

REFERRAL RESOURCE GUIDE

Delaware County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

HelpLine

1-800-684-2324

Or text "HelpLine" to 898211

www.helplinedelmor.org

National Suicide Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

Ohio Problem Gambling Helpline

1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

Ohio Sexual Violence Hotline

844-644-6435

National Sexual Assault Hotline

1-800-656-HOPE (4673)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

Turning Point 24-Hour Hotline

1-800-232-6505 or 740-382-8988

<http://www.turningpoint6.org/>

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

The Delaware-Morrow Mental Health & Recovery Services Board in partnership with the community; plan, develop, evaluate, and provide for high quality, cost effective, appropriate mental health and substance use treatment and prevention services that are accessible to the residents of Delaware and Morrow Counties. *Phone:* 740-368-1740 *Website:*

<http://dmmhrsb.org/>

First Step Recovery is a certified addiction rehabilitation clinic that utilizes suboxone treatment. *Phone:* 614-300-5878 *Website:* <https://www.firststeprecoverycenter.com/>

Maryhaven is a behavioral health provider that specializes in addiction recovery serving patients in Union, Delaware, Marion, Morrow and Crawford Counties through five regional clinics. They provide comprehensive services including in-patient and out-patient care, medically assisted treatment as well as cognitive behavioral and other proven therapies, individual and group counseling. *Phone:* 614-445-8131 *Website:* <https://maryhaven.com/>

Mid-Ohio Psychological Services, Inc. provides mental health assessment, individual counseling, case management, home-based therapy, forensic services, AOD treatment, municipal court services and prevention services. *Phone:* 740-417-9265 *Website:* <http://mopsohio.com/>

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

Recovery & Prevention Resources is a behavioral health agency that offers assessment, crisis intervention, case management, intensive outpatient treatment, medication assisted treatment and prevention services. *Phone:* 740-369-6811 *Website:* <http://www.rprdm.org>

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

Southeast, Inc. is a comprehensive provider of mental health, chemical dependency, healthcare, and homeless services assisting diverse populations regardless of economic status. *Phone:* 614-225-0990 *Website:* www.southeastinc.com

Syntero, Inc. offers an intensive outpatient program for adults that are struggling with addiction and behavioral issues. *Phone:* 614-457-7876 *Website:* www.syntero.org

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-621-4000

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564

www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

www.glnh.org/talkline

Trans Lifeline

877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>



SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

National Domestic Violence Hotline

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org

Safe Harbor Peer Support Services provides a welcoming, physically and emotionally safe environment, where Delaware and Morrow County adults with mental illness can receive peer support, socialization, education and opportunities to work on their mental health recovery. Phone: 740-363-1619 Website: <http://www.safeharborpeersupportservices.org/>

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Andrews House is Delaware's multifaceted community services center. Andrews House supports seven programs including free meals, free legal advice, a fresh food distribution, and summer lunches to children. Phone: 740-369-4520 Website: <http://www.andrewshouse.org/>

Del-Mor Dwellings Corp offers supportive housing for those living with severe persistent mental illness. Phone: 740-363-5562
Website: <https://business.delawareareachamber.com/list/member/del-mor-dwellings-corp-2110>

Women's City Club of Delaware, Ohio offers safe, affordable and nurturing home for single working women of low income as they transition towards a self-supporting future. Phone: 740-602-4423 Website: <http://www.wccdelaware.org/new-home.html>

The Delaware County Veterans Service Commission exists to provide the services to qualified veterans, including emergency financial assistance and referrals to other agencies for assistance as determined by counseling. Phone: 740-833-2010
Website: <http://www.delawarecountyvsc.org/>



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