REFERRAL RESOURCE GUIDE
Perry County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation
Dial 911

<table>
<thead>
<tr>
<th>Allwell Crisis Hotline</th>
<th>National Suicide Prevention Lifeline</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-800-344-5818</td>
<td>Call or text 988</td>
</tr>
<tr>
<td></td>
<td>Text 4HOPE to 741741</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ohio Problem Gambling Helpline</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-800-589-9966</td>
</tr>
</tbody>
</table>

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

<table>
<thead>
<tr>
<th>National Child Abuse Hotline</th>
<th>National Sexual Assault Hotline</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-800-4-A-CHILD (1-800-422-4453)</td>
<td>1-800-656-HOPE (4673)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>National Domestic Violence Hotline</th>
<th>RAINN (Rape, Abuse &amp; Incest National Network)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-800-799-SAFE (7233)</td>
<td>1-800-656-HOPE (4673)</td>
</tr>
<tr>
<td>1-800-787-3224 (hearing impaired line)</td>
<td><a href="http://www.rainn.org">www.rainn.org</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ohio Domestic Violence Network</th>
<th>Ohio Sexual Violence Helpline</th>
</tr>
</thead>
<tbody>
<tr>
<td>800-934-9840</td>
<td>1-844-644-6435</td>
</tr>
</tbody>
</table>

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

**Allwell Behavioral Health Services** is a not-for-profit provider of comprehensive community mental health services in Coshocton, Guernsey, Morgan, Muskingum, Noble and Perry counties. Services include clinical assessments, counseling, psychiatry, medication management, crisis intervention, housing and supported housing, peer support, and community psychiatric supportive treatment. *Phone: 740-342-5154 Website: [www.allwell.org](http://www.allwell.org)*

**BreakThru Withdrawal Management** is a substance use and/or abuse treatment service located within an acute care hospital. Clients who are in withdrawal from alcohol and/or drugs are medically stabilized and managed on a medical/surgical unit. *Phone: 740-439-8720 Website: [http://tritaniumsolutions.com/breakthru-medical-withdrawal-management.html](http://tritaniumsolutions.com/breakthru-medical-withdrawal-management.html)*

**Chillicothe VA Medical Facility** full medical Veterans Administration facility with medical as well as behavioral health services. *Phone: 740-773-1141 Website: [https://www.chillicothe.va.gov/](https://www.chillicothe.va.gov/)*

**Hopewell Health Centers** is a nationally accredited federally qualified health and community mental health center with 22 sites across nine counties in Southeast Ohio (Athens, Gallia, Hocking, Jackson, Meigs, Perry, Ross, Vinton, and Washington). *Phone: 740-342-4192 Website: [http://hopewellhealth.org/index.htm](http://hopewellhealth.org/index.htm)*

**The Mental Health and Recovery Services Board** is responsible for seeing that public mental health and alcohol/drug recovery services are available to the residents of Coshocton,
Guernsey, Morgan, Muskingum, Noble & Perry Counties. Phone: 740-454-8557 Website: http://www.mhrs.org/

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on “Find a Provider”)

New Vision is an inpatient medical stabilization & withdrawal management service for adults with substance use disorders. Phone: 740-454-5680 Website: specialcarecorp.com/newvision

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

Perry Behavioral Health Choices provides outpatient drug and alcohol treatment as well as Prevention Services to residents of Perry County. Services include Outpatient Treatment, Assessment, Individual and group Counseling, Case Management, Crisis Intervention, Residential treatment for women, and more. Phone: 740-342-1991 Website: http://perrybhc.org/

SAMHSA’s National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and http://findtreatment.SAMHSA.gov

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline
1-800-621-4000

Thompkins Treatment, Inc. is a private, non-profit comprehensive mental and behavioral healthcare agency that serves the emotional and behavioral needs of youth ages 2 through 18 since 1982. Phone: 740-622-4470 Website: http://www.thompkinstreatment.org/index.html

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center
1-888-843-4564
www.glnh.org

GLBT National Youth Talkline
1-800-246-PRIDE (1-800-246-7743)
www.glnh.org/talkline

Trevor Project Crisis Line – LGBTQ Youth
1-866-4-U-TREVOR (488-7386)
www.theTrevorProject.org

Trans Lifeline
877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues
Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. https://advocatesforyouth.org/resources-tools/

PFLAG (Parents and Friends of Lesbians and Gays) - Columbus Chapter
Phone: 614-302-6913
Email: pflagcolumbus@gmail.com
Website: www.columbuspflag.org

LGBTQ Culturally Competent Providers

Equitas Health
Provider: Daniel Mathuews, MSW, LSW
Phone: 740-331-0407
507 Richland Ave. Suite 201, Athens, OH 45701

Equitas Health
Provider: Justin Kerr, PMHNP
Phone: 614-340-6777
1033 N. High St., Columbus, OH 43201

Equitas Health
Provider: Sarah Fortin, MSN, APRN, PMHNP - BC
Phone: 614-340-6700
750 E. Long St., Suite 3000, Columbus, OH 43202

Leah Jaquith, PhD
Phone: 740-591-0284
3 W Stimson Ave., Athens, OH 45701

Nationwide Children’s Hospital THRIVE Program
Phone: 614-722-5765
700 Children’s Drive, Columbus, OH 43205

Ohio Psychotherapy and Consultation Services, LLC
Provider: Shawn D. King, PhD, MSW, MScS, LISW-S, CEAP
Phone: 740-917-4140
507 Richland Avenue Suite 203A, Athens, OH 45701

Judith Smithchild, MEd, LPCC-S, LICDC-S, NCC
Phone: 740-358-0849
17 Blue Line Drive, Athens, OH 45701

SELF-HELP RESOURCES AND GROUPS
Find a time and location of a meeting.

Alcoholics Anonymous
www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous
1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

Al-Anon Family Groups
www.al-anon.alateen.org

Nar-Anon Family Groups
www.nar-anon.org/find-a-group

Dual Recovery Anonymous
www.draonline.org

OTHER RESOURCES
Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner’s HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

**Disabled Veterans Outdoors (DVO)** is a 501c3 nonprofit public charity that provides free outdoor activities to Veterans that are now disabled for any reason. **Phone:** 740-621-3695  
**Website:** [https://disabledveteransoutdoors.org/](https://disabledveteransoutdoors.org/)

**Hocking, Athens, Perry Community Action** is a nonprofit corporation that develops, manages, and provides services and support to individuals and families who lack sufficient financial resources to meet their basic needs or to provide the quality of life they desire.  
**Phone:** (740) 767-4500  
**Website:** [http://hapcap.org/home](http://hapcap.org/home)

**Perry County Health Department** offers Project DAWN training and Naloxone kits.  
**Phone:** 740-342-5179  
**Website:** [http://perrycountyhealth.info/](http://perrycountyhealth.info/)

**Perry Housing Coalition’s (PHC)** goals are to end homelessness and to make safe, suitable, and affordable housing available to Perry County’s residents. For more information about joining the Perry Housing Coalition, please contact Pat Skilliter, PHC co-chair at 740-454-1223 ext 105.  
To apply for services or other questions, please contact Patti Smith at 740-684-0942.

This resource guide was developed in part under grant number SM81411 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.