REFERRAL RESOURCE GUIDE
Seneca County

IN AN EMERGENCY OR CRISIS

<table>
<thead>
<tr>
<th>For assistance in an emergency situation</th>
<th>National Suicide Prevention Lifeline</th>
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<tbody>
<tr>
<td>Dial 911</td>
<td>Call or text 988</td>
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<tr>
<td>Local CRISIS LINE</td>
<td>Text 4HOPE to 741741</td>
</tr>
<tr>
<td>1-800-273-8255</td>
<td>Ohio Problem Gambling Helpline</td>
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<tr>
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<td>1-800-589-9966</td>
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DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

<table>
<thead>
<tr>
<th>National Child Abuse Hotline</th>
<th>National Sexual Assault Hotline</th>
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<tbody>
<tr>
<td>1-800-4-A-CHILD (1-800-422-4453)</td>
<td>1-800-656-HOPE (4673)</td>
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<tr>
<th>National Domestic Violence Hotline</th>
<th>RAINN (Rape, Abuse &amp; Incest National Network)</th>
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<tbody>
<tr>
<td>1-800-799-SAFE (7233)</td>
<td>1-800-656-HOPE (4673)</td>
</tr>
<tr>
<td>1-800-787-3224 (hearing impaired line)</td>
<td><a href="http://www.rainn.org">www.rainn.org</a></td>
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<tr>
<th>Ohio Domestic Violence Network</th>
<th>Ohio Sexual Violence Helpline</th>
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<tr>
<td>800-934-9840</td>
<td>1-844-644-6435</td>
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**First Step** is a healthy family resource center serving Seneca county. It provides shelter for victims of domestic violence and their children, 24-hour support line, advocacy, and outreach and support programs for men, women, and children.
*Website: [www.firststepweb.org/](http://www.firststepweb.org/)*
*Phone: (419) 435-7300*

**Victim Assistance Program** provides assistance and information to victims of crime and referrals to other quality support services offered in Seneca County. Advocates are available 24 hours a day to help victims of crimes such as domestic violence, stalking, assault, sexual abuse, child abuse/neglect, and drunk driving for no cost. Services include personal advocacy, notification, referrals, victim compensation, victim impact statement, victims’ rights, and public education.
*Website: [https://tiffinfostoriamunicipalcourt.org/victim.php](https://tiffinfostoriamunicipalcourt.org/victim.php)*
*Phone: (419) 448-5070*

**TREATMENT RESOURCES**

**Mental Health & Substance Use Disorder Treatment**

**Catholic Charities** provides life transformational services for clients who come from a variety of faiths and backgrounds in Seneca county. Services include crisis navigation, feeding the hungry, sheltering the homeless, adult advocacy, jail and prison ministry, disaster relief, social justice education and advocacy, and others.
*Website: [https://catholiccharitiesnwo.org/ministriesservices/](https://catholiccharitiesnwo.org/ministriesservices/)*
*Phone: (419) 244-6711*
Firelands Counseling and Recovery Services provides a variety of services to those suffering with mental health or substance use disorders. Services include alcohol and drug treatment, crisis program, gambling addiction treatment, inpatient care, mental illness treatment, vocational rehabilitation, and behavioral health treatment at specified locations.  
Website: https://www.firelands.com  
Phone: (419) 557-7400

First Call for Help provides direct information and referral services to the people of Seneca County.  
Website: http://www.tiffin-seneca-unitedway.org/first-call-for-help  
Phone: (419) 448-4357

Mental Health and Recovery Services Board coordinates behavioral health and substance abuse services in the area and funding agencies in the community to serve clients with no insurance or means to pay for services.  
Website: https://www.mhrsbssw.org  
Phone: (419) 448-0640  
Hotline: 1-800-826-1306

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on “Find a Provider”)

New Transitions Counseling LLC is a counseling office which offers couples, family, individual, and/or play therapy.  
Website: https://www.newtransitionscounseling.com  
Phone: (419) 448-4094

Oriana House sends individuals on a multi-step journey to rehabilitation through their admission of a problem, abstinence, avoidance of relapse, and daily dedication to recovery.  
Website: http://www.orianahouse.org/  
Phone: (567) 220-7018

Rigel Recovery Services provides comprehensive substance abuse treatment, with a focus on the individual. Services offered at this facility include substance abuse assessments and drug testing, intensive outpatient treatment, enhanced opiate treatment, and individual counseling and aftercare.  
Website: http://www.rigelrecovery.org/  
Phone: (567) 220-7018

SAMHSA’s National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.  
1-800-662-HELP (4357) and http://findtreatment.SAMHSA.gov

CHILDREN & YOUTH RESOURCES
a. Emergency and Referral Services

National Runaway Safeline  
1-800-621-4000
b. Children, Youth & Family Mental Health & Substance Use Disorder Services

Court Appointed Special Advocates for Children provides a trained volunteer to every child in Seneca county who needs one in order to provide that child a safe, permanent, and supportive environment to live in.
Website: http://www.casaofssw.org/about.aspx
Phone: (419) 448-1442

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

<table>
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<tr>
<th>GLBT National Help Center</th>
<th>Trevor Project Crisis Line – LGBTQ Youth</th>
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<tr>
<td>1-888-843-4564</td>
<td>1-866-4-U-TREVOR (488-7386)</td>
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<tr>
<td><a href="http://www.glnh.org">www.glnh.org</a></td>
<td><a href="http://www.theTrevorProject.org">www.theTrevorProject.org</a></td>
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<tr>
<th>GLBT National Youth Talkline</th>
<th>Trans Lifeline</th>
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<tr>
<td>1-800-246-PRIDE (1-800-246-7743)</td>
<td>877-565-8860</td>
</tr>
<tr>
<td><a href="http://www.glnh.org/talkline">www.glnh.org/talkline</a></td>
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Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues
Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. https://advocatesforyouth.org/resources-tools/

SELF-HELP RESOURCES AND GROUPS
Find a time and location of a meeting.

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<tr>
<th>Alcoholics Anonymous</th>
<th>Narcotics Anonymous</th>
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<tr>
<td><a href="http://www.aa.org/pages/en_US/find-aa-resources">www.aa.org/pages/en_US/find-aa-resources</a></td>
<td>1-888-GET-HOPE (438-4673) (Hopeline)</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.na.org/meetingsearch">www.na.org/meetingsearch</a></td>
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<tr>
<th>National Domestic Violence Hotline</th>
<th>Nar-Anon Family Groups</th>
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<tr>
<td><a href="http://www.al-anon.alateen.org/local-meetings">www.al-anon.alateen.org/local-meetings</a></td>
<td><a href="http://www.nar-anon.org/find-a-group">www.nar-anon.org/find-a-group</a></td>
</tr>
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Dual Recovery Anonymous
www.draonline.org

OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner’s HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Department of Job and Family Services provides information and resources to those in Seneca county who are in need of food, cash, child, protective, or health services.
Website: http://djfs.co.seneca.oh.us/
Phone: (419) 477-5011
Habitat for Humanity builds, renovates, and repairs simple housing and sells the houses to selected families with no profit or interest added.
Website: www.senecahabitat.org
Phone: (419) 447-4270

Helburn Meadows Housing is a senior low-income housing apartment, usually costing 30% of gross income for rent.
Website: https://www.publichousing.com/details/helburn_meadows
Phone: (419) 448-0514

Home Energy Assistance Program is a federally funded program that provides eligible Ohioans assistance with their home energy bills.
Website: https://www.development.ohio.gov/is/is_heap.htm
Phone: (800) 282-0880

Morrison House Transitional Housing offers supervised transitional housing a safe haven for singles and families up to 120 days.
Website: https://www.emeraldjennyfoundation.org/listing/morrison-house-first-call-help/
Phone: (567) 201-8019

Opportunity Center of Seneca County works to improve the lives of persons with disabilities through adult services, children services, case management, and advocacy.
Website: https://www.senecadd.org
Phone: (419) 447-7521

West Ohio Food Bank provides up to date information on Seneca food pantries. Information includes address, hours, and contact information.
Website: http://www.westohiofoodbank.org/find-help/seneca-county/
Phone: (419) 222-7946

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