

# REFERRAL RESOURCE GUIDE

## Sandusky County

### IN AN EMERGENCY OR CRISIS

#### For assistance in an emergency situation

Dial 911

#### Crisis Hotline

1-800-826-1306

#### National Suicide Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

#### Ohio Problem Gambling Helpline

1-800-589-9966

### DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

#### National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

#### National Sexual Assault Hotline

1-800-656-HOPE (4673)

#### National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

#### RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

[www.rainn.org](http://www.rainn.org)

### TREATMENT RESOURCES

#### Mental Health & Substance Use Disorder Treatment

**Community Health Services** offers a wide range of services from comprehensive medical and dental care to behavioral health care. *Phone:* 419-334-3869 *Website:* <https://www.fremontchs.com/>

**Firelands Counseling and Recovery Services** mental health counseling, drug and alcohol treatment, inpatient care and outpatient treatment. *Phone:* 419-557-5177 *Website:* <https://www.firelands.com/>

**Mental Health and Recovery Services Board of Seneca, Sandusky and Wyandot Counties'** main role is to monitor, evaluate, assess, prioritize and plan for mental health and addiction services in the counties it serves. *Phone:* 419-448-0640 *Website:* <https://www.mhrsbsw.org/>

**National Council for Behavioral Health** can assist you in finding a local provider of behavioral health services and support. [www.theNationalCouncil.org](http://www.theNationalCouncil.org) (click on "Find a Provider")

**National Alliance on Mental Illness (NAMI)** Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

**Oriana House, Inc.** provides outpatient substance use disorder treatment, ambulatory detox, intensive outpatient program (including opiate-specific treatment), and aftercare/continuing care. *Phone:* 567-280-4023 *Website:* <http://www.orianahouse.org/>

**ProMedica Memorial Hospital for Mental Health and Wellbeing** provides mental health evaluation, individual, couples and group counseling and medication management. *Phone:* 419-333-2785 *Website:* <https://www.promedica.org/memorial-hospital/Pages/default.aspx>

**SAMHSA's National Helpline** provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

## CHILDREN & YOUTH RESOURCES

### a. Emergency and Referral Services

#### National Runaway Safeline

1-800-621-4000

### b. Children and Youth Mental Health & Substance Use Disorder Services

**Lutheran Social Services of Northwestern Ohio** is a faith-based social service agency that offers mental health counseling for adults, children and families, drug and alcohol treatment, intensive outpatient group, therapy for military personnel and their families, suboxone assisted recovery, survivors of suicide group, trauma recovery, anger management and more. *Phone:* 419-243-4450 *Website:* <https://www.lssnwo.org/>

## RESOURCES FOR SPECIAL POPULATIONS

### Gay, Lesbian, Bisexual, Transgender Support Resources

#### GLBT National Help Center

1-888-843-4564  
[www.glnh.org](http://www.glnh.org)

#### Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)  
[www.theTrevorProject.org](http://www.theTrevorProject.org)

#### GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)  
[www.glnh.org/talkline](http://www.glnh.org/talkline)

#### Trans Lifeline

877-565-8860

### Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

## SELF-HELP RESOURCES AND GROUPS

*Find a time and location of a meeting.*

#### Alcoholics Anonymous

[www.aa.org/pages/en\\_US/find-aa-resources](http://www.aa.org/pages/en_US/find-aa-resources)

#### Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)  
[www.na.org/meetingsearch](http://www.na.org/meetingsearch)

#### Al-Anon Family Groups

[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

#### Nar-Anon Family Groups

[www.nar-anon.org/find-a-group](http://www.nar-anon.org/find-a-group)

#### Dual Recovery Anonymous

[www.draonline.org](http://www.draonline.org)



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## OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. [www.findlaw.com](http://www.findlaw.com)

The Sandusky County Dept. of Job & Family Services' Community Resource page:  
<http://sanduskycountydjfs.org/cmsms/index.php?page=res-and-links>



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