

English 102.401 / COML 245.401

Introduction to Psychoanalysis: History, Theory, Practice

fall 2019

Dr. Susan Adelman and Prof. Max Cavitch

MW 5:00-6:20

FBH 231

office hours:

Dr. Adelman

FBH 341

by appointment

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Prof. Cavitch

FBH 341

Fridays, 1:00-3:00

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This course fulfills the following requirements:

Ψ Sector III: Arts & Letters of the College's General Education Curriculum

Ψ One course requirement for the six-course Minor in Psychoanalytic Studies

Ψ Sector 1: Theory and Poetics of the Standard English Major

Ψ Sector 6: 20th-Century Literature of the Standard English Major

the course

This course is designed to introduce you to the clinical, theoretical, and cultural history of psychoanalysis, chiefly through readings on various topics by some of the most important psychoanalytic writers from the late nineteenth century to the present day, including Sigmund Freud, Sándor Ferenczi, Carl Jung, Melanie Klein, Heinz Kohut, Jacques Lacan, D. W. Winnicott, John Bowlby, Juliet Mitchell, Stephen Mitchell, and Christopher Bollas. These readings will help demonstrate how psychoanalysis offers powerful and influential ways of understanding how all of us think, feel, and behave—both as individuals and in relation to other people and larger communities. The course will emphasize how the theory and practice of psychoanalysis, from Freud to the present day, is based fundamentally on the importance of unconscious processes and the complex ways in which those processes affect our lived experience: in childhood development and family relationships; in our wishes, dreams, and fantasies; in our experiences of work, play, love, sex, trauma, and loss; and in our creative, spiritual, and political strivings. Because the course aims to link the academic and the clinical, it is team-taught by a professor English and a psychoanalyst, who will help guide you in different ways to the breadth, variety, and dynamism of psychoanalytic ideas and techniques. In order to stress the interdisciplinary nature and influence of psychoanalysis, we will also read a number of literary, historical, philosophical, and anthropological works that have special relevance to the psychoanalytic exploration of the human condition. Indeed, the course will demonstrate how effective psychoanalytic ideas are in bridging a wide variety of disciplines in the humanities, the social sciences, and the natural sciences—including recent developments in neuropsychology. It is hoped that interested students from all disciplines will find richly illuminating links between psychoanalysis and their own primary field of study.

required texts for purchase

NOT at the Penn Bookstore—please *order them yourself* from your preferred on-line vendor (e.g., Amazon.com), and use the ten-digit ISBNs, listed below, to ensure you purchase the right paperback edition. You should **immediately** order Alison Bechdel’s book, *Are You My Mother?*, which is the first book we’ll be reading.

Ψ Alison Bechdel, *Are You My Mother?* (ISBN: 978-0544002234)

Ψ Stephen Mitchell and Margaret Black, *Freud and Beyond*, rev. ed. (2016) (ISBN: 978-0465098811)

Ψ Annie Rogers, *A Shining Affliction* (ISBN: 978-0140240122)

exams, assignments, and requirements

Ψ attendance at all class meetings

Ψ occasional unannounced quizzes (first five minutes of class; quizzes will focus on the reading assignment for that day) ~ 40%

Ψ essay #1 (5 pages) ~ 30%

Ψ essay #2 (5 pages) ~ 30%

quizzes

Each unannounced quiz will begin promptly at 5:00 and will be collected at 5:05. Each quiz will consist of short-answer questions only, and the questions will be based on the assigned readings for that day. If you are absent or arrive late, your quiz grade will be 0. There will be no make-up quizzes, unless you are absent due to illness and can provide a note from your academic advisor or healthcare provider. Your lowest quiz grade of the semester will be dropped.

essays

Essay assignments will be posted at least one week before their due dates, which are indicated on the schedule of classes below. Essays must be posted to the courses Canvas site before midnight on the due date. Late essays will be accepted only at our discretion and (if accepted) will be marked down one-third of a letter grade for each day beyond the deadline. Prepare your essays according to the following specifications. If these specifications are not met, your essay will be returned to you for immediate correction and will be marked down at least a third of a letter grade for being late:

- 12 pt. font, double-spaced
- 1” margins on all four sides
- give it a good title—one that reflects in some way the argument or main point of your essay
- mark all pages with your name and the page number
- quote accurately and provide full bibliographic citations, using either APA, MLA, or Chicago citation style
- upload your essays to the Canvas site in .doc or .docx format only

schedule of classes

All readings marked with an asterisk (*) are available for printing/downloading—just click on the link. You must bring to class with you a copy, whether print or electronic, of that day's assigned reading(s). If you prefer downloading electronic copies, you must use a pdf reader app that enables you to underline and make notes on your electronic copy (one excellent such app is [GoodReader](#)).

W 8/28 INTRODUCTION TO THE COURSE

M 9/2 NO CLASS—LABOR DAY

W 9/4 Ψ Alison Bechdel, *Are You My Mother?*

M 9/9 Ψ Sigmund Freud, *The Interpretation of Dreams* (1900), [chapter 2](#) *
Ψ Sigmund Freud, [On Dreams](#) (1901) *
Ψ bring your copy of *Are You My Mother?* to class

W 9/11 Ψ Stephen Mitchell and Margaret Black, “Preface” and “Sigmund Freud and the Classical Psychoanalytic Tradition” (ch. 1 of *Freud and Beyond*)

The Development of Freudian Psychoanalysis: Invention of the “Talking Cure” and the Question of Sexuality

M 9/16 Ψ Josef Breuer, [“Fräulein Anna O.”](#) (1895) *

Ψ Sigmund Freud, [“Fragment of an Analysis of a Case of Hysteria \(‘Dora’\)”](#) (1905), 1-63 *

W 9/18 Ψ Sigmund Freud, “Fragment of an Analysis of a Case of Hysteria (‘Dora’)” (1905), 64-122 *

M 9/23 Ψ Sigmund Freud, [Three Essays on the Theory of Sexuality](#) (1905), 123-206 *

W 9/25 Freud, *Three Essays*, 207-243 *

Freud’s New/Old Anatomy of the Mind

M 9/30 Ψ Sigmund Freud, [The Ego and the Id](#) (1923), 1-39 *

W 10/2 Ψ Freud, *The Ego and the Id*, 40-66 *

F 10/4 **ESSAY #1 DUE**

Psychoanalysis as Political Theory...and a Fateful Year

M 10/7 Ψ Sigmund Freud, [*Civilization and Its Discontents*](#) (1930), 57-145 *

Ψ “W. H. Auden, [“In Memory of Sigmund Freud”](#) (1939) *

The Early Ego, Its Defenses, and Its Futures

W 10/9 Ψ Anna Freud, *The Ego and the Mechanisms of Defence* (1936), [chapters 3-5](#) *

Ψ Erik Erikson, [“Eight Ages of Man”](#) (1950) *

Ψ Stephen Mitchell and Margaret Black, “Ego Psychology” (ch. 2 of *Freud and Beyond*)

10/10-10/13 FALL BREAK

Object Relations

M 10/14 Ψ Sigmund Freud, [“Mourning and Melancholia”](#) (1917) *

Ψ Melanie Klein, [“A Contribution to the Psychogenesis of Manic Depressive States”](#) (1935) *

Ψ Stephen Mitchell and Margaret Black, “Melanie Klein and Contemporary Kleinian Theory” (ch. 4 of *Freud and Beyond*)

W 10/16 Ψ W. R. D. Fairbairn, [“The Repression and the Return of Bad Objects”](#) (1943) *

M 10/21 Ψ D. W. Winnicott, [“Transitional Objects and Transitional Phenomena”](#) (1953) *

Ψ D. W. Winnicott, [“Ego Distortion in Terms of True and False Self”](#) (1960) *

Ψ Stephen Mitchell and Margaret Black, “The British Object Relations School: W. R. D. Fairbairn and D. W. Winnicott” (ch. 5 of *Freud and Beyond*)

W 10/23 Ψ D. W. Winnicott, [“Hate in the Countertransference”](#) (1947) *

Ψ Kathleen Pogue White, [“Surviving Hating and Being Hated: Some Personal Thoughts About Racism from a Psychoanalytic Perspective”](#) (2002)*

Attachment and Attachments

M 10/28 Ψ John Bowlby, [“Separation Anxiety”](#) (1960)*

Ψ John Bowlby, [“Grief and Mourning in Infancy and Early Childhood”](#) (1960)*

Ψ [“Maternal deprivation in young children. Psychotherapy with orphans, 1951 film showing case studies”](#) (video clip)

W 10/30 Ψ Selma Fraiberg et al., [“Ghosts in the Nursery: A Psychoanalytic Approach to the Problem of Impaired Infant-Mother Relationships”](#) (1975) *

Ψ Ainsworth’s “Strange Situation” (video clips):

[“The Strange Situation - Reunion - Attachment Theory”](#)*

[“Measuring Attachment: Strange Situation”](#)*

M 11/4 **The Interpersonal and Relational Turns**

Ψ Stephen Mitchell and Margaret Black, “Harry Stack Sullivan and Interpersonal Psychoanalysis” (ch. 3 of *Freud and Beyond*)

Ψ Lewis Aron, [“The Patient’s Experience of the Analyst’s Subjectivity”](#) (1991) *

Ψ recommendation: If you can, get a head-start reading Annie Rogers’s *A Shining Affliction* (the required reading for 11/13 and 11/18).

Feminist Critiques: Freudian and Post-Freudian Psychoanalysis

W 11/6 Ψ Sigmund Freud, [“Female Sexuality”](#) (1931) *

Ψ Stephen Mitchell and Margaret Black, “Gender and Sexuality” (from ch. 8 of *Freud and Beyond*)

M 11/11 Ψ Nancy Chodorow, [“Gender, Relation and Difference in Psychoanalytic Perspective”](#) (1979) *

Ψ Judith Butler, [“Melancholy Gender—Refused Identification”](#) (1995) *

Trauma, Dissociation, and Self-States

W 11/13 Ψ Annie Rogers, *A Shining Affliction*, read up to p. 185

M 11/18 Ψ Rogers, *A Shining Affliction*, pp. 186-320

W 11/20 Ψ Sándor Ferenczi, [“Confusion of Tongues between Adults and the Child—The Language of Tenderness and of Passion”](#) (1933) *

Ψ Susan Coates, [“Can Babies Remember Trauma? Symbolic Forms of Representation in Traumatized Infants”](#) (2016) *

F 11/22 ESSAY #2 DUE

M 11/25 Ψ Avgi Saketopoulou, [“Minding the Gap”](#) (2011) *

W 11/27 NO CLASS—FRIDAY CLASS SCHEDULE

Looking Inward, Outward, and Beyond

M 12/2 Ψ Sigmund Freud, [“On Narcissism: An Introduction”](#) (1914) *

Ψ Mark Epstein, [“Meditative Transformations of Narcissism”](#) (2007) *

W 12/4 Ψ Evan Osnos, [“Meet Dr. Freud: Does Psychoanalysis Have a Future in an Authoritarian State?”](#), *New Yorker* (January 10, 2011) *

Ψ [Psychoanalysis in El Barrio](#) (film)

Ψ [Black Psychoanalysts Speak](#) (film)

The Brain and the Mind: Neuropsychanalysis

M 12/9 Ψ Mark Solms, [“The Scientific Standing of Psychoanalysis”](#) (2018) *

Ψ Mark Solms, [“What Is ‘The Unconscious,’ and Where Is It Located in the Brain? A Neuropsychanalytic Perspective”](#) (2017) *

12/10-12/11 READING PERIOD

12/12-12/19 EXAM PERIOD—THERE IS **NO** FINAL EXAM FOR THIS COURSE