lima, OH
(419) 228-4821
<http://www.goodwill.org/>

Veterans Food Pantry

810 W. North St., Lima, Ohio
(419) 224-5630




Mental
Health
Awareness
Project

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