Caregiver Support Groups

General Support

City of Chicago Caregiving Assistance Aging@CityofChicago.org

Offers support for families caring for older loved ones. This includes support groups, home delivered meals, and caregiver counseling.

6117 S Kedzie 312-744-4016 Hotline Monday-Friday 9-5

The Congregational Church of Park Manor, UCC

https://www.ccparkmanor.org/

Local group for caregivers to receive and share information and support. *

7000 S King Dr 773-224-4700 4th Thursday 4:00-5:30PM

metropolitan family services

www.metrofamily.org

Family caregiver support groups let caretakers share concerns, manage stress, and get helpful tips and resources.

3843 W 63rd St 773-884-3310 1st Wednesday 10:00AM-1:00PM

UNITED Church of Hyde Park

www.uchpchicago.com

South Side Caregiver Group discusses the challenges of caregiving and how to develop helpful coping strategies. *

1448 E 53rd St 773-363-1620 3rd Tuesday 10:00-11:30AM

**** = Free transportation to these events is available for city of Chicago residents 65 and over by calling 773-441-8457. Please allow 48-hour notice.***

Specific Conditions

alzheimer's association

https://www.alz.org/illinois

The Alzheimer's Association Greater Illinois Chapter offers support groups to help loved ones cope with the challenges of Alzheimer's disease and dementia.

7101 S Exchange Ave	773-702-4269	1st Thursday 1:00-2:30PM

https://southloopvillage.org/

Monthly gathering for people living with dementia and their family, friends, and caregivers.

1936 S Michigan Ave	312-225-4951	2nd Thursday 1:00PM-4:00PM

www.gildasclubchicago.org

Monthly support group to share information and support with other cancer patients, survivors, caregivers, family, and friends. Register for groups online.

Virtual: Monday 5:30-7pm, Tuesdays 7:30-9pm, 3rd Wednesday of the month 11:30-1pm

www.namichicago.org

Support groups for family members, friends, and caregivers of those living with mental illness.

2525 S Michigan Ave, Rm 447	312-563-0445	Check online calendar for schedule

https://www.rush.edu/services/stroke-care

Online support groups for survivors of strokes and caregivers.

StrokeSupportGroup@rush.edu	630-898-4637	Contact for more information