

REFERRAL RESOURCE GUIDE

Washington County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

National Suicide Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

Washington County Crisis Hotline

740-373-8240

Ohio Problem Gambling Helpline

1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

Ohio Domestic Violence Network

800-934-9840

Ohio Sexual Violence Helpline

1-844-644-6435

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

Choices Counseling Services provides mental health services to children, youth/teens, adults, and families. (740)-336-1814

Counseling and Wellness Center provides individual, couple, and family counseling, medication management, psychological assessment services, as well as treatment specific to certain disorders. (304)-422-7300 and www.ohiocounselingandwellness.com

Counseling Services of Marietta LLC provides mental health services to youth/teens, adults, and families. (740)-373-7792

Emerson Square provides mental health therapists to youth/teens, adults, couples and families. Specializations include drug and alcohol addictions, family therapy, geriatrics, and general disabilities including autism. *Phone:* 304-865-0272

Hopewell Health Centers provides community psychiatric supportive treatment services, outpatient counseling services, crisis services, intensive home-based treatment, partial hospitalization, and substance abuse outpatient programming for adults and children. (740)-596-4809 and www.hopewellhealth.org

House of Hope of Washington County provides socialization opportunities, peer support, and activities that foster recovery for residents of Washington County aged 18 years and older who are recovering from a mental illness. (740)-374-0420

Life and Purpose offers a mental health program, alcohol and drug treatment, med-som services, crisis intervention services, a walk-in clinic, training and consultation, and a community resource center. (740)-376-0930 and www.lifeandpurposebehavioralhealth.com

Marietta Community Based Outpatient Clinic provides behavioral health services including individual, group, and family counseling, and programs such as QuitSmart Smoking Cessation. (740)-568-0412 and www.chillicothe.va.gov/locations/Marietta.asp

Mental Health First Aid is an adult public education program designed to improve participants' knowledge and modify their attitudes and perceptions about mental health and related issues, including to how to respond to individuals who are experiencing one or more acute mental health crises or are in the early stages of one or more chronic mental health problems. (740)-374-6990 and www.mentalhealthfirstaid.org

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

New Beginnings Counseling Services provides mental health services to youth/teens, adults, and families. (304)-865-2214

Rigel Recovery Services offers substance abuse assessments, intensive outpatient treatment, opiate enhanced treatment, individual counseling, aftercare, drug testing, medication assisted treatment, and sober living residential treatment. (740)-371-5160 and www.rigelrecovery.org

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations. 1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

SelfRefind offers affordable care for addiction recovery, including medication assisted treatment. (740)-371-5160

Southeastern Ohio Counseling Center provides assessment and referral services, outpatient mental health counseling services, addiction services, case management services, trained family and divorce mediation, and court ordered anger management. (740)-489-5571 and www.southeasternohiocounseling.com

Suicide Awareness Alliance of Washington County aims to increase awareness of the impact of suicide and suicide attempts in Washington County, Ohio. (740)-374-6990 and www.washingtongov.org/index.aspx?NID=346

Spaulding Psychological Services LLC has professionals that can help those struggling with depression, anxiety and phobias, grief recovery, divorce recovery, sexual abuse, self-esteem, attention deficit/learning problems, behavioral problems, emotional trauma, parenting challenges, marital/relationship problems, and many other issues. (304)-861-5184 and www.spauldingpsychological.com

The Christian Counseling Ministry provides mental health services to children, youth/teens, adults, and families. (740)-984-4018



The Counseling House of MOV provides general and specialized therapy for mental and behavioral disorders in individuals, families, and groups. (304)-865-5444 and www.thecounselinghouseofmov.com

Westbrook Health Services empowers people to achieve wellness with the guidance of psychiatrists, physicians, nurses, psychologists, professional counselors, social workers, and addiction counselors. (304)-485-1721 and www.westbrookhealth.org

Worthington Center Management Co. provides psychiatric, psychological and counseling services to the population of Southeastern Ohio and West-Central West Virginia, especially the poor, underserved and disenfranchised. (740)-423-4225

William (Bill) Bauer, PhD, CRC, LPC, ALPS Website: www.billbauerphd.com

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-621-4000

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564

www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

www.glnh.org/talkline

Trans Lifeline

877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

National Domestic Violence Hotline

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org



OTHER RESOURCES

EVE, Inc. seeks to prevent family violence and sexual assault through education and intervention while providing supportive services to survivors, thereby promoting a safe and healthy community and improving the quality of life. (740)-374-5820

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

Washington County Behavioral Health Board plans, monitors, evaluates, and finances publicly funded treatment, prevention, and recovery services for mental illness and addiction in Washington County. (740)-374-6990 and www.washingtongov.org/wcbhb

Washington County Family and Children First Council promotes coordination and collaboration among county and local governments, non-profit organizations, businesses, schools and families in a manner which fosters wellness and self-sufficiency for families. (740)-376-7081 and www.wcfcfc.org



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