

REFERRAL RESOURCE GUIDE

Lucas County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

LOCAL CRISIS LINE

419-245-3324

National Suicide Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

Ohio Problem Gambling Helpline

1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

Ohio Domestic Violence Network

800-934-9840

Ohio Sexual Violence Helpline

1-844-644-6435

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

National Council on Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

Arrowhead Behavioral Health provides a wide range of mental health programs and addiction treatment services to individuals 18 years and older. 419-891-9333 and www.arrowheadbehavioral.com/

Full Circle to Completion provides advocacy, education, and services to individuals and families affected by alcohol and drug abuse. Offers counseling, various treatment options, relapse prevention training, case management, assessment, and intervention. *Phone:* 419-246-9405 *Website:* www.fullcircuitocompletion.org/

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-621-4000

b. Children, Youth & Family Mental Health & Substance Use Disorder Services

A Renewed Mind provides mental health and substance abuse services for children, youth, and adults. *Phone:* 419-720-9247 *Website:* www.arenewedmindservices.org/toledo

AWAKE Community Coalition provides a safe and healthy community in order to help youth feel and make safe and healthy options. Awake works with schools, parents, youth, and the community to prevent and reduce youth alcohol, marijuana, and other drug use. *Phone:* 419-877-0466 Ext. 12037 *Website:* www.awawake.org/

Choices Behavioral Health Care provides substance abuse and behavioral health services to youth, adults, and families. Services include: assessments, recovery plans, counseling, therapy and case management. *Phone:* 419-865-5690 *Website:* www.choicesbhc.com/

Empowered for excellence provides medical services, substance abuse and mental health treatment, therapy, and case management for youth and adults. Also provides a recovery house located on 1202 Champlain Street in Toledo. *Phone:* 567-316-7253 *Website:* www.efebh.org

Central Ohio Area Agency on Aging provides services for elderly residents to continue living independently in their own homes. *Phone:* 614-645-7250 *Website:* www.coaaa.org

Lucas County Children Services protection to children who are at risk of abuse and neglect. Provide community-based services resulting in safe, stable, and permanent families for children. *Phone:* 419-213-3200 *Website:* <http://www.co.lucas.oh.us/131/Lucas-County-Children-Services>

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564

www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

www.glnh.org/talkline

Trans Lifeline

877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

National Domestic Violence Hotline

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Adelante provides services for Latinos and the community through support services, education and advocacy for children and families by providing life skills, academic, and economic support. *Phone:* 419-244-0814 *Website:* www.adelantetoledo.org/

Butterflies Fifteen provides a safe environment and services to victims of human trafficking, prostitution, substance abuse, and other traumas. Participants of the program go through a 9-12-month drug and/or alcohol recovery process in a drug and alcohol-free environment. *Phone:* 419-386-1308 *Website:* www.butterflies15.com/

Central Ohio Area Agency on Aging provides services for elderly residents to continue living independently in their own homes. *Phone:* 614-645-7250 *Website:* www.coaaa.org

Cherry Street Mission provides free meals 7 days a week, clothing, mentorship, housing options, GED classes, and Job Readiness classes. *Phone:* 419-242-5141 *Website:* <https://cherrystreetmission.org/>

Equitas Health provides supportive services for HIV/AIDS individuals in the following counties: Defiance, Fulton, Henry, Lucas, Ottawa, Sandusky, Williams, and Wood. *Phone:* 419-241-9444 *Website:* <http://equitashealth.com/locations/toledo/>

Good Grief of Northwest Ohio provides support for children, teens, young adults, and families, who have experienced death of someone significant in their lives. Support groups are available for children and teens, ages 4-19, and their families. *Phone:* 419-360-4939 *Website:* www.goodgriefnwo.org/

Lucas County Human Trafficking Coalition provides support for children, teens, young adults, and families, who have experienced death of someone significant in their lives. Support groups are available for children and teens, ages 4-19, and their families. *Phone:* 419-360-4939 *Website:* www.goodgriefnwo.org/



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