

# REFERRAL RESOURCE GUIDE

Knox County

## IN AN EMERGENCY OR CRISIS

### For assistance in an emergency situation

Dial 911

### Knox County 24/7 Crisis Line

1-800-252-5554

### National Suicide Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

### Ohio Problem Gambling Helpline

1-800-589-9966

## DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

### National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

### National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

### Ohio Sexual Violence Hotline

844-644-6435

### National Sexual Assault Hotline

1-800-656-HOPE (4673)

### RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

[www.rainn.org](http://www.rainn.org)

**New Directions Domestic Abuse Shelter and Rape Crisis Center** serves all survivors of domestic, intimate partner, and sexual violence in Knox County, Ohio. New Directions also strives to prevent the abuse of women, men, and children by joining with the community to build safe, respectful, and loving relationships. All New Directions services are provided free of charge. *Phone:* 740-397-4357 *Website:* <http://newdirectionsshelter.org/>

## TREATMENT RESOURCES

### Mental Health & Substance Use Disorder Treatment

**Behavioral Healthcare Partners of Central Ohio (BHPCO)** offers a full continuum of care for children, adults, and families including substance use disorder treatment, crisis services, mental health treatment, medical psychiatric and pharmacy services and career connections. *Phone:* 740-522-8477 *Website:* <https://www.bhcpartners.org/>

**The Freedom Center** is an outpatient behavioral health treatment and prevention center. Services include assessments, individual and group counseling, and family support services for those struggling with substance use and mental health issues. They are an outpatient facility and has treatment options for all ages and special populations. *Phone:* 740-397-2660 *Website:* <http://www.freedomctr.net/>

**Knox Community Hospital** is a 99-bed, Joint Commission-accredited, community hospital located in Mount Vernon, Ohio. Psychiatric services are provided here. *Phone:* 740-393-9000 *Website:* <https://www.kch.org/>



MENTAL  
HEALTH  
FIRST AID®

**Knox County Community Health Center** is a Health Center Program that provides outpatient counseling services, including diagnostic assessments, individual, family, marital counseling for children, adolescents and adults, play therapy for children and Substance Use Disorder counseling for adolescents and adults. *Phone:* 740-399-8008  
*Website:* <https://www.knoxhealth.com/index.php/knox-county-health-center/mental-and-behavioral-health-services>

**Mental Health & Recovery of Licking and Knox Counties** does not provide services directly to the community. Instead, the Board contracts with Mental Health agencies and Alcohol and Drug agencies to provide services to Licking and Knox County residents. *Phone:* 740-522-1234 *Website:* <https://www.mhrlk.org>

**National Alliance on Mental Illness (NAMI) Information** HelpLine provides information and referral services. 1-800-950-NAMI (6264)

**National Council for Behavioral Health** can assist you in finding a local provider of behavioral health services and support. [www.theNationalCouncil.org](http://www.theNationalCouncil.org) (click on "Find a Provider")

**Pathways of Central Ohio** is a private, non-profit social service agency serving Licking, Knox, Richland, Muskingum, Perry and Morgan Counties. Pathways was established in 1968 and incorporated in 1970. We are the gateway to services which empower the community to achieve success. *Phone:* 740-345-6166 *Website:* [www.pathwaysofcentralohio.org](http://www.pathwaysofcentralohio.org)

**SAMHSA's National Helpline** provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

## CHILDREN & YOUTH RESOURCES

### Emergency and Referral Services

#### National Runaway Safeline

1-800-621-4000

## RESOURCES FOR SPECIAL POPULATIONS

### Gay, Lesbian, Bisexual, Transgender Support Resources

#### GLBT National Help Center

1-888-843-4564

[www.glnh.org](http://www.glnh.org)

#### Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

[www.theTrevorProject.org](http://www.theTrevorProject.org)

#### GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

[www.glnh.org/talkline](http://www.glnh.org/talkline)

#### Trans Lifeline

877-565-8860

### Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

## SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

### Alcoholics Anonymous

[www.aa.org/pages/en\\_US/find-aa-resources](http://www.aa.org/pages/en_US/find-aa-resources)

### Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)  
[www.na.org/meetingsearch](http://www.na.org/meetingsearch)

### National Domestic Violence Hotline

[www.al-anon.alateen.org/local-meetings](http://www.al-anon.alateen.org/local-meetings)

### Nar-Anon Family Groups

[www.nar-anon.org/find-a-group](http://www.nar-anon.org/find-a-group)

### Dual Recovery Anonymous

[www.draonline.org](http://www.draonline.org)

## OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. [www.findlaw.com](http://www.findlaw.com)

**Interchurch Social Services (ISS)** was designed to meet a long-felt need in the community for a resource to turn to in all kinds of personal and family emergencies. Services include food pantry, financial aid, medical assistance and more. *Phone:* 740-397-4825  
*Website:* <http://www.interchurchknox.org/>

**The Main Place (TMP)** is a consumer-operated mental health recovery center that promotes recovery through peer support, social activities, education and training. *Phone:* 740-392-9491  
*Website:* [www.themainplace.org](http://www.themainplace.org)

**NAMI Knox Licking County Ohio** is dedicated to providing education, outreach, support, referral and advocacy to people who are impacted by a mental illness. Our mission is to improve the lives of family members, friends and persons with mental illness. *Phone:* 740-397-3088  
*Website:* <http://www.namiknoxohio.com>

