

REFERRAL RESOURCE GUIDE

Champaign County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

Crisis Hotline

800-224-0422

National Suicide Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

Ohio Problem Gambling Helpline

1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

New Directions of TCN Behavioral Health is dedicated to advocating for victims of domestic violence. New Directions is a family-centered violence intervention program for domestic violence and sexual assault victims in Logan and Champaign Counties.

Phone: 937-376-8700

Website: <https://www.tcn.org/domestic-violence>

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

Catholic Charities provides adult and youth mental health and substance use disorder assessment and individual counseling. Phone: 866-635-9713

Community Mercy Reach offers Youth & Adults, Substance Use Assessment & Treatment, Individual & Group, Drug Screens, Tobacco Treatment, Smoking Cessation Programs, AoD & Tobacco Educational Presentations. Phone: 937-653-3001

Delta Psychology Center offers services for Youth & Adults, Mental Health & Substance Use Assessment & Treatment, Individual & Group Counseling, Family Counseling, Psychological Assessments. Phone: 937-652-1474

Website: <https://www.deltapsychologycenter.com/index.html>

Mental Health, Drug & Alcohol Services Board of Logan & Champaign Counties focus is to provide the right care for the people of our counties. We do this by planning, developing, monitoring, and evaluating the publicly funded behavioral health services for the citizens in Logan and Champaign Counties. Phone: 937-465-1045 Website: <https://www.mhdas.org/>

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)



National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

TCN Behavioral Health provides diagnostic assessment, psychiatric services, individual, family, couples and group therapy, case management, outpatient treatment, Medication Assisted Treatment, residential treatment (Christopher House, men), jail assessment and support services. *Phone:* 937-376-8700 *Website:* <https://www.tcn.org/>

Transitions Counseling Services offers youth and adults services including mental health and substance use disorder counseling, assessment, marriage counseling, EAP counseling. *Phone:* 540-908-2045 *Website:* <https://transitionsmft.org/>

WellSpring offers individual, family and couples counseling, anger management therapy, as well as life skills counseling. *Phone:* 937-653-5990 *Website:* <http://wellspringfield.org/>

YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-621-4000

b. Children, Youth & Family Mental Health & Substance Use Disorder Services

Fowler Counseling & Consultation Services offers both adult and youth services including individual, family, couples/marriage and group counseling. Specialities include early childhood mental health, behavioral/relationship issues, parent/child conflict, anxiety/depression, grief/bereavement and trauma/abuse. *Phone:* 937-631-0257 *Website:* <http://www.karenfowlerlpccs.com/>

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564
www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)
www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)
www.glnh.org/talkline

Trans Lifeline

877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>



SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

National Domestic Violence Hotline

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

The Caring Kitchen is a non-profit organization that provides on-site emergency shelter, three meals per day, clothing, case management with referrals to other professional agencies and tutoring. *Phone:* 937-653-8443 *Website:* <https://www.caringkitchen.org/>

Tri-County Community Action Inc. is a local forum to promote programs and services on poverty and primarily serves Champaign, Logan and Shelby counties in Ohio. Its programs address issues pertaining to jobs and education, affordable housing and community. *Phone:* 937-593-0034

Stepping Stones Outreach Ministries is a non-profit organization committed to assisting people to be shaped and ready for use in the construction of their lives by focusing on three categories: Life Skills, Career Development and Community Connection. *Phone:* 937-652-1303 *Website:* <https://steppingstonesoutreach.weebly.com/>



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