

# REFERRAL RESOURCE GUIDE

## Putnam County

### IN AN EMERGENCY OR CRISIS

#### For assistance in an emergency situation

Dial 911

#### LOCAL CRISIS LINE

1-800-273-8255

#### National Suicide Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

#### Ohio Problem Gambling Helpline

1-800-589-9966

### DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

#### National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

#### National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

#### Ohio Domestic Violence Network

800-934-9840

#### National Sexual Assault Hotline

1-800-656-HOPE (4673)

#### RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

[www.rainn.org](http://www.rainn.org)

#### Ohio Sexual Violence Helpline

1-844-644-6435

**Crime Victim Services** mission is to help victims prevail over the trauma of their victimization by assisting and advocating for safety, healing, justice, and restitution. Services include emergency services, legal/financial assistance, counseling, housing, support, and education.

Website: [www.crimevictimservices.org](http://www.crimevictimservices.org)

Phone: 1-877-274-7471

### TREATMENT RESOURCES

#### Mental Health & Substance Use Disorder Treatment

**Counseling Matters** provides counseling that improves lives and empowers positive relationships. Services provided are drug and alcohol counseling, mental health counseling, rehabilitation counseling and addiction therapy.

Website: [www.counselingmattersinc.com](http://www.counselingmattersinc.com)

Phone: (419) 538-6000

**Mental Health, Alcohol, and Drug Addiction Recovery Board** can provide resources to an individual who is searching for assistance with their mental health or substance use disorder.

Website: [www.pcadamhsbd.org](http://www.pcadamhsbd.org)

Phone: (419) 523-0027

**National Alliance on Mental Illness (NAMI)** Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)



**National Council for Behavioral Health** can assist you in finding a local provider of behavioral health services and support. [www.theNationalCouncil.org](http://www.theNationalCouncil.org) (click on "Find a Provider")

**Pathways Counseling Center, Inc** offers private, non-profit, mental health and substance use disorder treatment. Services include outpatient care, medication-assisted treatment, counseling, family support, and pregnancy/postpartum care.

Website: [www.pathwaysputnam.org](http://www.pathwaysputnam.org)

Phone: (419) 523-4300

**Prevention Action Alliance** delivers up-to-date information and develops initiatives that serves the immediate needs of those working to prevent substance abuse throughout the State of Ohio.

Website: <https://preventionactionalliance.org/>

Phone: (614) 540-9985

**Psychosocial Associates** provides psychological services to those with mental health disorders in Putnam county.

Phone: (419) 659-5998

**SAMHSA's National Helpline** provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

## CHILDREN & YOUTH RESOURCES

### a. Emergency and Referral Services

#### National Runaway Safeline

1-800-621-4000

### b. Children, Youth & Family Mental Health & Substance Use Disorder Services

**Big Brothers Big Sisters of West Central Ohio** has volunteers who work as mentors to children who are at risk and/or are in need of guidance.

Website: <https://www.bbbswco.com>

Phone: (419) 222-8500

**Head Start** is a free, family-focused, preschool program for low to moderate income families with children 3-5 years of age through kindergarten. Services include education, health, nutrition, literacy assistance, mental health, and other social services which help families achieve needs and goals.

Website: <https://www.hhwpcac.org>

Phone: (419) 523-3228

**Putnam County Board of Developmental Disabilities** works to support children with developmental disabilities and their families. Services support administration, early intervention, and intake for eligibility for county board services.

Website: [www.putnamcountydd.com](http://www.putnamcountydd.com)

Phone: (419) 523-0122

**Putnam County Educational Service Center** provides counseling, special education services, parent education, information/referrals, alcohol/drug addiction dependency



prevention, education, truancy follow-up, and grant management to individuals in Putnam County in need.

Phone: (419) 523-5951

## RESOURCES FOR SPECIAL POPULATIONS

### Gay, Lesbian, Bisexual, Transgender Support Resources

#### GLBT National Help Center

1-888-843-4564

[www.glnh.org](http://www.glnh.org)

#### Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

[www.theTrevorProject.org](http://www.theTrevorProject.org)

#### GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

[www.glnh.org/talkline](http://www.glnh.org/talkline)

#### Trans Lifeline

877-565-8860

### Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

## SELF-HELP RESOURCES AND GROUPS

*Find a time and location of a meeting.*

#### Alcoholics Anonymous

[www.aa.org/pages/en\\_US/find-aa-resources](http://www.aa.org/pages/en_US/find-aa-resources)

#### Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)

[www.na.org/meetingsearch](http://www.na.org/meetingsearch)

#### National Domestic Violence Hotline

[www.al-anon.alateen.org/local-meetings](http://www.al-anon.alateen.org/local-meetings)

#### Nar-Anon Family Groups

[www.nar-anon.org/find-a-group](http://www.nar-anon.org/find-a-group)

#### Dual Recovery Anonymous

[www.draonline.org](http://www.draonline.org)

## OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. [www.findlaw.com](http://www.findlaw.com)

**Blanchard Park Apartments** provide housing to low-income individuals as a part of their affordable housing program.

Phone: (419) 523-5105

**Fostoria Housing Project** is a supportive housing program which provides 24/7 staff and two meals a day for tenants in the junction.

Website: <https://www.neighborhoodproperties.org>

Phone: (419) 473-2604

**HHWP Community Action Commission** offers a wide variety of programs and services that aim to reduce the conditions of poverty and improve lives. Services include case management emergency services, home energy assistance, transportation services, housing development, tax assistances, small business development, home weatherization, home repair, and WIC programming.

Website: <https://www.hhwpcac.org/>

Phone: (419) 523-5345 or (419) 423-3755

**Job and Family Services of Putnam County** works to protect children, nurture families/individuals, and develop job opportunities to customers which lead to stability and self-sufficiency. Services include children services, adult protective services, unemployment, and food stamps.

Website: <https://www.putnamcountyohio.gov/CountyAgencies/JobFamilyServices.aspx>

Phone: (567) 376-3777

**Legal Aid of Western Ohio** provides legal aid to people otherwise unable to afford legal representation and access to the court system.

Website: <https://lawolaw.org>

Phone: 1-800-554-7369

**Ohio Family and Children First Council** helps families seeking government services by streaming and coordinating services, resources, and systems.

Website: <https://www.fcf.ohio.gov/>

Phone: (419) 523-5951

**Putnam County Community Thrift Store and Food Pantry** provides food and clothing to those in need within Putnam county.

Phone: (419) 523-3032

**Putnam County Council on Aging, Inc** offers a wide array of services to support senior citizens age 60 and better. Services include: Transportation, Chore Assistance, Outreach, Caregiver Library, Telephone Reassurance, Information and Referral as well as Matter of Balance and Healthy U Diabetes

Website: <https://putnamcouncilonaging.org>

Phone: (419) 523-4121

**Putnam County Habitat for Humanity** is a housing organization which works to help individuals build or repair their homes within their financial limits.

Website: <https://www.putnamohhabitat.org>

Phone: (419) 523-9621

**West Ohio Food Bank** provides Putnam residents with food pantry locations near them, along with their hours.

Website: <http://www.westohiofoodbank.org/find-help/putnam-county/>

Phone: (419) 222-7946



Mental  
Health  
Awareness  
Project

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