

REFERRAL RESOURCE GUIDE

Seneca County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

LOCAL CRISIS LINE

1-800-273-8255

National Suicide Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

Ohio Problem Gambling Helpline

1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

Ohio Domestic Violence Network

800-934-9840

National Sexual Assault Hotline

1-800-656-HOPE (4673)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

Ohio Sexual Violence Helpline

1-844-644-6435

First Step is a healthy family resource center serving Seneca county. It provides shelter for victims of domestic violence and their children, 24-hour support line, advocacy, and outreach and support programs for men, women, and children.

Website: www.firststepweb.org/

Phone: (419) 435-7300

Victim Assistance Program provides assistance and information to victims of crime and referrals to other quality support services offered in Seneca County. Advocates are available 24 hours a day to help victims of crimes such as domestic violence, stalking, assault, sexual abuse, child abuse/neglect, and drunk driving for no cost. Services include personal advocacy, notification, referrals, victim compensation, victim impact statement, victims' rights, and public education.

Website: <https://tiffinfostoriamunicipalcourt.org/victim.php>

Phone: (419) 448-5070

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

Catholic Charities provides life transformational services for clients who come from a variety of faiths and backgrounds in Seneca county. Services include crisis navigation, feeding the hungry, sheltering the homeless, adult advocacy, jail and prison ministry, disaster relief, social justice education and advocacy, and others.

Website: <https://catholiccharitiesnwo.org/ministriesservices/>

Phone: (419) 244-6711



MENTAL
HEALTH
FIRST AID®

Firelands Counseling and Recovery Services provides a variety of services to those suffering with mental health or substance use disorders. Services include alcohol and drug treatment, crisis program, gambling addiction treatment, inpatient care, mental illness treatment, vocational rehabilitation, and behavioral health treatment at specified locations.

Website: <https://www.firelands.com>

Phone: (419) 557-7400

First Call for Help provides direct information and referral services to the people of Seneca County.

Website: <http://www.tiffin-seneca-unitedway.org/first-call-for-help>

Phone: (419) 448-4357

Mental Health and Recovery Services Board coordinates behavioral health and substance abuse services in the area and funding agencies in the community to serve clients with no insurance or means to pay for services.

Website: <https://www.mhrsbsw.org>

Phone: (419) 448-0640

Hotline: 1-800-826-1306

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

New Transitions Counseling LLC is a counseling office which offers couples, family, individual, and/or play therapy.

Website: <https://www.newtransitions counseling.com>

Phone: (419) 448-4094

Oriana House sends individuals on a multi-step journey to rehabilitation through their admission of a problem, abstinence, avoidance of relapse, and daily dedication to recovery.

Website: <http://www.orianahouse.org/>

Phone: (567) 220-7018

Rigel Recovery Services provides comprehensive substance abuse treatment, with a focus on the individual. Services offered at this facility include substance abuse assessments and drug testing, intensive outpatient treatment, enhanced opiate treatment, and individual counseling and aftercare.

Website: <http://www.rigelrecovery.org/>

Phone: (567) 220-7018

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-621-4000



b. Children, Youth & Family Mental Health & Substance Use Disorder Services

Court Appointed Special Advocates for Children provides a trained volunteer to every child in Seneca county who needs one in order to provide that child a safe, permanent, and supportive environment to live in.

Website: <http://www.casaofssw.org/about.aspx>

Phone: (419) 448-1442

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564

www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

www.glnh.org/talkline

Trans Lifeline

877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

National Domestic Violence Hotline

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Department of Job and Family Services provides information and resources to those in Seneca county who are in need of food, cash, child, protective, or health services.

Website: <http://djfs.co.seneca.oh.us/>

Phone: (419) 477-5011

Habitat for Humanity builds, renovates, and repairs simple housing and sells the houses to selected families with no profit or interest added.

Website: www.senecahabitat.org

Phone: (419) 447-4270

Helburn Meadows Housing is a senior low-income housing apartment, usually costing 30% of gross income for rent.

Website: https://www.publichousing.com/details/helburn_meadows

Phone: (419) 448-0514

Home Energy Assistance Program is a federally funded program that provides eligible Ohioans assistance with their home energy bills.

Website: https://www.development.ohio.gov/is/is_heap.htm

Phone: (800) 282-0880

Morrison House Transitional Housing offers supervised transitional housing a safe haven for singles and families up to 120 days.

Website: <https://www.emeraldjennyfoundation.org/listing/morrison-house-first-call-help/>

Phone: (567) 201-8019

Opportunity Center of Seneca County works to improve the lives of persons with disabilities through adult services, children services, case management, and advocacy.

Website: <https://www.senecadd.org>

Phone: (419) 447-7521

West Ohio Food Bank provides up to date information on Seneca food pantries. Information includes address, hours, and contact information.

Website: <http://www.westohiofoodbank.org/find-help/seneca-county/>

Phone: (419) 222-7946



This resource guide was developed in part under grant number SM81411 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.



REFERRAL RESOURCES GUIDE