

# REFERRAL RESOURCE GUIDE

Medina County

## IN AN EMERGENCY OR CRISIS

### For assistance in an emergency situation

Dial 911

### LOCAL CRISIS LINE

330-725-9195

### National Suicide Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

### Ohio Problem Gambling Helpline

1-800-589-9966

## DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

### National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

### National Sexual Assault Hotline

1-800-656-HOPE (4673)

### National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

### RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

[www.rainn.org](http://www.rainn.org)

### Ohio Domestic Violence Network

800-934-9840

### Ohio Sexual Violence Helpline

1-844-644-6435

## TREATMENT RESOURCES

### Mental Health & Substance Use Disorder Treatment

**Alternative Paths, Inc.** is a private, non-profit behavioral health and services specializing in treatment primarily for adults experiencing severe and persistent mental illnesses. The agency offers a full array of substance abuse services, including diagnostic assessment, group and individual counseling, and peer recovery support. Alternative Paths is comprised of multi-disciplinary teams consisting of psychologists, psychiatrists, nurses, counselors, social workers, and community supportive psychiatric treatment professionals who work collaboratively to develop a plan of care appropriate to the needs of each client they serve. *Phone:* 330-725-9195 *Website:* [www.AlternativePaths.org](http://www.AlternativePaths.org)

**Catholic Charities** staff provides services to clients with presenting problems that include, but are not limited to, co-morbid mental health and chemical dependency diagnoses, trauma, depression and other mood disorders, anxiety, attention deficits and others. They provide diagnostic assessments, individual and group counseling, and senior case management to Medina County residents. *Phone:* 330-723-9615 *Website:* [www.ccdocle.org](http://www.ccdocle.org)

**The Medina County Alcohol, Drug Addiction and Mental Health Board's** mission is to assure the availability of high quality alcohol, drug addiction, and mental health services to all Medina County residents through planning (assessing needs and resources, and determining priorities); purchasing cost effective services to the extent resources are available; coordinating services; and evaluating these services. *Phone:* 330-723-9642 *Website:* <https://www.medinamentalhealth.com/>



MENTAL  
HEALTH  
FIRST AID®

**National Alliance on Mental Illness (NAMI)** Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

**National Council for Behavioral Health** can assist you in finding a local provider of behavioral health services and support. [www.theNationalCouncil.org](http://www.theNationalCouncil.org) (click on "Find a Provider")

**OhioGuidestone** offers a unique blend of behavioral health treatment services. They provide a full array of mental health and substance abuse treatment to adults, children and adolescents in Medina County, including Psychiatric treatment, a Medication-Assisted Treatment program and Prevention Services. They will provide diagnostic assessment and a variety of individual, group and family counseling options, available in the Medina office, the community, or in the client's own home. *Phone:* 440-260-8300  
*Website:* [www.OhioGuidestone.org](http://www.OhioGuidestone.org)

**SAMHSA's National Helpline** provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

## CHILDREN & YOUTH RESOURCES

### a. Emergency and Referral Services

#### National Runaway Safeline

1-800-621-4000

### b. Children, Youth & Family Mental Health & Substance Use Disorder Services

**Alternative Paths** Provides various support efforts that includes counseling, psychiatric, intensive home- based treatment, and support in the home, school, or other community locations. 330-725-9195

**Mental Health Counseling** Outpatient services for youth, adolescents, and adults. Family and individual counseling, and diagnostic assessment are also provided. 330-723-9615

**National Alliance on Mental Illness (NAMI)** Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

**OHIUGUIDESTONE** Provides alcohol and drug treatment services in addition to group counseling, medication assistance, and prevention programs. 440-260-8300

## RESOURCES FOR SPECIAL POPULATIONS

### Gay, Lesbian, Bisexual, Transgender Support Resources

#### GLBT National Help Center

1-888-843-4564

[www.glnh.org](http://www.glnh.org)

#### Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

[www.theTrevorProject.org](http://www.theTrevorProject.org)

#### GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

[www.glnh.org/talkline](http://www.glnh.org/talkline)

#### Trans Lifeline

877-565-8860



## **Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues**

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

## **SELF-HELP RESOURCES AND GROUPS**

*Find a time and location of a meeting.*

### **Alcoholics Anonymous**

[www.aa.org/pages/en\\_US/find-aa-resources](http://www.aa.org/pages/en_US/find-aa-resources)

### **Narcotics Anonymous**

1-888-GET-HOPE (438-4673) (Hopeline)  
[www.na.org/meetingsearch](http://www.na.org/meetingsearch)

### **National Domestic Violence Hotline**

[www.al-anon.alateen.org/local-meetings](http://www.al-anon.alateen.org/local-meetings)

### **Nar-Anon Family Groups**

[www.nar-anon.org/find-a-group](http://www.nar-anon.org/find-a-group)

### **Dual Recovery Anonymous**

[www.draonline.org](http://www.draonline.org)

## **OTHER RESOURCES**

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. [www.findlaw.com](http://www.findlaw.com)

**Community Action Wayne/Medina** offers a variety of programs designed to support children and their caregivers including Heath Start and Early Head Start, car seat safety, housing assistance and economic assistance. *Phone:* 330-723-2229 *Website:* <https://cawm.org/>

**Feeding Medina County** is 501(c)(3) non-profit organization helping to feed families in need in Medina County. We run several programs including delivering food from the Akron-Canton Regional Food Bank to local food pantries and distributing food to needy children, families, and seniors here in Medina County. *Phone:* 330-421-4816  
*Website:* <http://www.feedingmedinacounty.org/>

**Help Me Grow** Provides family support and assistance for pregnant women or new parents. Assists in the promotion of healthy growth and development for babies and young children. *Phone:* 330-607-4173

**Medina County Health Department** provides community clinic, Project DAWN, Newborn Home Visits, WIC, car seat safety checks and more. *Phone:* 330-723-9688  
*Website:* <https://medinahealth.org/>



**Recovery Center of Medina County** works with local agencies, treatment centers, providers, sober houses and other community partners to become a one stop shop for addiction and recovery referrals and resources. *Phone:* 330-952-2611  
*Website:* <https://medinarecoverycenter.org/>



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