

REFERRAL RESOURCE GUIDE

Pike County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

Crisis Hotline

1-800-354-4357

Ohio Problem Gambling Helpline

1-800-589-9966

National Suicide Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

Pike County Clinic Crisis Hotline

740-947-2147

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

Ohio Domestic Violence Network

800-934-9840

Ohio Sexual Violence Helpline

1-844-644-6435

Pike County Partnership Against Domestic Violence Crisis Line: 740-947-1611

Tri-County Help Center offers a 24-hour emergency shelter for survivors of domestic violence and sexual assault. At this shelter, one can receive support, linkage to needed recourses, legal advocacy, safety planning, and case management.

Crisis Line: 1-800-695-1639

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

Paint Valley Alcohol, Drug Addiction and Mental Health Service Board ensures the availability of community-based alcohol, drug addiction and mental health services. *Phone:* 740-773-2283 *Website:* <http://www.pvadamh.org/>



MENTAL
HEALTH
FIRST AID®

Pike County Recovery Council offers in-patient care to women, out-patient care to men and women, transitional living programming for women, substance abuse assessment and treatment, individual and group counseling, intensive outpatient programs, adolescent counseling, transportation services, case management and more. *Phone:* 740-947-6727 *Website:* <http://www.therecoverycouncil.org>

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

Scioto Paint Valley Mental Health Center, Pike County Clinic offers drug and alcohol treatment, assessment, case management, diagnosis, pharmacologic management, psychiatry, homes-based services, intensive outpatient services. Intake days/times: Tuesday 12:30 -3:15 pm, Wednesday 12 - 5 pm, and Thursday 9 - 10:30 am or 1:30 - 3:15 pm. *Phone:* 740-947-7783 *Website:* www.spvmhc.org

Valley View Health Center provides counseling services to families and individuals. *Phone:* 740-947-7726

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-621-4000

b. Children and Youth Mental Health & Substance Use Disorder Services

Scioto Paint Valley Mental Health Center, Pike County Clinic also offers services for youth including psychiatry, assessment, school-based counseling, individual, family and group therapy. *Phone:* 740-947-7783 *Website:* www.spvmhc.org

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564

www.glnh.org

Trevor Project Crisis Line - LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

www.glnh.org/talkline

Trans Lifeline

877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

Equitas Health Portsmouth offers LGBTQ-culturally competent behavioral health providers who provide psychiatry, individual therapy and support groups. *Phone:* 740-529-0018 *Address:* 1615 Chillicothe St. Suite A, Portsmouth, OH 45662



Mares Cares Counseling provides LGBTQ-culturally competent behavioral health treatment. Phone: 740-804-6800 Address: 628 Commanche Rd., Chillicothe, OH 45601

PFLAG Portsmouth Chapter

Phone: 740-935-4892

Email: pflagportsmouth@gmail.com

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

Al-Anon Family Groups

www.al-anon.alateen.org

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

The Community Action Committee of Pike County's Community Resource Guide includes 30 pages of resources available to Pike County residents:

https://www.pikecac.org/uploads/2/2/4/6/22461062/community_resource_list_2017-2018_final.pdf



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