



Stay informed and connected with *The Phoenix Pulse*, your monthly source for news, events, and housing updates at UChicago!

## Housing & Residence Life Updates

### Room Change Process Is Open

To request a change, visit the [myHousing Portal](#). Process remains open until Sunday, March 8, 11:59 PM. Last round of room change offers will be sent to applicable students on Tuesday, March 10.

### Save Time - Pre-Register Your Guests

Speed up the guest arrival process by registering your guests in advance in the [myHousing Portal](#).

### Have a Returning Guest?

You can save time there too. Find them under *Past Guests*, click *Register Again* under Actions menu and put in their visitation details. It's that easy!

### Start Planning for Winter Break

The majority of residence halls are closed during winter break and residents are expected to travel home or make alternative housing arrangements. Winter break housing requests will open on Monday, October 20 in the [myHousing Portal](#).

### Winter Break Dates

Residence halls close on Sunday, December 14, 2025 at 12 PM  
Residence halls re-open on Saturday, January 3, 2026 at 8 AM

## Smart Museum



SMART MUSEUM OF ART  
THE UNIVERSITY OF CHICAGO

AN ART LOAN PROGRAM  
EXCLUSIVELY FOR UCHICAGO STUDENTS

Art to Live With: Sunday, October 12th  
Check-in: 10 AM | Doors: 11 AM

Preview Days:  
Friday, October 10th and  
Saturday, October, 11th  
10 AM - 4:30 PM



@smartmuseum



## Student Wellness



**UChicago Student Wellness**

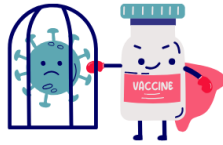
# Required Immunization Clinics

**Immunization Submission Deadline:**  
October 24, 2025

# DON'T LET THE FLU STOP YOU

*...your future self will thank you.*

FREE flu shots are available for any individual with a University ID. Walk-ins are accepted!



## THERAPY GROUPS

**Autumn Quarter 2025**

A supportive, nonjudgmental environment for students to safely share their struggles



[wellness.uchicago.edu](https://wellness.uchicago.edu) | 840 E 59th Street | 773.834.9355

 UChicago Student Wellness

# UChicago Student Recovery Group



Office of Sustainability



OCTOBER 14-28  
**ENERGY STAR®**  
**2025 BATTLE OF  
THE BUILDINGS**

Residence hall communities will compete to conserve as much energy and water as possible!

The winning residence hall, determined by the greatest percent reduction in energy and water usage, gets an engraved trophy!

- TASK LIGHTING • SCREEN SAVERS
- LOWER BLINDS • UNPLUG
- SHORTER SHOWERS • REPORT LEAKS
- FULL DISH LOADS • FULL LAUNDRY LOADS
- ENABLE CLEAN ENERGY PHONE CHARGING
- UNPLUG UNUSED APPLIANCES
- REPORT HOT/COLD ROOMS



## Campus Resources

[2025-2026 Academic Calendar](#)

[UChicago Dining](#)

[Mental Health Services](#)

**Campus Safety & Security**

**College Academic Advising Office**

**The College**

