



MindCORE Writing Room

Commitment Contract

I commit to attending the MindCORE Writing Room sessions from 9am-12pm for all four dates.

I commit to attending the following days:

- Thursday January 9th
- Thursday January 16th
- Thursday January 23rd
- Thursday January 30th

I commit to respecting and abiding by the rules of the space.

OPTIONAL: I commit to using the following commitment devices:

- Goal formation and planning worksheet
- Money deposit to be returned on date of completion
- Partner check-ins at least twice a session

Project or goal to be accomplished: _____

Name (printed)

Signature

Date