

REFERRAL RESOURCE GUIDE

Wood County

IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

Wood County Crisis Line

419-502-4673

National Suicide Prevention Lifeline

Call or text 988

Text 4HOPE to 741741

Ohio Problem Gambling Helpline

1-800-589-9966

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline

1-800-4-A-CHILD (1-800-422-4453)

National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

Ohio Domestic Violence Network

800-934-9840

National Sexual Assault Hotline

1-800-656-HOPE (4673)

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

www.rainn.org

Ohio Sexual Violence Helpline

1-844-644-6435

TREATMENT RESOURCES

Mental Health & Substance Use Disorder Treatment

A Renewed Mind is a non-profit faith-based organization providing excellent behavioral healthcare that renews the mind, body and spirit for all who struggle with mental health issues, addiction or fetal alcohol syndrome. (419)-359-5621 and www.arenewedmindservices.org

Arrowhead Behavioral Health is a mental health treatment facility providing a continuum of care for adults aged 18 years and older. (419)-891-9333 and www.arrowheadbehavioral.com

Harbor provides mental health and substance abuse treatments to youth, adults, and families, as well as a walk-in mental health assessment clinic. (419)-352-5387 and www.harbor.org

Lutheran Social Services provides mental health and substance use disorder counseling services, and can refer clients to other needed services. (419)-352-0702 and www.lssnwo.org

National Alliance on Mental Illness (NAMI) Information Helpline provides information and referral services. 1-800-950-NAMI (6264)

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

Toledo Vet Center provides a broad range of counseling, outreach, and referral services to combat Veterans and their families. (419)-213-7533

Unison Health offers diagnostic assessments, counseling, and medication assisted treatment to adults, children, and adolescents in Wood County. (419)-936-7629 and www.unisonhealth.org

Zepf Center is a local non-profit that provides behavioral health and vocational services to children, youth, and adults in Lucas and Wood Counties. (419)-841-7701 and www.zepfcenter.org

CHILDREN & YOUTH RESOURCES

a. Emergency and Referral Services

National Runaway Safeline

1-800-621-4000

b. Children, Youth & Family Mental Health & Substance Use Disorder Services

Children's Resource Center provides child-centered, family-focused mental health and co-occurring mental health and substance abuse services to all Wood County and nearby families. (419)-352-7588 and www.crcwoodcounty.org

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564

www.glnh.org

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

www.theTrevorProject.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

www.glnh.org/talkline

Trans Lifeline

877-565-8860

Advocates for Youth: Lesbian, Gay, Bisexual, Transgender, Questioning and Issues

Online resource developed by those serving LGBTQ youth. Resources include empowerment and advocating information for LGBTQ youth and those working with LGBTQ youth. Resources are available in Spanish. <https://advocatesforyouth.org/resources-tools/>

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.



Alcoholics Anonymous

www.aa.org/pages/en_US/find-aa-resources

Narcotics Anonymous

1-888-GET-HOPE (438-4673) (Hopeline)
www.na.org/meetingsearch

National Domestic Violence Hotline

www.al-anon.alateen.org/local-meetings

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

Dual Recovery Anonymous

www.draonline.org

OTHER RESOURCES

Educational Service Center provides programs, services, and activities that promote healthy lifestyles by empowering youth and adults to create drug-free schools and communities. (419)-354-9010 and www.wcesc.org

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

NAMI Wood County is a leading self-help organization offering events, free educational classes, support groups, and other programs addressing mental health for Bowling Green, Ohio and all surrounding Wood County communities. *Website:* <https://namiwoodcounty.org/> *Phone:* 419-352-0626

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com



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