REFERRAL RESOURCE GUIDE
Ashtabula County

IN AN EMERGENCY OR CRISIS

<table>
<thead>
<tr>
<th>For assistance in an emergency situation</th>
<th>National Suicide &amp; Crisis Prevention Lifeline</th>
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<tbody>
<tr>
<td>Dial 911</td>
<td>Call or text 988</td>
</tr>
<tr>
<td>Help Hotline Crisis Center</td>
<td>Text 4HOPE to 741741</td>
</tr>
<tr>
<td>800-577-7849</td>
<td>Ohio Problem Gambling Helpline</td>
</tr>
<tr>
<td><a href="http://www.helpline.org">www.helpline.org</a></td>
<td>1-800-589-9966</td>
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DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

<table>
<thead>
<tr>
<th>National Child Abuse Hotline</th>
<th>National Sexual Assault Hotline</th>
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<tbody>
<tr>
<td>1-800-4-A-CHILD (1-800-422-4453)</td>
<td>1-800-656-HOPE (4673)</td>
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<tr>
<th>National Domestic Violence Hotline</th>
<th>RAINN (Rape, Abuse &amp; Incest National Network)</th>
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<tbody>
<tr>
<td>1-800-799-SAFE (7233)</td>
<td>1-800-656-HOPE (4673)</td>
</tr>
<tr>
<td>1-800-787-3224 (hearing impaired line)</td>
<td><a href="http://www.rainn.org">www.rainn.org</a></td>
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<tr>
<th>Ohio Domestic Violence Network</th>
<th>Ohio Sexual Violence Helpline</th>
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<tr>
<td>800-934-9840</td>
<td>1-844-644-6435</td>
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Cleveland Rape Crisis Center’s Ashtabula Office provides counseling for adults, children and families, support groups and victim assistance. Phone: 440-354-7364 Website: https://clevelandrapecrisis.org/about-us/locations/ashtabula-office/

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

The Ashtabula County Mental Health and Recovery Services Board is committed to bringing Ashtabula County residents high quality, evidence-based mental health and substance abuse treatment and prevention services. Phone: 440-992-3121 Website: https://www.ashtabulamhrsboard.org/

Charlie Health is a virtual intensive outpatient program for individuals ages 11-32 and provides customized individual and group therapy options. Phone: 866-491-5196 Website: http://www.charliehealth.com

Glenbeigh is a drug and alcohol treatment center that offers inpatient treatment, extended residential treatment, outpatient and intensive outpatient treatment, continuing care groups, Medication Assisted Treatment and family education. Phone: 800-234-1001 Website: https://www.glenbeigh.com/

Lake Area Recovery Center is a private, non-profit that offers adult and adolescent services including drug/alcohol assessment, treatment, group therapy, inmate services and inpatient care. Phone: 440-998-0722 Website: http://www.larc.cc/index.php
**National Alliance on Mental Illness (NAMI)** Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

**National Council for Mental Wellbeing** can assist you in finding a local provider of behavioral health services and support. [www.theNationalCouncil.org](http://www.theNationalCouncil.org) (click on “Find a Provider”)

**SAMHSA’s National Helpline** provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and [http://findtreatment.SAMHSA.gov](http://findtreatment.SAMHSA.gov)

**Signature Health** delivers accessible, comprehensive recovery services to people experiencing mental health and/or substance abuse problems. Services include diagnostic mental health and substance abuse assessment, psychiatric, group and individual counseling, ambulatory detox, residential facilities, Medication Assisted Treatment, case management services and more. **Phone:** 440-992-8552 **Website:** [http://www.signaturehealthinc.com/](http://www.signaturehealthinc.com/)

**CHILDREN & YOUTH RESOURCES**

**a. Emergency and Referral Services**

<table>
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<tr>
<th>National Runaway Safeline</th>
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<tr>
<td>1-800-621-4000</td>
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**b. Children, Youth & Family Mental Health & Substance Use Disorder Services**

**Charlie Health** is a virtual intensive outpatient program for individuals ages 11-32 and provides customized individual and group therapy options. **Phone:** 866-491-5196 **Website:** [http://www.charliehealth.com](http://www.charliehealth.com)

**Community Counseling Center** is a non-profit behavioral health provider that offers adult and child community psychiatric supportive treatment, child partial hospitalization program, substance use disorder treatment, psychiatry, adult and child counseling, crisis intervention, Medication Assisted Treatment and supportive employment. **Phone:** 440-998-4210 **Website:** [http://www.cccohio.com/](http://www.cccohio.com/)

**RESOURCES FOR SPECIAL POPULATIONS**

**Gay, Lesbian, Bisexual, Transgender Support Resources**

<table>
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<tr>
<th>GLBT National Help Center</th>
<th>Trevor Project Crisis Line – LGBTQ Youth</th>
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<tr>
<td>1-888-843-4564</td>
<td>1-866-4-U-TREVOR (488-7386)</td>
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<tr>
<td><a href="http://www.glnh.org">www.glnh.org</a></td>
<td><a href="http://www.theTrevorProject.org">www.theTrevorProject.org</a></td>
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<tr>
<th>GLBT National Youth Talkline</th>
<th>Trans Lifeline</th>
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<tbody>
<tr>
<td>1-800-246-PRIDE (1-800-246-7743)</td>
<td>877-565-8860</td>
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<tr>
<td><a href="http://www.glnh.org/talkline">www.glnh.org/talkline</a></td>
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**Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues**

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. [https://advocatesforyouth.org/resources-tools/](https://advocatesforyouth.org/resources-tools/)
LGBTQ Culturally Competent Behavioral Health Providers

Grow Well Cleveland, LLC,
Provider: Pete Finnerty
Phone: 216-282-3838
3000 Bridge Ave. Suite 4, Cleveland, OH 44113

Beth Shapiro, PhD, LISW
Phone: 440-665-1340
2055 Lee Road., 2nd Floor, Cleveland Heights, OH 44118

Jennifer Walsh, LISW
Phone: 440-536-3599
335 W. Prospect Rd., Ste 106, Ashtabula, OH 44004

Dixon Family Counseling, Marti Milliken
Dixon, MA
Phone: 440-484-3930
2300 Hubbard Rd., Madison, OH 44057

Cassie Eaton, LPCC
2300 Hubbard Road, Madison, OH 44057
440-652-8120

Baker Family Counseling, LLC, Karen Baker Baluch, LPCC, LICDC
Phone: 440-487-7930
179 Broad Street, Conneaut, OH 44030

Family Pride Northeast Ohio, Inc.
Phone: 440-776-8075
695 South Street, Suite 6, Chardon, Ohio 44024

PsychBC
Phone: 440-998-7541

MetroHealth Medical System – Pediatrics,
Provider: Robert Needlman, MD
Phone: 216-778-2222
2500 MetroHealth Dr., Cleveland, OH 44124

PRIDE Clinic Summa Health Akron, OH
844-490-4743 for appointments
330-375-3000 for general inquiries

PFLAG Akron
Email: pflagakron@aol.com
Website: www.pflagakron.com

PFLAG Cleveland
Phone: 216-556-1701
Email: mail@pflagclevelan.org
Website: www.pflagcleveland.org

PFLAG Youngstown
Address: St. John’s Episcopal Church, 323 Wick Ave.
Phone: 330-747-2696
Email: youngstownareapflag@gmail.com
Website: www.youngstownpflag.org

Ashtabula County Mental Health & Recovery Services Board
Mental/Behavioral Health - LGBTQI Issues and Resources:

SELF-HELP RESOURCES AND GROUPS
Find a time and location of a meeting.

Alcoholics Anonymous
www.aa.org/pages/en_US/find-aa-resources

Nar-Anon Family Groups
www.nar-anon.org/find-a-group

National Domestic Violence Hotline
www.al-anon.alateen.org/local-meetings

www.draonline.org
OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner’s HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Ashtabula Dream Center. Call them at 440.998.3732. The charity organization operates a soup kitchen as well as food bank and also offers free clothing to the needy in the surrounding area.

Catholic Charities of Ashtabula County offers basic needs assistance, financial literacy, housing counseling, education opportunities, protective services and school-based programming.
Phone: 440-992-2121
Website: https://www.ccdoy.org/locations/catholic-charities-of-ashtabula-county/

The following recovery housing options currently exist in Ashtabula County:

Agape House (for men)
Main number: (440) 812-1879.

Mayflower House (for men)
Main number: (440) 992-4599
Alternative number: (440) 969-5089
Contact: Jon Mauri

Liberty House (for men)
Main number: (440) 998-0722
Alternative number: (440) 998-3970
Contact: Michael Murphy or Charles Miller

Opal House (for women)
Main number: (440) 576-1235
Secondary number: (440) 897-8919
Contact: Cheryl McCourt

Everlasting Life (for women)
Main number: (440) 964-8592
Secondary number: (440) 789-8026
Contact: Shirley Sing
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