

Are you an OSU  
employee?

Do you have an  
elevated A1c,  
glucose, or family  
history of diabetes?

Looking for support  
to improve your  
health?



*Lifestyle Choices...Impact our Lives*

Weight loss is the best way to prevent  
the onset of diabetes.

That is why we are offering a unique opportunity  
towards greater health!

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***Introducing the Impact Diabetes  
Prevention Study***

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This National Institutes of Health funded study, offers OSU employees at risk for diabetes, a free innovative program to promote weight loss in a supportive setting. Get connected to the tools and resources needed for greater wellbeing. Don't go it alone!

Contact us:

Phone: 614-292-4772

Email: [diabetesimpactstudy@osu.edu](mailto:diabetesimpactstudy@osu.edu)

Visit: <https://u.osu.edu/impactstudy>