

REFERRAL RESOURCE GUIDE

Columbiana County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

National Suicide Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

Help Network of Northeast Ohio Hotline

330-424-7767

Ohio Problem Gambling Helpline

1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

Ohio Domestic Violence Network

800-934-9840

Ohio Sexual Violence Helpline

1-844-644-6435

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

The Columbiana County Mental Health and Recovery Services Board contracts with service agencies to provide treatment and support for persons with mental health and substance abuse problems. The Board plans, funds, and monitors a comprehensive system of mental health and substance abuse services for both children and adults.

Phone: 330-424-0195 Website: <http://www.ccmhrsb.org/>

ComQuest Recovery and Prevention Services offers a detox facility, Medication Assisted Treatment, individual and group counseling, non-medical residential treatment and more.

Phone: 330-455-0374 Website: <https://commquest.org/>

The Family Recovery Center has services available for adults, adolescents and children experiencing symptoms due to alcohol/drug use/abuse, effects of another's use, and/or mental health issues. Services include intensive outpatient treatment, individual and group treatment, Medication Assisted Treatment, recovery housing and prevention services.

Phone: 330-424-9844 Website: <http://www.familyrecovery.org>

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)



National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

Neil Kennedy Recovery Centers offer detox, inpatient and outpatient locations in the Mahoning Valley, Youngstown, Ohio area. *Phone:* 330-744-1181
Website: <https://www.nkrc.org/>

New Day Recovery operates withdrawal management and residential treatment programs with locations in Columbiana, Mahoning, and Trumbull counties. *Phone:* 330-886-4744 *Phone:*
Website: <https://newday-recovery.com/>

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

Trinity East's Behavioral Medicine Department offers both inpatient and outpatient treatment services to individuals with psychiatric illnesses and/or substance use disorders. *Phone:* 740-283-7024 *Website:* <https://trinityhealth.com/behavioral-medicine/>

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-621-4000

b. Children and Youth Mental Health & Substance Use Disorder Services

The Counseling Center of Columbiana County provides comprehensive mental health and substance abuse assessment, counseling, treatment, rehabilitation, and education for children and adults. *Phone:* 330-424-9573 *Website:* www.colmhc.org

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564

www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

www.glnh.org/talkline

Trans Lifeline

877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>



MENTAL
HEALTH
FIRST AID®

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

National Domestic Violence Hotline

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Columbiana County Department of Job & Family Services provides a list of helpful agencies, organizations, charities, etc. in and around Columbiana County:
<https://www.columbianacountyjfs.org/job-family-services-helpful-links.aspx>

Community Action Activity of Columbiana County is a private, nonprofit organization provides the Rural Transit System (CARTS), Home Energy Assistance and Weatherization program and more. *Phone:* 330-424-7221 *Website:* <http://www.caaofcc.org>

Habitat for Humanity of Northern Columbiana County is a locally run affiliate of Habitat for Humanity International. *Phone:* 330-337-1003 *Website:* <http://www.habitat.org>

National Alliance on Mental Illness (NAMI) of Columbiana County offers ongoing support, help to those people who are accepting and coping with the problem of a loved one diagnosed with a mental illness, a learning time for those newly diagnosed family members. Family Support Groups and recovery support groups. *Phone:* 330-424-5772 *Email:* nami@ccmhrrsb.org



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