We are standing at the letter B. B stands for Balance.

The Chinese sculpture before you is called the Armillary Sphere. You may notice that the Dragon is balancing 3 rings on his back. These rings symbolize culture, theology, and academia.

Balance can be depicted by the Chinese philosophical concept of yin and yang. This idea suggests that we often have opposing forces that are connected and exist in harmony. For example, positive and negative complement each other to help us balance.

We often balance a lot of good and bad news in our own lives. Our University of San Francisco community often balances work, family, friends, and service back to our communities.

Take a moment to reflect on what you balance in your own life. Then, head over to the Peace Garden... and remember to walk briskly!