

Facility	Providers	Address	STAT/Urgent	Wait times	Notes	Phone	Fax	Website	Other notes
Sutter Health / PAMF Referral Center, all specialties				use in addition to direct specialty fax number		(888) 834-1788	(916) 503-7632		
Acupuncture									
Natural Bridges Acupuncture Clinic	Escobar	550 Palm St, Santa Cruz				(831) 419-7885	(831) 421-9086	https://www.naturalbridgesacupuncture.com/	
Vitality Wellness Center	Bernardi-Wright, Ramey-Bernardi	1011 Center St, Santa Cruz				(831) 325-9691	(831) 295-6206	https://www.acupun.com/	
Lin Acupuncture Clinic	Lin	3121 Park Ave Ste J, Soquel				(831) 476-8355	(831) 476-8359		
Allergy/Immunology									
Santa Cruz ENT	Spilman, Teng, Xiao	550 Water St Ste A, Santa Cruz	triage first, can do peer-to-peer scheduling	4 weeks	Do not treat insect sting allergy	(831) 476-4414	(831) 476-0264	https://scentmd.com/	
Allergy & Asthma Associates of Northern California	Wolfe, Goldsobel, Levenson, Gandhe	3329 Mission Drive, Santa Cruz	no same day, but can fit in to be seen next day / within a week	2 weeks		(831) 479-6933	(831) 479-6940	https://www.allergycare.com/santa-cruz-allergy-asthma.php	%40 discount if cash pay
PAMF Allergy	Gowda, Kim	3035 North Main St, Soquel	triage first	5 weeks		(831) 458-5526	(831) 458-6952	https://www.sutterhealth.org/find-doctor/city/soquel/allergists	
Cardiology									
Cardiovascular Associates of Santa Cruz	Johnson, Singh, Ochoa	1595 Soquel Dr Ste 220, Santa Cruz	triage first, can do peer-to-peer scheduling	2 weeks		(831) 464-3801	(831) 464-2737	https://www.dignityhealth.org/ourdoctors/r/santa-cruz-ca/cardiovascular-associates	
PAMF Cardiology	Brandt, Dulbecco, English, Sawhney, Sturzu	2025 Soquel Ave, Santa Cruz	triage first, will message provider to return peer-to-peer call	4 weeks		(831) 458-5820	(831) 684-7701	https://www.sutterhealth.org/find-doctor/city/santa-cruz/cardiologists	other fax (831) 684-7703
Monterey Bay Cardiovascular Center	Potkin	73 Penny Lane, Watsonville	only if there's an opening on the schedule	4 weeks		(831) 479-9500	(831) 761-8600	https://mbcvc.com/	tilt table test, referral fax (831) 728-1108
Chiropractor									
Surf City Chiropractic	Smith	550 Water St Bld. C, Santa Cruz				(831) 426-6450	(831) 426-0418	https://www.surfcitychiropractic.com/	
	Dr. Deborah Vitale	340 Soquel Ave, Ste 101, Santa Cruz			bring paper referral or email PDF	(831) 239-5854	no fax		
Dermatology									
California Skin Institute	Eleryan	3311 Mission Drive, Santa Cruz	no urgent referrals	3 months		(831) 475-4315	(831) 475-6526	https://www.californiaskinstitute.com/locations/dermatologist-santa-cruz-ca/	
Dermatology Surgical Medical Group (Forefront Dermatology)	Magid, Calciano, Shields, Segal	1661 Soquel Dr Bld E, Santa Cruz	no urgent referrals unless skin cancer dx	3 months		(831) 476-2444	(831) 476-0705	http://www.scderm.com/	other fax (831) 476-3271. will bill any insurance as courtesy.
California Skin Institute	Noodleman, Albridge	204 Green Valley Rd, Freedom	no urgent referrals	10 weeks		(831) 728-2005	(831) 728-3310	https://www.californiaskinstitute.com/locations/dermatologist-freedom-ca/	
Advanced Dermatology & Skin Surgery	Hsieh	14830 Los Gatos Blv Ste 100, Los Gatos	triage first	4 weeks		(408) 358-1256	(408) 358-1826	https://www.advanderm.com/	
Advanced Dermatology & Skin Surgery	Hsieh	4155 Moorpark Ave Ste 3, San Jose	triage first	3 weeks		(408) 217-1905	(408) 244-1318	https://www.advanderm.com/	
Kalia Dermatology & Laser Center (Forefront Dermatology)	Gin, Wilson	15055 Los Gatos Blvd Ste 100, 240 & 310, Los Gatos	triage first	5 weeks		(408) 356-1000	(408) 356-1125	https://www.kaliaskincare.com/	will bill Kaiser
California Skin Institute		2420 Samaritan Dr, San Jose	no urgent referrals			(669) 240-2614	(408) 369-5625	https://www.californiaskinstitute.com/locations/dermatologist-los-gatos-ca/	
PAMF Dermatology	Albrecht, Dacey, Grzeszkiewicz, Holloway, Kanzler, Liao, Segal	2950 Research Park Dr, Soquel			NOT ACCEPTING NEW PATIENTS	(831) 458-5548	(831) 458-5885	https://www.sutterhealth.org/find-doctor/city/soquel/dermatologists	
Stanford Genital Dermatology Clinic	Joanna Badger	450 Broadway St, Pavilion B 4th Floor, Redwood City				(650) 723-6316	(650) 320-9443	https://stanfordhealthcare.org/doctors/b/joanna-badger.html	
Endocrinology									
Sutter Health / PAMF Endocrinology	Gill, Kapadia, Yehuda, Saligram	815 Bay Ave, Capitola	triage first	2 months		(831) 460-7333	(831) 458-6999	https://www.sutterhealth.org/find-doctor/city/capitola/endocrinologists	
Dignity Health Endocrinology	Pardini	1595 Soquel Dr Ste 411, Santa Cruz	triage first, can do peer-to-peer scheduling	4 weeks		(831) 475-8834	(831) 462-2058	https://www.dignityhealth.org/ourdoctors/m/dominican?specialties=Endocrinology%7CEndocrinology.%20Diabetes%20and%20Metabolism&location=santa%20cruz-ca	
Sutter Health / PAMF Endocrinology	Aghighi, Pujare, Udayasankar	15720 Winchester Blvd, Los Gatos			NOT SEEING SANTA CRUZ PATIENTS	(408) 730-4211	(408) 854-3745	https://www.sutterhealth.org/find-doctor/city/los-gatos/endocrinologists	
Bass Medical Group Endocrinology	Cherlin, Maharaj	15899 Los Gatos Almaden Rd Ste 12, Los Gatos	triage first, can do peer-to-peer scheduling	4 weeks		(408) 358-2663	(408) 358-1683	https://www.bassmedicalgroup.com/doctor-specialty/endocrinology	
ENT / Audiology									
Santa Cruz ENT / Hearing Center	Spilman, Teng, Hajek	550 Water St Ste A, Santa Cruz	triage first, can do peer-to-peer scheduling	4 weeks		(831) 476-4414	(831) 476-0264	https://scentmd.com/	\$200
Santa Cruz ENT / Hearing Center	Spilman, Teng	243 Green Valley Rd Ste B, Freedom	can expedite through their referral coordinator	1 week		(831) 724-9449	(831) 476-0264	https://scentmd.com/	other fax (831) 724-1971, other referrals fax (866) 835-6533
PAMF ENT / Audiology	Hetzler, Krause, Montgomery, Wang	2950 Research Park Dr, Soquel	triage first	3 months		(831) 458-6272	(831) 458-6961	https://www.sutterhealth.org/find-doctor/city/soquel/ent-doctors	
Camino Ear, Nose & Throat Clinic	Carter, Chaung, Murray, Nelson, Samji	2577 Samaritan Drive #765, San Jose				(408) 227-6300	(408) 227-6314	https://caminoent.com/	
Gastroenterology									
Monterey Bay Gastroenterology	Bennet, Majuk	1505 Soquel Dr Ste 12, Santa Cruz	triage first, can do peer-to-peer scheduling	7 weeks		(831) 713-5050	(831) 475-0105	https://www.dignityhealth.org/ourdoctors/r/santa-cruz-ca-95060/monterey-bay-gastroenterology	other fax (831) 475-0101
Dignity Health Gastroenterology	Anjelly, Mukthinuthalapati	1595 Soquel Dr, Ste 350, Santa Cruz			NOT ACCEPTING NEW PATIENTS	(831) 430-7130	(831) 462-1024	https://www.dignityhealth.org/dhmf/locations/santa-cruz-gastroenterology	other fax (831) 475-1187
PAMF Gastroenterology	Gandhi, Mohamed, Palascak, Thaker, Yoo	1662 Dominican Way, Santa Cruz			NOT ACCEPTING NEW PATIENTS	(831) 460-7350	(831) 460-7351	https://www.sutterhealth.org/find-doctor/city/santa-cruz/gastroenterologists	

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Coastal Health Partners	Bi	65 Nielson St Ste 102, Watsonville	peer-to-peer scheduling	2 months		(831) 768-6266	(831) 288-0897	https://www.mycostalhealthpartners.com/gastroenterology	
Monterey Bay GI Consultants	Luba, Hell, Katz, Mendoza, Fiorenza, Hu, Razzak	212 San Jose St Ste 200, Salinas	triage first, can do peer-to-peer scheduling	2 weeks		(831) 375-3577	(831) 375-1478	https://www.montereygi.com/	
Monterey Bay GI Consultants	Luba, Hell, Swanson, Moonan, Katz, Mendoza, Kamler, Fiorenza, Hu, Razzak	23 Upper Ragsdale Dr Ste 200, Monterey	triage first, can do peer-to-peer scheduling	2 weeks		(831) 375-3577	(831) 375-1478	https://www.montereygi.com/	
Unio Specialty Care	Gannavarapu, Garcia, Nguyen, Da Silveira	14901 National Ave Ste 101, Los Gatos	triage first	4 weeks		(408) 461-6880	(408) 471-3333	https://uniospecialtycare.com/location/genesis-healthcare-gastroenterology-los-gatos/	accepts Kaiser HMO with referral
Sutter Health / PAMF Gastroenterology	Huang, Spencer, Vittal, Yang	2506 Samaritan Ct, San Jose	triage first	2 weeks		(408) 523-3000	(408) 523-3007	https://www.sutterhealth.org/find-doctor/city/san-jose/gastroenterologists	
San Jose Gastroenterology	Levitt, Kutty, Nguyen, Trinh, Nguyen, Purohit, Shieh, Tran, Gish, Yang, Wong, Hsu	3 locations in San Jose	no urgent referrals	6 weeks		(408) 347-9001	(408) 347-9004	https://www.sjgi.com/	
Peninsula Gastroenterology Medical Group	Torosis, Yang, Rengstorff, Leung	2495 Hospital Dr Ste 600, Mountain View	peer-to-peer scheduling	3 weeks		(650) 964-3636	(650) 368-3836	https://www.gipractice.com/	
DO NOT REFER	Dr. Choudhary Abhishek	2500 Hospital Drive, Bld 8, Ste B, Mountain View	DR'S OFFICE REQUESTS \$300 UP FRONT PRIOR TO SCHEDULING						
Gender Affirming Services									
Pride Clinic (Sutter Health/PAMF)	Schreck	1301 Mission St, Santa Cruz			Leave a voicemail and they will get back to you within 72 hours	(831) 458-6229	(831) 458-6305	https://www.sutterhealth.org/find-location/facility/westside-center	
Planned Parenthood Watsonville Health Center	All providers	398 South Green Valley Rd, Watsonville				(831) 724-7525	(831) 724-7438	https://www.plannedparenthood.org/health-center/california/watsonville/95076/watsonville-health-center-2229-90130	
General Surgery									
PAMF General Surgery	Dakkuri, Hansman, Hertz, Sheldon	2911 Chanticleer Ave, Santa Cruz	triage first	3 weeks	GI, Robotic, Breast, Thyroid, CA, Hernia, Laparoscopic, Endocrine, Colorectal	(831) 477-2350	(831) 477-2360	https://www.sutterhealth.org/find-doctor/city/santa-cruz/surgeons	
Surgical Associates of Monterey Bay	Lo, Waddle, Lee, Santillano, Nguyen	1668 Dominican Way, Santa Cruz	anyone can call but depends on the dx	2 weeks	Laparoscopic, Vascular, Breast (no reduction), GB, Wound, Thoracoscopy, Robotic, Endocrine, GI	(831) 464-9962	(831) 464-9933	https://www.surgicalassociatesmb.com/	accepts Kaiser HMO with referral
Genetic Counseling									
PAMF Genetic Counseling	Moss	2850 Commercial Crossing, Santa Cruz		4 weeks	Telehealth only, new patients with cancer diagnosis or family history of cancer only	(831) 460-7355	(408) 730-2801	https://www.sutterhealth.org/find-doctor/city/Santa%20Cruz/genetic-counselors-1042264141	
UCSF Genetics and Preventive Genomics Clinic	So, Wallerstein	2330 Post St Ste 219, San Francisco				(415) 476-2757	(415) 476-9305	https://www.ucsfhealth.org/clinics/genetics-and-preventive-genomics-clinic	
Stanford Division of Medical Genetics		730 Welch Rd, Palo Alto				(650) 721-5804	(650) 498-4555	https://med.stanford.edu/medicalgenetics.html	
Hand / Occupational Therapy									
Dominican Physical Therapy and Rehabilitation		111 Madrone St, Santa Cruz		1 week		(831) 457-7057	(831) 457-7071	https://locations.dignityhealth.org/dominican-hospital-outpatient-rehabilitation-center	
VibrantCare Physical Therapy		548 Ocean St, Santa Cruz		1 week		(831) 423-3196	(831) 423-0755	https://vibrantcare.com/location/santa-cruz/	
Hand Surgery									
Dr. Stefan Klein		3143 Paul Sweet Rd, Santa Cruz Tue, Thu only	peer-to-peer scheduling	2 weeks	Hand to shoulder	(831) 462-4801	(831) 462-4756	http://www.stefankleinmd.com/	3 PM urgent care, Tue and Thu, x-rays and notes, CD to carry
PAMF Hand/Plastic Surgery	Imahara, Kerley, Leland	2950 Research Park Dr, Soquel	triage first, can do peer-to-peer scheduling	7 weeks	Trauma, Upper/Lower Extremity Injuries, Wrist	(831) 458-6272	(831) 458-6961	https://www.sutterhealth.org/find-doctor/city/soquel/hand-surgeons	other fax (831) 458-6274
Dignity Health Hand Surgery	Yen, Nacamuli	1595 Soquel Dr Ste 310, Santa Cruz	anyone can call and schedule	1 week	Hand, Facial, Breast Reconstructions, Aesthetic Surgery, No Wrist (send to Dr. Hohn)	(831) 464-8880	(831) 464-8881	https://www.dignityhealth.org/ourdoctors/r/santa-cruz-ca-95060/plastic-surgery-dignity	
Golden State Orthopedics and Spine	Mensch	4140 Jade St Ste 100, Capitola	anyone can call and schedule	3 weeks	Ortho urgent care, Hand to shoulder	(831) 475-4024	(408) 412-8137	https://www.goldenstateortho.com/location/capitola/	
Infectious Disease									
Dignity Health Infectious Disease	Kaufmann, Ramaprasad, Singh	1595 Soquel Dr Ste 411, Santa Cruz	triage first	2 weeks		(831) 475-8834	(831) 462-2058	https://www.dignityhealth.org/ourdoctors/m/dhmf-california?location=santa%20cruz-ca&specialties=Infectious%20Disease	Dr. Kaufmann's direct line 831-359-8064
PAMF Infectious Disease	Febles	1667 Dominican Way Ste 230, Santa Cruz		depends on dx / urgency	Mon-Thu, INTERNAL PAMF REFERRALS ONLY	(831) 458-6240	(831) 477-9026	https://www.sutterhealth.org/find-doctor/city/santa-cruz/infectious-disease-specialists	
Nephrology									
Dignity Health Nephrology	Singh, Rodriguez, Wang	1595 Soquel Dr Ste 110, Santa Cruz	triage first	3 months		(831) 476-1551	(831) 476-3241	https://www.dignityhealth.org/ourdoctors/s/Nephrology/santa-cruz-ca-95060	
PAMF Nephrology	Jog, Raffo, Rana, Rodwell	2025 Soquel Ave, Santa Cruz			NOT ACCEPTING NEW PATIENTS	(831) 458-5597	(831) 423-6517	https://www.sutterhealth.org/find-doctor/city/santa-cruz/nephrologists	
Coastal Health Partners	Bakhtar	65 Nielson St Ste 102, Watsonville	triage first	depends on dx / urgency		(831) 768-6217	(831) 768-6219	https://www.mycostalhealthpartners.com/nephrology	

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Neurology									
Dr. Joydip Bhattacharya		1575 Soquel Dr Ste B, Santa Cruz	anyone can call and schedule, can do peer-to-peer scheduling	5 weeks		(831) 454-0599	(831) 454-9157	https://www.dignityhealth.org/ourdoctors/1245277714-joydip-bhattacharya	
Dr. Milan Patel		4767 Soquel Dr, Soquel	anyone can call and schedule, can do peer-to-peer scheduling	5 weeks		(831) 477-9912	(831) 476-2815		
PAMF Neurology	Brunelli, Gansaeuer	1661 Soquel Dr Ste F, Santa Cruz	triage first	3 months	ACCEPTING NEW PATIENTS CASE BY CASE. No concussions	(831) 460-6041	(831) 476-7708	https://www.sutterhealth.org/find-doctor/city/santa-cruz/neurologists	
San Jose Pacific Neurology Center	Gupta, Shah	200 Jose Figueres Ave Ste 200, San Jose		3 weeks		(408) 347-1600	(408) 347-0600	https://www.pacificneurology.com/	
Bridge Medical Neurology	Ibrahimi	175 N. Jackson Ave Ste 202, San Jose	triage first	3 weeks		(669) 235-4188	(669) 235-4221	https://www.bridgemedicalneurology.com/	
Neuranimus	Tiwari, Arbuckle	135 N Jackson Ave Ste 202, San Jose	triage first	3 weeks		(408) 508-6218	(408) 351-0435	https://www.neuranimus.com/	
Neurosurgery / Spine Surgery									
PAMF Neurosurgery	Summa	1661 Soquel Dr Ste F, Santa Cruz	triage first	3 weeks	Spinal Disorders	(831) 460-6042	(831) 476-8819	https://www.sutterhealth.org/find-doctor/dr-christopher-d-summa17256	
Stanford Neurosurgery Clinic in Santa Cruz	Harraher, Waters, Han	1595 Soquel Drive Ste 360, Santa Cruz			Brain and spinal disorders	(831) 475-5232	(831) 475-5733	https://stanfordhealthcare.org/medical-clinics/neurosurgery-santa-cruz.html	
Nutrition									
Dominican Center For Lifestyle Management		1555 Dominican Way, Santa Cruz				(831) 457-7077	(831) 457-7149	https://www.dignityhealth.org/bayarea/locations/dominican/services/health-wellness/nutrition-counseling	
PAMF Nutrition	Moran, Reyes	815 Bay Ave, Capitola			INTERNAL PAMF REFERRALS ONLY	(831) 460-7333	(831) 458-6999	https://www.sutterhealth.org/find-doctor/city/capitola/dietitiansnutritionists	
PAMF Weight Management	Lotfi, Mehmood	815 Bay Ave, Capitola			INTERNAL PAMF REFERRALS ONLY	(831) 460-7333	(831) 458-6999	https://www.sutterhealth.org/find-doctor/city/capitola/weight-loss-doctors	
Dandelion Nutrition		telehealth			Eating Disorders, Nutrition Counseling	(206) 799-7010	(206) 866-0204	https://www.dandelionnutrition.com/	
Health Loft		telehealth			Eating Disorders, Nutrition Counseling	(866) 691 1745	(855) 631-0531	https://healthloftco.com/	
Nourish		telehealth			Eating Disorders, Nutrition Counseling	works through app, no phone number	(512) 399-9039	https://www.usenourish.com/	
Obstetrics/Gynecology									
Dignity Health OB/GYN	Hatfield, Jackson, Moreland, Sablan, Sarma, Titen	1505 Soquel Dr Ste 1, Santa Cruz	GYN - triage first, OB - priority scheduling	2 weeks	No routine px/Paps at this time, short-staffed	(831) 465-5440	(831) 462-2017	https://www.dignityhealth.org/dhmf/locations/santa-cruz-obgyn2	
PAMF OB/GYN	Beingesser, Day, Kamalani, Karimoto, Khuc, Lawson, Mooney, Moore, Northey, Oderman, Park, Rider	2907 Chanticleer Ave, Santa Cruz	triage first		ACCEPTING NEW PATIENTS CASE BY CASE	(831) 477-2375	(831) 477-2380	https://www.sutterhealth.org/find-doctor/city/santa-cruz/obstetricians	
Planned Parenthood Watsonville Health Center	All providers	398 South Green Valley Rd, Watsonville	anyone can call and schedule, can do peer-to-peer scheduling	1 week	Medical abortions	(831) 724-7525	(831) 724-7438	https://www.plannedparenthood.org/health-center/california/watsonville/95076/watsonville-health-center-2229-90130	
Planned Parenthood San Jose Central Health Center	All providers	1691 The Alameda, San Jose	anyone can call and schedule, can do peer-to-peer scheduling	1 week	Medical and surgical abortions	(408) 287-7526	(408) 971-6963	https://www.plannedparenthood.org/health-center/california/san-jose/95126/san-jose-central-health-center-3263-90130	
Planned Parenthood Seaside Health Center	All providers	625 Hilby Ave, Seaside	anyone can call and schedule, can do peer-to-peer scheduling	1 week	Medical and surgical abortions	(831) 394-1691	(831) 394-1870	https://www.plannedparenthood.org/health-center/california/seaside/93955/seaside-health-center-2233-90130	
Oncology/Hematology									
Central Coast Oncology & Hematology	McMullen, Yen	1669 Dominican Way, Santa Cruz	triage first, can do peer-to-peer scheduling	3-4 weeks		(831) 475-2220	(831) 475-2221	https://www.ccohdmd.com/	
Dignity Health Oncology/Hematology	Ferzoco, Jaffe	1595 Soquel Dr Ste 350, Santa Cruz	triage first, can do peer-to-peer scheduling	4-6 weeks		(831) 427-7110	(831) 462-1024	https://www.dignityhealth.org/dhmf/locations/santa-cruz-cancer-clinic2	
PAMF Oncology	Ahluwalia, Wang, Wong, Wu	2850 Commercial Crossing, Santa Cruz	triage first	4 months		(831) 460-7355	(831) 684-7703	https://www.sutterhealth.org/find-doctor/city/Santa%20Cruz/oncologists-1042266014	
Ophthalmology									
Plaza Lane Optometry	Buell, Heyano, Simmons	1537 Pacific Ave Ste 100, Santa Cruz			Glaucoma work up only	(831) 429-2020	(831) 429-2945	https://www.plazalaneoptometry.net/	
Bay Eye Medical Group	Zhou, Hsei, Cheng, Solomon, Babad	1665 Dominican Way Ste 124, Santa Cruz	anyone can call and schedule, can do peer-to-peer scheduling		STAT	(831) 475-7012	(831) 475-1512	http://www.santacruzeyedoctor.com/	Cheng - anything cornea
Bay Eye Medical Group	Zhou, Hsei, Cheng, Solomon	65 Aspen Way, Watsonville	anyone can call and schedule, can do peer-to-peer scheduling		STAT	(831) 761-5488	(831) 761-5487	http://www.santacruzeyedoctor.com/	Cheng - anything cornea
Retinal Diagnostic Center	Chen, Chow, Dessouki, He, Syed	1663 Dominican Way Ste 110-A, Santa Cruz			Retina only	(831) 476-5888	(831) 476-5563	https://www.retinaldiagnostic.com/	
Spectrum Eye Physicians	El-Sawy (ocular plastics only), Chang (Tue)	1663 Dominican Way Ste 212, Santa Cruz				(831) 226-2636	(888) 972-8986	https://www.spectrumeye.com/eye-doctor/	
Spectrum Eye Physicians	Chang, Basham	40 Penny Lane Ste 103, Watsonville			STAT	(831) 728-2020	(831) 724-9551	https://www.spectrumeye.com/location-city/watsonville/	
PAMF Ophthalmology	Kesler-Diaz, Luksich, St. Clair	2025 Soquel Ave, Santa Cruz	triage first		STAT	(831) 458-5640	(831) 423-9556	https://www.sutterhealth.org/find-doctor/city/santa-cruz/ophthalmologists	St. Clair - anything cornea

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Optometry									
EyeQ Optometry	Noel Krok, Stephanie Krok, Richter, Shen, Vasquez	1101 Pacific Ave, Santa Cruz			STAT, Mon-Sat	(831) 466-3937	(831) 466-3421	https://www.eyeqsantacruz.com/	
Plaza Lane Optometry	Buell, Heyano, Simmons	1537 Pacific Ave Ste 100, Santa Cruz			Mon-Sat	(831) 429-2020	(831) 429-2945	https://plazalaneoptometry.com/	
Santa Cruz Optometric Center (Total Vision)	Jones, Shahidi	904 Cedar St, Santa Cruz			Scleral lenses, Topography	(831) 400-5672	(831) 423-1050	https://santacruzoptometric.com/_	
InSight Eyecare Optometry	Singh	2121 41st Ave Ste# 108, Capitola				(831) 476-7744	(831) 464-1515	https://insighteyecareoptometry.com/	
InSight Eyecare Optometry	Singh, Zhu	255 D Mt. Hermon Rd, Scotts Valley				(831) 438-5526	(831) 438-8643	https://insighteyecareoptometry.com/	
Orthopedic Surgery									
PAMF Orthopedics	Christoffersen, Liu, Spiegel, Welle	2907 Chanticleer Ave, Santa Cruz	triage first	2 weeks	Upper Extremity, Lower Extremity, Back, Sports Med, No Spine (send to Physiatry/PMR)	(831) 477-2325	(650) 942-8302	https://www.sutterhealth.org/find-doctor/city/santa-cruz/orthopedists	other fax (831) 477-2330
Dr. Eric Hohn		2018 Mission St, Santa Cruz	anyone can call and schedule, can do peer-to-peer scheduling	1 week	No Spine, Neck, Ribs, Arms	(831) 867-6521	(831) 425-2034	https://www.dignityhealth.org/ourdoctors/1013261908-eric-hohn	
Dr. Stefan Klein		3141 Paul Sweet Rd, Santa Cruz	anyone can call and schedule, can do peer-to-peer scheduling	2 weeks	Hand to shoulder	(831) 462-4801	(831) 462-4756	http://www.stefankleinmd.com/	
Golden State Orthopedics & Spine	Abidi, Gidvani, Hendow, Heywood, Massih, Mensch	4140 JadeSt Ste 100, Capitola	anyone can call and schedule, can do peer-to-peer scheduling, walk-in for urgent care	4 weeks, same day urgent care Tue-Fri	Ortho urgent care, Upper Extremity, Lower Extremity, Back, Neck, Spine, Sports Med	(831) 475-4024	(408) 412-8137	https://www.goldenstateortho.com/location/capitola/	
Golden State Orthopedics & Spine	Heywood, Mensch	1066 S Green Valley Rd, Watsonville	Tue, Wed, Thu only, 2-5 PM		Upper Extremity, Sports Med	(831)475-4024	(408) 412-8137	https://www.goldenstateortho.com/location/watsonville/	
Golden State Orthopedics & Spine		340 Dardanelli Ln, Los Gatos	walk-in	same day	Ortho urgent care	(408) 412-8100	(408) 412-8137	https://www.goldenstateortho.com/los-gatos-urgent-care/	
Golden State Orthopedics & Spine		2405 Shadelands Dr 1st Fl, Walnut Creek	walk-in	same day	Ortho urgent care	(925) 939-8585	(408) 412-8137	https://www.goldenstateortho.com/urgent-care-walnut-creek/	
Golden State Orthopedics & Spine		101 Sand Creek Rd #B, Brentwood	walk-in	same day	Ortho urgent care	(925) 939-8585	(408) 412-8137	https://www.goldenstateortho.com/urgent-care-brentwood/	
Allied Pain & Spine Institute	Petros, Vaidya, Keyme, Delisser, Polsunas, Karandikar, Alocozy, Cowan, Hua	1604 Blossom Hill Rd Ste 10, San Jose	triage first, can do peer-to-peer scheduling	2 week		(408) 784-7515	(408) 827-4171	https://myalliedpain.com/san-jose-blossom-hill	
Pain Medicine									
P.R.I.M.E. Pain Medicine Institute	Li, Devenenzi, Castelli	4140 Jade St Ste 102, Capitola	triage first, Tue, Fri only	1 week	Pain Management	(831) 464-7246	(831) 464-7744	https://www.primepain.com/	
Allied Pain & Spine Institute	Petros, Vaidya, Keyme, Delisser, Polsunas, Karandikar, Alocozy, Cowan, Hua	14777 Los Gatos Blvd Ste 202, Los Gatos	triage first, can do peer-to-peer scheduling	2 week	Pain Management	(408) 784-7515	(408) 827-4171	https://myalliedpain.com/los-gatos	
Physiatry / Physical Medicine and Rehabilitation									
PAMF Physical Medicine/Rehabilitation	Jan, Kao, Marcus	2911 Chanticleer Ave, Santa Cruz	triage first	2 week	NOT ACCEPTING NEW PATIENTS	(831) 477-2350	(831) 458-6371	https://www.sutterhealth.org/find-doctor/city/santa-cruz/physiatrists	other fax (831) 479-6613
Dignity Health Physical Medicine & Rehabilitation	Ryan, Herrick, Duong, Guzel, Yu, Koenig	1595 Soquel Dr Ste 140, Santa Cruz	triage first, can do peer-to-peer scheduling	3 months		(831) 462-4444	(831) 462-4488	https://www.dignityhealth.org/dhmf/locations/santa-cruz-physical-medicine-rehabilitation	
Allied Pain & Spine Institute	Petros, Vaidya, Keyme, Delisser, Polsunas, Karandikar, Alocozy, Cowan, Hua	14777 Los Gatos Blvd Ste 202, Los Gatos	triage first, can do peer-to-peer scheduling	2 week		(408) 784-7515	(408) 827-4171	https://myalliedpain.com/los-gatos	
Physical Therapy									
VibrantCare Physical Therapy		548 Ocean St, Santa Cruz			Vestibular, Hand/OT	(831) 423-3196	(831) 423-0755	https://vibrantcare.com/location/santa-cruz/	
Premier Physical Therapy		1003 River St Ste C, Santa Cruz			Ultrasound (No Hand), Vestibular	(831) 457-1800	(831) 457-1802	https://www.premiersmpt.com/	accepts Kaiser HMO with referral
Dominican Physical Therapy and Rehabilitation		111 Madrone St, Santa Cruz		1 week	Vestibular, Speech, Hand/OT, TMJ	(831) 457-7057	(831) 457-7071	https://locations.dignityhealth.org/dominican-hospital-outpatient-rehabilitation-center	Medi-Cal accepted
DeWitt Physical Therapy		2724 Soquel Ave Ste B, Santa Cruz			Sports	(831) 475-2565	(831) 475-2572	https://www.dewittpt.com/	
FYZICAL Therapy & Balance Centers		1200 41st Ave Ste H, Capitola			Vestibular, Pelvic Floor	(831) 346-6886	(831) 346-6884	https://www.fyzical.com/capitola-ca	
Golden State Orthopedics & Spine PT		1350 41st Ste 100, Capitola			Not taking any new TMJ patients	(831) 706-2085	(831) 417-3799	https://www.goldenstateortho.com/capitola-physical-therapy/	Medi-Cal accepted
Ronning Physical Therapy		2505-C Cabrillo College Dr, Aptos			Ultrasound (No Hand)	(831) 464-3901	(831) 464-3010	https://www.ronningpt.com/	
PAMF Santa Cruz Physical Therapy		1529 Seabright Ave, Santa Cruz			Hand/OT, Pelvic Floor, Ultrasound	(831) 458-6230	(831) 458-6234	https://www.sutterhealth.org/find-doctor/city/santa-cruz/physical-therapists	
Plastic / Reconstructive Surgery									
PAMF Hand/Plastic Surgery	Imahara, Kerley, Leland	2950 Research Park Dr, Soquel	triage first, can do peer-to-peer scheduling	7 weeks	Trauma, Upper/Lower Extremity Injuries, Breast Reconstructions, Wrist	(831) 458-6272	(831) 458-6961	https://www.sutterhealth.org/find-doctor/city/Soquel/plastic-surgeons-1042268605	other fax (831) 458-6274

Facility	Providers	Address	STAT/Urgent	Wait times	Notes	Phone	Fax	Website	Other notes
Sutter Health / PAMF Referral Center, all specialties				use in addition to	direct specialty fax number	(888) 834-1788	(916) 503-7632		
Dignity Health Hand Surgery	Yen, Nacamuli	1595 Soquel Dr Ste 310, Santa Cruz	anyone can call and schedule	1 week	Hand, Facial, Breast Reconstructions, Aesthetic Surgery, No Wrist	(831) 464-8880	(831) 464-8881	https://www.dignityhealth.org/ourdoctors/1891992103-thomas-yen	
Podiatry									
PAMF Podiatry	Carvalho, Costa, Flowers, Halat, Kim, Lindberg	2907 Chanticleer Ave, Santa Cruz	triage first	1 week	INTERNAL PAMF REFERRALS ONLY	(831) 477-2325	(831) 477-2330	https://www.sutterhealth.org/find-doctor/city/santa-cruz/podiatrists	
Foot Doctors of Santa Cruz County	Joe Albright, Kristen Albright, Brennis, Hurray, Mitnick, Surdock	9029 Soquel Ave Ste D, Santa Cruz	anyone can call and schedule	1 week		(831) 475-7900	(831) 475-7597	https://balancehealth.com/location/the-foot-doctors-of-santa-cruz-county-santa-cruz-ca/	
Dr. Jason Novick		1595 Soquel Dr Ste 150, Santa Cruz	anyone can call and schedule	2 weeks		(831) 462-2132	(831) 462-2930	https://www.dignityhealth.org/ourdoctors/1689630808-jason-novick	will not take Kaiser patients
Foot Doctors of Santa Cruz County	Joe Albright, Kristen Albright, Brennis, Hurray, Mitnick, Surdock	47 Penny Lane Ste 1, Watsonville	anyone can call and schedule	1 week		(831) 728-8844	(831) 763-1001	https://balancehealth.com/location/the-foot-doctors-of-santa-cruz-county-watsonville-ca/	
Psychoeducational Testing									
Dr. Gregory Katz		1663 Dominican Way Ste 214, Santa Cruz				(831) 462-0696	(831) 462-4936		katzpsyc@cruzio.com
Appletree Psychological Services		39210 State Street Ste 109, Fremont			Telehealth	(510) 818-0892	(510) 818-0893	https://www.appletreebhs.com/	
LGTC Group		2542 S. Bascom Ave Ste 100, Campbell			Telehealth	(800) 913 2615	(408) 559-3158	https://lgtcgroup.com/service/neuropsychological-testing/	
Pulmonology									
Dignity Health Pulmonology	Ellison, Godin, Likar, Ling, Louisell, Vu, Zeng, Dillard	1595 Soquel Dr Ste 230, Santa Cruz	triage first	3 weeks	Spirometry	(831) 226-3225	(831) 423-7579	https://www.dignityhealth.org/dhmf/locations/santa-cruz-pulmonology	new patients need chest XR done within 6 months
PAMF Pulmonology	Kim, Oron-Benhamou	2025 Soquel Ave, Santa Cruz			ACCEPTING NEW PATIENTS CASE BY CASE	(831) 458-5577	(831) 458-5857	https://www.sutterhealth.org/find-doctor/city/santa-cruz/pulmonologists	
BASS Medical Group	Murthy, Vemulakonda	2520 Samaritan Dr Ste 104A, San Jose	only if there's an opening on the schedule	2 weeks		(408) 356-8400	(408) 356-0974	https://www.bassmedicalgroup.com/locations/2520-samaritan-drive-suite-104a-san-jose-ca-95124	
Montage Medical Group	Subat, Ajayi, Kanak, Sugunaraj	2 Upper Ragsdale Dr Bldg A, Monterey	triage first	depends on dx / urgency		(831) 333-3040	(831) 886-3639	https://www.montagehealth.org/doctors/search-results/?termId=de1c0265-098c-eb11-a849-000d3a619f08%2c31fc6dae-ab4e-eb11-a842-000d3a619f08&city=Monterey&sort=7&page=1	
Pulmonary Associates of the Monterey Peninsula	Poggemeyer	1010 Cass St Ste B-1, Monterey	triage first	4 weeks		(831) 646-8570	(831) 646-5435	https://www.montagehealth.org/doctors/profile/hans-poggemeyer/	
Radiology									
Dignity Health Advanced Imaging – Santa Cruz, CA I		1685-B Commercial Way, Santa Cruz	triage first	CT 2 weeks, MRI 3 months	CT, MRI	(831) 476-7711	(831) 462-0581	https://www.dignityhealth.org/dhmf/locations/santa-cruz-imaging	
Dignity Health Advanced Imaging – Santa Cruz, CA II		1661 Soquel Dr Bldg G, Santa Cruz	triage first	2 weeks	Fluoroscopy, X-Ray, Ultrasound (No Vascular)	(831) 476-7711	(831) 462-0581	https://www.dignityhealth.org/dhmf/locations/santa-cruz-imaging2	
Dignity Health Advanced Imaging – Santa Cruz, CA III		1661 Soquel Dr Bldg G, Santa Cruz	triage first	2-4 weeks	DEXA, Breast Imaging	(831) 476-7711	(831) 462-0581	https://www.dignityhealth.org/dhmf/locations/santa-cruz-imaging3	
PAMF Santa Cruz Center Imaging		2025 Soquel Ave, Santa Cruz	triage first, can do urgent US and CT	MRI 2 weeks, CT 3 week, US 4 weeks	MRI, CT, Breast Imaging, Ultrasound (incl Vascular), X-Ray, Fluoroscopy, Nuclear Med, DEXA, HSG, Echocardiography	(831) 458-5521	(831) 423-0716	https://www.sutterhealth.org/find-location/facility/santa-cruz-center-imaging	do not accept Kaiser referrals
PAMF Scotts Valley Center Imaging		4663 Scotts Valley Dr, Scotts Valley		walk in	X-Ray	(831) 458-5521	(831) 423-0716	https://www.sutterhealth.org/find-location/facility/scotts-valley-center-imaging	
Dominican Radiology		1555 Soquel Dr, Santa Cruz	triage first	1-2 weeks	CT, PET, Ultrasound (incl Vascular, no Face), X-Ray, Fluoroscopy, Nuclear Med	(831) 462-7716	(831) 462-7805	https://locations.dignityhealth.org/dominican-hospital-imaging-&radiology-department	MRI and breast imaging done by Dignity?
SimonMed Imaging		108 Green Valley Rd Ste B, Freedom		6 weeks	MRI	(831) 268-4340	(831) 724-8440	https://www.simonmed.com/locations/ca/watsonville/	
Rheumatology									
Dignity Health Rheumatology		1595 Soquel Dr Ste 411, Santa Cruz	triage first, can do peer-to-peer scheduling	4 weeks	NOT ACCEPTING NEW PATIENTS	(831) 475-8834	(831) 462-2058		
PAMF Rheumatology	Culver, Petrocelli, Reimert, Seronick	2025 Soquel Ave, Santa Cruz		4 weeks	ACCEPTING NEW PATIENTS CASE BY CASE	(831) 458-5577	(831) 458-5857	https://www.sutterhealth.org/find-doctor/city/santa-cruz/rheumatologists	
PAMF Rheumatology	Johnson, Sood	15720 Winchester Blvd, Los Gatos	triage first, will be seen within 7-10 days	depends on dx / urgency		(650) 934-7050	(650) 934-7288	https://www.sutterhealth.org/find-doctor/city/los-gatos/rheumatologists	
PAMF Rheumatology	Johnson, Kuzis, Seto, Sood, Wu	701 East El Camino Real, Mountain View	triage first, will be seen within 7-10 days	depends on dx / urgency		(650) 934-7050	(650) 934-7288	https://www.sutterhealth.org/find-doctor/city/mountain-view/rheumatologists	
Rheum Without Walls	Salahuddin	268 Green Valley Rd Ste 4, Freedom		4 weeks	telehealth	(831) 204-7787	(831) 480-1328	https://www.rheumwithoutwalls.com/provider/farah-f-salahuddin-md	
Sleep Medicine									
Sleep Health MD	Morse, Norris, Adams, Nakka, Katzenberg, Demonner	1665 Dominican Way Ste 222, Santa Cruz	triage and consult visit first	3 weeks		(844) 387-5337	(866) 264-3890	https://sleephealthmd.com/santa-cruz-office/	other phone (831) 465-0586
Sleep Health MD	Morse, Norris, Adams, Nakka, Katzenberg	150 Carnation Dr Ste 4, Freedom	triage and consult visit first	4 weeks		(844) 387-5337	(866) 264-3890	https://sleephealthmd.com/freedom-office/	

Facility	Providers	Address	STAT/Urgent	Wait times	Notes	Phone	Fax	Website	Other notes
Sutter Health / PAMF Referral Center, all specialties				use in addition to direct specialty fax number		(888) 834-1788	(916) 503-7632		
PAMF Sleep Center	Ansari, Hart	815 Bay Ave, Capitola			NOT ACCEPTING NEW PATIENTS	(831) 460-7333	(831) 460-7360	https://www.sutterhealth.org/find-doctor/city/capitola/sleep-medicine-doctors	
Urology									
PAMF Urology	Arcangeli, Brubaker, Greenwald, Kasman, Rosen, Smith	2911 Chanticleer Ave, Santa Cruz	triage first	1 week		(831) 477-2350	(831) 479-6613	https://www.sutterhealth.org/find-doctor/city/santa-cruz/urologists	
Dignity Health Urology	Lim, Senesac, Greene	1667 Dominican Way Ste 234, Santa Cruz	triage first	3 weeks		(831) 648-2055	(831) 464-8603	https://www.dignityhealth.org/ourdoctors/r/santa-cruz-%20ca/urology	
Coastal Health Partners	Bretan, Knorr	1820 Main St, Watsonville	anyone can call	1 week		(831) 728-4227	(831) 728-0410	https://www.mycoastalhealthpartners.com/urology	
Pharmacies									
Costco	220 Sylvania Ave, Santa Cruz					(831) 469-0366	(831) 469-0281		
CVS	1700 Mission St, Santa Cruz					(831) 457-2481	(831) 457-2561		
CVS	600 Front St, Santa Cruz					(831) 426-7444	(831) 426-9534		
CVS	1825 41st Ave, Capitola					(831) 227-2102	(831) 426-9534		
CVS	1750 41st Ave, Capitola					(831) 476-0400	(831) 475-0214		
CVS	270 Mt Hermon Rd, Scotts Valley					(831) 824-3445	(831) 920-5856		
CVS	257 Mt Hermon Rd, Scotts Valley					(831) 438-5920	(831) 438-7800		
CVS	809 Bay Ave, Capitola					(831) 475-1421	(831) 475-2407		
CVS	6247 Graham Hill Rd, Felton					(831) 335-6403	(831) 335-6407		
Horsnyder Pharmacy	1226 Soquel Ave Ste A, Santa Cruz				DME fax (831) 534-7052	(831) 458-1400	(831) 423-2320		
PAMF Medical Clinic	2025 Soquel Ave, Santa Cruz					(831) 426-0200	(831) 426-0507		
Rite Aid	6123 Highway 9, Felton					(831) 335-7252	(831) 335-2148		
Rite Aid	80 Rancho Del Mar, Aptos					(831) 688-6417	(831) 688-5563		
Safeway	2203 Mission St					(831) 420-0785	(831) 420-0790		
Safeway	117 Morrissey Blvd, Santa Cruz					(831) 426-8911	(831) 426-8746		
Walgreens	1718 Soquel Ave, Santa Cruz					(831) 425-3911	(831) 425-2074		
Walgreens	210 Mt Hermon Rd, Scotts Valley					(831) 430-9113	(831) 430-9138		
Walgreens	1801 Freedom Blvd, Freedom					(831) 768-0183	(831) 768-8749		
Watsonville Pharmacy	1433 Freedom Blvd, Watsonville				Dr RX Line 786-5301	(831) 728-1818	(831) 728-8678		
Westside Pharmacy	1401 Mission St, Santa Cruz				DME fax (831) 423-2343	(831) 423-7175	(831) 423-9417		