

REFERRAL RESOURCE GUIDE

Ashtabula County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

National Suicide & Crisis Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

Help Hotline Crisis Center

800-577-7849

www.helphotline.org

Ohio Problem Gambling Helpline

1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

Ohio Domestic Violence Network

800-934-9840

Ohio Sexual Violence Helpline

1-844-644-6435

Cleveland Rape Crisis Center's Ashtabula Office provides counseling for adults, children and families, support groups and victim assistance. *Phone:* 440-354-7364

Website: <https://clevelandrapecrisis.org/about-us/locations/ashtabula-office/>

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

The Ashtabula County Mental Health and Recovery Services Board is committed to bringing Ashtabula County residents high quality, evidence-based mental health and substance abuse treatment and prevention services. *Phone:* 440-992-3121

Website: <https://www.ashtabulamhrsboard.org/>

Charlie Health is a virtual intensive outpatient program for individuals ages 11-32 and provides customized individual and group therapy options. *Phone:* 866-491-5196 *Website:*

<http://www.charliehealth.com>

Glenbeigh is a drug and alcohol treatment center that offers inpatient treatment, extended residential treatment, outpatient and intensive outpatient treatment, continuing care groups, Medication Assisted Treatment and family education. *Phone:* 800-234-1001

Website: <https://www.glenbeigh.com/>

Lake Area Recovery Center is a private, non-profit that offers adult and adolescent services including drug/alcohol assessment, treatment, group therapy, inmate services and inpatient care. *Phone:* 440-998-0722 *Website:* <http://www.larc.cc/index.php>

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

National Council for Mental Wellbeing can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

Signature Health delivers accessible, comprehensive recovery services to people experiencing mental health and/or substance abuse problems. Services include diagnostic mental health and substance abuse assessment, psychiatric, group and individual counseling, ambulatory detox, residential facilities, Medication Assisted Treatment, case management services and more. *Phone:* 440-992-8552 *Website:* <http://www.signaturehealthinc.com/>

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-621-4000

b. Children, Youth & Family Mental Health & Substance Use Disorder Services

Charlie Health is a virtual intensive outpatient program for individuals ages 11-32 and provides customized individual and group therapy options. *Phone:* 866-491-5196 *Website:* <http://www.charliehealth.com>

Community Counseling Center is a non-profit behavioral health provider that offers adult and child community psychiatric supportive treatment, child partial hospitalization program, substance use disorder treatment, psychiatry, adult and child counseling, crisis intervention, Medication Assisted Treatment and supportive employment. *Phone:* 440-998-4210 *Website:* <http://www.cccohio.com/>

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564

www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

www.glnh.org/talkline

Trans Lifeline

877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

LGBTQ Culturally Competent Behavioral Health Providers

Grow Well Cleveland, LLC,

Provider: Pete Finnerty

Phone: 216-282-3838

3000 Bridge Ave. Suite 4, Cleveland, OH 44113

Beth Shapiro, PhD, LISW

Phone: 440-665-1340

2055 Lee Road., 2nd Floor, Cleveland Heights, OH 44118

Jennifer Walsh, LISW

Phone: 440-536-3599

335 W. Prospect Rd., Ste 106, Ashtabula, OH 44004

Dixon Family Counseling, Marti Milliken Dixon, MA

Phone: 440-484-3930

2300 Hubbard Rd., Madison, OH 44057

Cassie Eaton, LPCC

2300 Hubbard Road, Madison, OH 44057
440-652-8120

Baker Family Counseling, LLC, Karen Baker Baluch, LPCC, LICDC

Phone: 440-487-7930

179 Broad Street, Conneaut, OH 44030

Family Pride Northeast Ohio, Inc.

Phone: 440-776-8075

695 South Street, Suite 6, Chardon, Ohio 44024

PsychBC

Phone: 440-998-7541

145 West 46th Street, Ashtabula, OH 44004

MetroHealth Medical System – Pediatrics,

Provider: Robert Needlman, MD

Phone: 216-778-2222

2500 MetroHealth Dr., Cleveland, OH 44124

PRIDE Clinic Summa Health Akron, OH

844-490-4743 for appointments

330-375-3000 for general inquiries

PFLAG Akron

Email: pflagakron@aol.com

Website: www.pflagakron.com

PFLAG Cleveland

Phone: 216-556-1701

Email: mail@pflagcleveland.org

Website: www.pflagcleveland.org

PFLAG Youngstown

Address: St. John's Episcopal Church, 323 Wick Ave.

Phone: 330-747-2696

Email: youngstownareapflag@gmail.com

Website: www.youngstownpflag.org

Ashtabula County Mental Health & Recovery Services Board

Mental/Behavioral Health - LGBTQI Issues and Resources:

<http://ashtabula.oh.networkofcare.org/mh/links/national.aspx?id=437>

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

National Domestic Violence Hotline

www.al-anon.alateen.org/local-meetings

National Domestic Violence Hotline

www.draonline.org

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

Nar-Anon Family Groups

www.nar-anon.org/find-a-group



OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Ashtabula Dream Center. Call them at 440.998.3732. The charity organization operates a soup kitchen as well as food bank and also offers free clothing to the needy in the surrounding area.

Catholic Charities of Ashtabula County offers basic needs assistance, financial literacy, housing counseling, education opportunities, protective services and school-based programming.

Phone: 440-992-2121

Website: <https://www.ccdoy.org/locations/catholic-charities-of-ashtabula-county/>

The following recovery housing options currently exist in Ashtabula County:

Agape House (for men)

Main number: (440) 812-1879.

Mayflower House (for men)

Main number: (440) 992-4599

Alternative number: (440) 969-5089

Contact: Jon Mauri

Liberty House (for men)

Main number: (440) 998-0722

Alternative number: (440) 998-3970

Contact: Michael Murphy or Charles Miller

Opal House (for women)

Main number: (440) 576-1235

Secondary number: (440) 897-8919

Contact: Cheryl McCourt

Everlasting Life (for women)

Main number: (440) 964-8592

Secondary number: (440) 789-8026

Contact: Shirley Sing



MENTAL
HEALTH
FIRST AID®



This resource guide was developed in part under grant number SM81411 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.

