

**4-H JUDGING SHEET – FOOD & NUTRITION**

NAME: \_\_\_\_\_ AGE AS OF 1/1: \_\_\_\_\_

PROJECT: \_\_\_\_\_ CLUB: \_\_\_\_\_

**JUDGING RUBRIC**

Item/s made & modeled by the 4-H'er:	Excellent	Good	Needs Some Improvement	Needs Much Improvement	Comments
<b>KNOWLEDGE</b>					
MyPLATE					
Knowledge about on what MyPlate is, how to use it & what food groups are comprised of					
Discuss what was learned in the project, good nutrition and how to relate MyPlate to what has been learned					
<b>Portfolio</b>					
3-pronged folder or 3-ring binder with Activity/Interest area pages					
Portfolio pages present work & knowledge in specific interest area. Should be 1 side per activity/interest.					
Member's ability to present the portfolio and explain their active involvement in their project.					
<b>COMMUNICATION</b>					
Member communicates effectively with a positive attitude & with appropriate personal appearance					
<b>PROJECT FOOD</b>					
Prepare 1 single-serving recipe item from your project book & bring to judging.					
Food is transported & stored based on appropriate temperature control and storage					
<b>INTERVIEW</b>					
Communicated project knowledge & effort put into the project					
Demonstrated willingness to share experience of the project.					
Pleasant expression: smile & make eye contact					
Positive presentation of self					

Additional Comments:

<p><b>Project Grade:</b> ___ Superior ___ Excellent ___ Good ___ Needs Improvement</p>
<p><b>BARCODE:</b></p>