



GPHAP News - January 10, 2024

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Alumni Spotlight: Ashley DeGarmo



Ashley joined a boutique advisory firm, Third Horizon Strategies (THS), as a director upon graduation. THS is a mission-driven organization focused on shaping a future system that actualizes a sustainable culture of health nationwide. As a consultant, she often lead engagements around financing and strategic planning for behavioral health treatment and recovery services to expand access to life-saving care. In 2022, she was promoted to Vice President with greater management responsibilities and firm-wide operational oversight. She earned her License in Social Work (LSW) as a clinical social work student after graduation.

GPHAP influenced her professional journey through the opportunities she was able to explore in graduate school extended by the program. For instance, after completing the summer Erikson Fellowship with the UChicago Primary Care Group Behavioral Health Integration Program (BHIP), she continued working with the team through her second year of school. This experience was invaluable as she was able to work alongside clinicians to understand the opportunities and barriers to integrating behavioral health care in a predominantly physical health care setting. In her view, GPHAP students can fit into many areas of the job market. They can work in care delivery systems, within corporate consulting groups, at policy

Transportation Resources for UChicago Students

Check out the various Transportation Resources available to UChicago students in this newsletter in the UChicago Student Resources section.

Colleen Grogan Book Talk

Professor Colleen Grogan will discuss her new book with GPHAP students at a special event on Tuesday, Jan 16. This event will be very well attended. GPHAP Students only please. We look forward to a wonderful presentation and discussion on Tuesday!

think tanks, and many other organizations. GPHAP students should emphasize their collaborative coursework and ability to work closely with those who have different backgrounds and career interests to achieve a joint goal.

She stresses that critical skills for success in the healthcare sector include the capacity to connect disparate elements across various stakeholders, topics, and programs. Despite collaborative efforts in healthcare, silos persist, and navigating existing infrastructure and institutional knowledge can be challenging. The ability to integrate different components of a system is crucial for enhancing patient and community service. Another vital skill involves simplifying intricate information into easily understandable concepts. Given the inherent complexity and contradictions in healthcare, this skill is invaluable. Whether assisting patients through the system or guiding administrators through regulations, the capability to distill complex details into user-friendly information enhances support for initiatives, fostering quicker progress.

Her advice to students is *"Don't hesitate to network. I went through the alumni director and reached out to several folks who sounded like they had cool jobs. This was a vital step in my career path and allowed me to meet many individuals with unique skill sets and backgrounds. Also, do not be shy about reaching out to the guest lecturers or panel members who speak at GPHAP. Like alumni, the professionals who take time out of their day to work with GPHAP students are eager to connect and committed to the program's success. Take advantage of being part of this special program and network to learn as much as you can and make meaningful connections."*

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Upcoming Events

Wednesday, January 17 | 12 - 1 PM CST | Avalere Health | [Register Here](#) |

Healthcare Industry Outlook 2024 - Accelerate Impact (virtual event): This event is targeted at health care organizations but students may find it of interest. The promotional message for the event is: Elevate your organization's influence in 2024 by addressing the transformative changes brought about by the Inflation Reduction Act in healthcare markets, embracing evidence-based decision-making, and staying attuned to the evolving landscape affecting patients. In our webinar, experts will delve into these critical topics and other emerging trends shaping the healthcare industry. Register now to gain exclusive access to an early copy of our Outlook report, providing valuable insights into the healthcare trends that will shape your organization's progress in the new year.

Thursday, January 18 | 5 - 6 PM CST | The University of Chicago Pritzker School of Medicine | [Register Here](#) |

Bowman Lecture Series (virtual event) : "Healing the American "Sick-care" System: A Primary Care approach to Prevention and Wellness"

Speaker: Amanda C. Patterson, MD Primary Care Physician Forward Primary Care Clinic in Washington, DC.

Friday, January 19 | 3 - 5 PM CST | Institute for Translational Medicine (ITM) | MATTER, 222 Merchandise Mart Plaza | [Register Here](#) |

Breaking Barriers: Celebrating Thirty Years of the NIH Revitalization Act and Women's Health Research (in-person & virtual event): Join us for ITM Grand Rounds featuring a thought-provoking panel discussion commemorating the 30th anniversary of the National Institutes of Health (NIH) Revitalization Act, a landmark legislation that reshaped the landscape of women's health research and advocacy. This event delves into the pivotal role played by the NIH Revitalization Act in advancing the health and well-being of women.

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Previously Listed Events

Wednesday, January 10 | 2 - 3 PM CST | MATTER and Alzheimer's Association | [Register Here](#) |

Access to Care for Alzheimer's Disease (virtual event): Join leaders from the Deloitte Center for Health Solutions and the Deloitte Health Equity Institute and the Kelsey Research Foundation for a panel discussion on increasing access to quality, person-centered care for people living with Alzheimer's disease in all communities, especially those historically underserved.

Friday, January 19 | 10:30 - 12 PM CST | Committee on Quantitative Methods in Social, Behavioral, and Health Sciences, 2nd floor Room 289B, 1155 E. 60th | [Register Here](#) |

Workshop on Quantitative Research Methods in Education, Health, and Social Sciences (QMEHSS): for building an intellectual community of colleagues who share methodological interests. Workshop participants meet biweekly to discuss working papers and brainstorm solutions to methodological problems encountered in ongoing research.

January 19: [Dalton Conley](#), Professor in Sociology, Princeton University discusses How Genetics Can

Help Social Science

Friday, January 19 | 12 - 1 PM CST | CHeSS & Healthcare Delivery Science and Innovation (HDSI) | [Register Here](#) |

Using Human Centered Design in Healthcare. Presented by Kim Erwin, MDes, Associate Professor of Practice, Illinois Institute of Design, HDSI Visiting Scholar ; Cheng-Kai Kao, MD, Chief Clinical Informatics Innovation Officer, Associate Professor of Medicine & Sharon Markman, MHA, Exec Director, Clinical Excellence Innovation & Engagement Director, HDSI

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UChicago Student Resources

Transportation Resources

- **UGo Shuttles:** UGo Shuttles run day and night on and around campus, Hyde Park, and the city of Chicago. Shuttles are free to all members of the University community by tapping your ID card. Route maps are available on the [DSS website](#) and real-time shuttle location information is on [Transloc](#) (also available as a [mobile app](#)).
 - The Downtown Connector is our newest shuttle route, providing free transportation between the Hyde Park campus, the Gleacher Center, downtown UChicago Medical Center clinics, and CTA, Amtrak, and Metra stations downtown.
- **Lyft Ride Smart:** UChicago students are eligible for seven free Lyft rides per month (up to \$10 per ride) from 5 p.m. until 4 a.m. seven days a week. Rides must begin and end in the [service area](#).
- **Metra passes for students:** All enrolled students can sign up by January 31 to receive a free 10-ride [Metra Electric](#) pass, which is good for Metra Electric trains across all zones. Beginning February 1, Metra will no longer offer a 10-ride pass and will offer a Day Pass 5 Pack in its place. The Day Pass 5 Pack is good for all Metra lines including, but not limited to, Metra Electric. Students can sign up for either a free 10-ride pass by January 31 or a free Day Pass 5 Pack beginning on February 1. You must sign up for a [Ventra](#) account before claiming a pass on [my.uchicago.edu](#). All passes expire after 90 days. Note that students who already claimed a free 10-ride ticket during Autumn Quarter are not eligible for the free 5 pack this academic year.
- **CTA Buses:** There are several CTA bus routes that service the area around the Hyde Park campus. Anyone with a UChicago ID can ride the 171 and 172 buses for free.
- **Free garage parking after-hours:** Members of the University community with an active UChicago ID can park for free after hours at the Campus North (Ellis) Garage and the Kimbark South Garage between 5 p.m. and 3 a.m., seven days a week. Just use your ID card to enter and exit. Those who access a garage after hours without a parking permit must exit the facility by 7 a.m. each day to avoid daily parking fees.

For more information on transportation at UChicago, see these transportation video guides for [students](#) and [employees](#) or visit the [transportation webpage](#).

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Recorded Lectures

Many of the lectures listed in the GPHAP Weekly Digest are recorded and archived for later listening. You can look back to see if there are recent lectures that interest you, and they can count as GPHAP co-curriculars. Here are links to archived lectures.

CHAS Michael Davis Lectures

<https://chas.uchicago.edu/events/mdl/>

MacLean Center for Clinical Medical Ethics lectures

<https://www.youtube.com/user/MacLeanCenter>

Harvard School of Public Health Forum lectures

<https://theforum.sph.harvard.edu/events/>

Bowman Society Lectures

<https://pritzker.uchicago.edu/resources/bowman-society>

MATTER Health Events

<https://matter.health/events>

Health Affairs Podcasts - an hour's worth of content

<https://www.healthaffairs.org/podcasts>

KHN's 'What the Health?' - an hour's worth of content

<https://play.acast.com/s/khns-what-the-health>

Harvard T.H. Chan School of Public Health: The Forums and Voices in Leadership

<https://theforum.sph.harvard.edu/events/covid-19-women-and-health/>

GPHAP Social Media

GPHAP has a [Facebook Group](#) for Current Students and Alumni. Go to Facebook and search for The UChicago Graduate

Program in Health Administration & Policy or click on: <https://www.facebook.com/groups/gphap/>

There is a [LinkedIn Group](#) for GPHAP Alumni, and **current students are welcome to join**. Click on this [link](#) or go to LinkedIn and search for "GPHAP" and Request to Join. The site is a great source for updates on GPHAP Alumni. **Job Opportunities** also are posted there by the GPHAP Office and by GPHAP Alumni.

GPHAP has a **Twitter** feed @UCgphap.

GPHAP's **Website** is: <https://gphap.uchicago.edu>

Join the **WhatsApp GPHAP Social Group**. Students can reach out to see who is going to GPHAP events or to provide info about other activities. Contact Laura Botwinick for the link to join.

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