

Cornell Scale for Depression in Dementia (CSDD)

Rate symptoms <u>within the past week</u> . No score should be given if symptoms result from disability or illness.	Unable to evaluate	Absent	Mild or intermittent	Severe
Mood				
1. Anxiety, anxious expression, ruminations, worrying	n/a	0	1	2
2. Sadness, sad expression, sad voice, tearfulness	n/a	0	1	2
3. Lack of reactivity to pleasant events	n/a	0	1	2
4. Irritability, easily annoyed, short-tempered	n/a	0	1	2
Behavior				
5. Agitation, restlessness, handwringing, hairpulling	n/a	0	1	2
6. Slow movements, slow speech, slow reactions	n/a	0	1	2
7. Multiple physical complaints (not including gastrointestinal symptoms or medication side effects)	n/a	0	1	2
8. Loss of interest, less involved in usual activities (sudden or acute change, occurred in < 1 month)	n/a	0	1	2
Physical Signs				
9. Appetite loss, eating less than usual	n/a	0	1	2
10. Weight loss (score 2 if greater than 5 lb. in one month)	n/a	0	1	2
11. Lack of energy, fatigues easily, unable to sustain activities (sudden or acute change, occurred in < 1 month)	n/a	0	1	2
Sleep Cycle				
12. Mood varies by time of day, symptoms worse in morning	n/a	0	1	2
13. Difficulty falling asleep, later than usual for this individual	n/a	0	1	2
14. Multiple awakenings during sleep	n/a	0	1	2
15. Waking up earlier than usual for this individual	n/a	0	1	2
Thoughts and Ideas				
16. Suicide, feels like life is not worth living, has suicidal wishes or makes suicidal attempt	n/a	0	1	2
17. Poor self-esteem, self-deprecation, feelings of blame or failure	n/a	0	1	2
18. Pessimism, anticipation of the worst	n/a	0	1	2
19. Mood-congruent delusions such as poverty, illness or loss	n/a	0	1	2

Total score: _____/19