

REFERRAL RESOURCE GUIDE

SHELBY COUNTY

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

Tri-County Crisis Hotline

800-351-7347

Mental Health Hope Line

855-276-4673

National Suicide Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

Ohio Problem Gambling Helpline

1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

Ohio Domestic Violence Network

800-934-9840

National Sexual Assault Hotline

1-800-656-HOPE (4673)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

Ohio Sexual Violence Helpline

1-844-644-6435

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

Arrowhead Behavioral Health provides inpatient, outpatient and medication-assisted treatment options for those individuals recovering from psychiatric disorders or chemical dependency issues. (419)-891-9333 and www.arrowheadbehavioral.com

Aspen Family Center provides mental health counseling in a home-like environment and e-counseling sessions from your own home. (937)-493-4673 and www.aspenfamilycenter.com

Family Resource Center of Northwest Ohio provides assessment, counseling, and prevention/education programs for mental health and substance abuse issues. (937)-710-4616 and www.frcohio.com

FOA Families of Addicts is an organization that provides support and advocacy for addiction and recovery through weekly meetings, events, and outreach in the Miami Valley. (937)-307-5479 and www.foafamilies.org

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)



National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

New Creation Counseling Center offers faith-based individual, child, adolescent, couples, and family counseling, as well as psychiatric care and support groups. (937)-667-4678 and www.newcreationcounselingcenter.org

Nova Behavioral Health has residential programs for individuals with mental health disorders and those who are recovering from alcohol and drug dependency. (937)-253-1680 and www.novabehavioralhealth.org

Safe Haven provides educational classes and support groups for those going through the process of recovery from the symptoms of mental illness. (937)-658-6930 and www.safehaveninc.com

Samaritan Behavioral Health Inc. offers crisis care and suicide prevention, as well as mental health and drug and alcohol services. Psychiatric services are also offered. (937)-440-7121 and www.sbhihelp.org

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

UVMC Behavioral Health Care Upper Valley Medical Center provides inpatient units for mental health crises and outpatient programs for behavioral health and addiction issues. (937)-440-4000 and www.uvmc.com

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-621-4000

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564

www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

www.glnh.org/talkline

Trans Lifeline

877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues
Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

National Domestic Violence Hotline

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org

OTHER RESOURCES

Catholic Social Services provides a variety of services like poverty alleviation services, professional counseling, refugee resettlement, senior services, and more. (937)-223-7217 and www.cssmv.org

Community Housing provides Transitional Housing with Supportive Services and Cooperative Apartments based on a sliding fee scale, as well as subsidies and loans for the purpose of housing placement or homelessness prevention. (937)-332-0021

Compassionate Friends is a self-help organization offering friendship, understanding, and hope to bereaved families that have experienced the death of a child. (877)-969-0010 and www.compassionatefriends.org

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Piqua Compassion Network provides crisis assistance for those who cannot meet basic needs and facilitates a program to help people get off Welfare and into steady employment. (937)-778-8856 and www.pcncares.org

Samaritan Works is a faith based organization dedicated to serving those who struggle with drug or alcohol addiction, and provides a residential program for sober living. (937)-638-4545 and www.samaritanworksinc.com



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