



# Graduate Orientation

## Division of Graduate Studies

September 25, 2024

UC SANTA CRUZ

**OUR  
VOICES**  
WILL DEFINE  
THE CENTURY

# Zoom Logistics

- Everyone but speaker will be muted
- Please turn your camera on (if able) so we can see each other
- Speaker/Gallery Modes - can toggle view to speaker or gallery of presentation and participants
- Please use the chat box to ask questions or engage with campus leadership
- Presenters will monitor and respond to questions in chat
- Presentation will be recorded and the slides will be made available
- Live transcription is enabled, click the CC button to view

# Land Acknowledgement

The land on which we gather is the unceded territory of the Awaswas-speaking Uypi Tribe. The Amah Mutsun Tribal Band, comprised of the descendants of indigenous people taken to missions Santa Cruz and San Juan Bautista during Spanish colonization of the Central Coast, is today working hard to restore traditional stewardship practices on these lands and heal from historical trauma.

# Agenda

- Division of Graduate Studies
- Student Health Center, CAPS, SHOP, CARE, DRC and Healthy Campus Network
- Dean of Students
- Slug Support
- Basic Needs
- Closing Remarks

# Peter Biehl

Vice Provost and Dean  
Division of Graduate Studies

Email: [pbiehl@ucsc.edu](mailto:pbiehl@ucsc.edu)

UC SANTA CRUZ

DIVISION *of* GRADUATE STUDIES



# Grad Division Administration



**Peter Biehl**  
Vice Provost & Dean



**Dard Neuman**  
Associate Dean



**Don Smith**  
Associate Dean

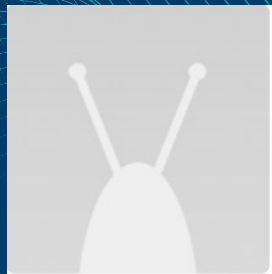


**Stephanie Casher**  
Assistant Dean



**Barbara Smee**  
Executive Assistant

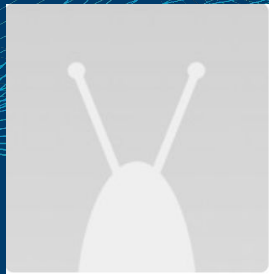
# Admissions & Operations



**Marissa Maciel**  
Director,  
Admissions and  
Outreach



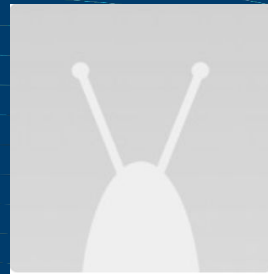
**Judy Glass**  
Data  
Systems  
Analyst



**Michelle Montemayor**  
Graduate Information Systems  
Manager



**Joel Savell**  
Data Systems  
Analyst



**Jessica Chavez**  
Senior Business  
Systems Analyst



**Audrey Morris**  
Admissions and  
International Students

# Division of Graduate Studies Staff



**Lorato Anderson**  
Director of Diversity,  
Equity, and Inclusion



**Rachel Neuman**  
Director of Graduate  
Student Life



**Sonya Newlyn**  
Professional  
Development

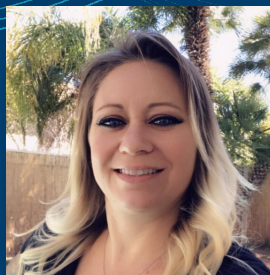
## Student Services & Postdoctoral Scholar Services



**Janina Larenas**  
Director of Graduate  
Student Services



**Veronica Larkin**  
Administrative  
Assistant



**Heather Rush**  
Financial Analyst



**Jeff Hao**  
Graduate  
Student Services  
Coordinator



**Dana Eugenio**  
Graduate  
Student Services  
Coordinator

# Graduate Advisor Contacts

Program Contact Information							
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A1	Academic Division						
	A	B	C	D	E	F	G
1	Academic Division	Program	Department	Contact Title	Contact Name	Email	Phone Number
2	Arts Division	Digital Arts/New Media, M.F.A	Digital Arts/New Media	Program Manager & Graduate Adviser	Vacant	danm@ucsc.edu	(831) 459-5628
3		Art: Environmental Art & Social Practice, M.F.A	Art	Graduate Program Coordinator	Weslyn Cedeño	artmfa@ucsc.edu	(831) 459-3199
4		Film & Digital Media, Ph.D.	Film & Digital Media	Graduate Programs Coordinator	Michael Lindsey	fdmpha@ucsc.edu	(831) 459-3445
5		Music, M.A, D.M.A, Ph.D.	Music	Graduate Program Coordinator	Weslyn Cedeño	mga.mus@ucsc.edu	(831) 459-3199
6		Social Documentation, M.F.A.	Film & Digital Media	Graduate Program Coordinator	Michael Lindsey	socdoc@ucsc.edu	(831) 459-3445
7		Theater Arts, M.A.	Performance, Play & Design	Graduate Adviser	Moon Rinaldo	theatergradprogram@ucsc.edu	(831) 459-2974
8		Visual Studies, Ph.D.	History of Art and Visual Culture	Graduate Program Coordinator	Ruby Lipsenthal	visualstudies@ucsc.edu	(831) 459-2408
9	Baskin School of Engineering	Applied Mathematics, M.S., Ph.D.	Applied Mathematics	Graduate Adviser	Crystal Navarro	bsoe-ga@rt.ucsc.edu	https://grad.soe.ucsc.edu/applied-mathematics
10		Biomolecular Engineering & Bioinformatics track (Ph.D. in Biomolecular Engineering and Bioinformatics)	Program in Biomedical Sciences & Engineering (PBSE)	Graduate Adviser	Rene Marchington	bsoe-ga@rt.ucsc.edu	http://pbse.ucsc.edu/bmbe/index.html
11		Biomolecular Engineering & Bioinformatics, M.S.	Biomolecular Engineering	Graduate Adviser	Rene Marchington	bsoe-ga@rt.ucsc.edu	https://grad.soe.ucsc.edu/bmbe
12		Computational Media, M.S., Ph.D.	Computational Media	Graduate Adviser	Crystal Navarro	bsoe-ga@rt.ucsc.edu	https://grad.soe.ucsc.edu/computational-media
13		Computer Science and Engineering, M.S., Ph.D.	Computer Science and Engineering	Graduate Adviser	Fernanda Avalos Romero (A-L); Zoë F. (A-L)	bsoe-ga@rt.ucsc.edu	https://grad.soe.ucsc.edu/cse

# How Graduate Students Get Paid

Three separate offices manage three types of payments:

<b>Financial Aid/Student Business Services</b>	<b>Office: Payroll Department</b>	<b>Office: Financial Administrative Services and Transactions / Accounts Payable (FAST/AP)</b>
<b>Type of payment</b>	<b>Type of payment</b>	<b>Type of payment</b>
Fee Remission payments	TA & GSR salary	Reimbursements: Travel, research, etc.
Fellowships (domestic students only)	Any other payment for work product (tutoring, GSA rep, etc.)	Fellowship stipends for international students
Loans		Research grants/Misc. fellowships
<a href="#">Authorize Direct Deposit refunds on your myUCSC portal</a>	<a href="#">Authorize Direct Deposit through UC Path</a>	<a href="#">Vendor Electronic Funds Authorization Form</a>
<b>Check payments/find forms:</b>	<b>Check payments/find forms:</b>	<b>Check payments/find forms:</b>
Log in to your myUCSC account; check Financial Aid and Account Activity for up to date info	<a href="#">First Time in UCPath UC Path Login page</a>	<a href="https://financial.ucsc.edu/Pages/Payments_and_Reimbursements_Process.aspx">https://financial.ucsc.edu/Pages/Payments_and_Reimbursements_Process.aspx</a>
<b>For Help</b>	<b>For Help</b>	<b>For Help</b>
<b>Staff Graduate Advisor:</b> <a href="#">Program Contact Chart</a> <b>Student Business Services</b> Email: sbs@ucsc.edu Phone: (831) 459-2107 <b>Current Student Services:</b> gss-group@ucsc.edu <b>Financial Aid Office (for Loans)</b> Email: finaid@ucsc.edu	<b>Payroll Department or your Divisional payroll specialist</b>  Email: payhelp@ucsc.edu	<b>FAST/AP Office</b>  Email: aphelp@ucsc.edu Phone: 459-4488, ( <a href="#">help line</a> )

# How Graduate Students Get Paid

Three separate offices manage different types of payments:

## Financial Aid/Student Business Services

### Type of payment

Fee Remission payments

Fellowships (domestic students only)

Loans

[Authorize Direct Deposit refunds on your myUCSC portal](#)

### Check payments/find forms:

Log in to your [myUCSC](#) account; check Financial Aid and Account Activity for up to date info

### For Help

#### Staff Graduate Advisor:

[Program Contact Chart](#)

#### Student Business Services

Email: [sbs@ucsc.edu](mailto:sbs@ucsc.edu)

Phone: (831) 459-2107

#### Current Student Services:

[gss-group@ucsc.edu](mailto:gss-group@ucsc.edu)

#### Financial Aid Office (for Loans)

Email: [finaid@ucsc.edu](mailto:finaid@ucsc.edu)

### Type of Payment:

- For Domestic Students: Loans, Stipends/Fellowships, Tuition/Fees
- For International Students: Tuition/Fees

### Where to access:

- myUCSC Portal

### "I Need Help!":

- Student Business Services or Financial Aid Office

# How Graduate Students Get Paid

Three separate offices manage different types of payments:

\*Only for students who are Academic Student Employees (ASE)

## Office: Payroll Department

### **Type of payment**

TA & GSR salary

Any other payment for work product (tutoring, GSA rep, etc.)

### Authorize Direct Deposit through UC Path

### **Check payments/find forms:**

[First Time in UCPath](#)  
[UC Path Login page](#)

### **For Help**

**Payroll Department or your Divisional payroll specialist**

Email: [payhelp@ucsc.edu](mailto:payhelp@ucsc.edu)

### **Type of Payment:**

- Paycheck

### **How to Access:**

- UCPath Portal

### **“I Need Help!”:**

- Your specific department's payroll specialist
- UCSC Payroll Office

# How Graduate Students Get Paid

Three separate offices manage different types of payments:

## Type of Payments:

- Reimbursements
- For international students: Fellowships or stipends.

## How to Access/ "I Need Help!":

- FAST/AP Office
- International Students can also contact ISSS (Email: [istudent@ucsc.edu](mailto:istudent@ucsc.edu))

**Office: Financial Administrative Services and Transactions / Accounts Payable (FAST/AP)**

### Type of payment

Reimbursements:

Travel, research, etc.

Fellowship stipends for international students

Research grants/Misc. fellowships

**[Vendor Electronic Funds Authorization Form](#)**

### Check payments/find forms:

**[https://financial.ucsc.edu/Pages/Payments\\_and\\_Reimbursements\\_Process.aspx](https://financial.ucsc.edu/Pages/Payments_and_Reimbursements_Process.aspx)**

### For Help

**FAST/AP Office**

Email: [aphelp@ucsc.edu](mailto:aphelp@ucsc.edu)

Phone: 459-4488, ([help line](#))

# How Graduate Students Get Paid

Three separate offices manage three types of payments:

Financial Aid/Student Business Services	Office: Payroll Department	Office: Financial Administrative Services and Transactions / Accounts Payable (FAST/AP)
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<b>For Help</b>	<b>For Help</b>	<b>For Help</b>
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# Student Services Team

Email us at: [gss-group@ucsc.edu](mailto:gss-group@ucsc.edu)



**Janina Larenas**  
Director of Graduate  
Student Services



**Veronica Larkin**  
Administrative  
Assistant



**Jeff Hao**  
Graduate  
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Graduate  
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Coordinator

[graduate.ucsc.edu](https://graduate.ucsc.edu)

[graduate.ucsc.edu/professionaldevelopment](https://graduate.ucsc.edu/professionaldevelopment)

60  
YEARS

UC SANTA CRUZ

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Division of Graduate Studies

ABOUT

ACADEMICS

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EVENTS

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Professional Development



# Grad Slam & Graduate Symposium



# Diversity, Equity, and Inclusion in Graduate Studies



**Contact: [lorato@ucsc.edu](mailto:lorato@ucsc.edu)**

## DEI Director Role

- Funding
- Planning
- Programming
- Advocacy
- Consultations

## One-on-One Meetings

# Office Hours

# Graduate Student Life

## Graduate Peer Mentor Program



## Graduate Writing Support Programs

**THE SLUGGISH WRITERS COLLECTIVE**

Having trouble getting through a writing assignment?  
Socialize with your peers and get some writing done over free dinner!

Register here

**Tuesdays, 5:00 - 7:30 PM | GSC Rm.204**  
(Nov 14, Nov 28, and Dec 5)

**LOOP BUS**

The Grad Commons

## Graduate Student Commons Programs

**GRADUATE STUDENT SUMMER ACTIVITIES**  
**AUGUST 2024**

**GRADUATE STUDENT COMMONS**

Sign up using QR below	11	12	13	14	15
		Star party: Meters Shower Pickup soccer	Sand volleyball		
16	17	18	19	20	21
		Pickup soccer	Sand volleyball Beachside Brushstrokes: Art	Capoeira Fun little bike ride	
22	23	24	25	26	27
Co-work & Jam DIY Faux Stained Glass			Pickup soccer	Sand volleyball	
28	Events to look forward to:				
Let's go fly a kite!	Sips at the Pelican: Wine tasting Slug soar: Disc golf Rock climbing Bird watching Craft nights				

**Sign up here!**

# Graduate Student Commons



# Student Health Services



# Student Health Services

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## Mission

To provide high quality services in a caring setting, which promote physical and emotional well-being, focused on the diverse needs of students.

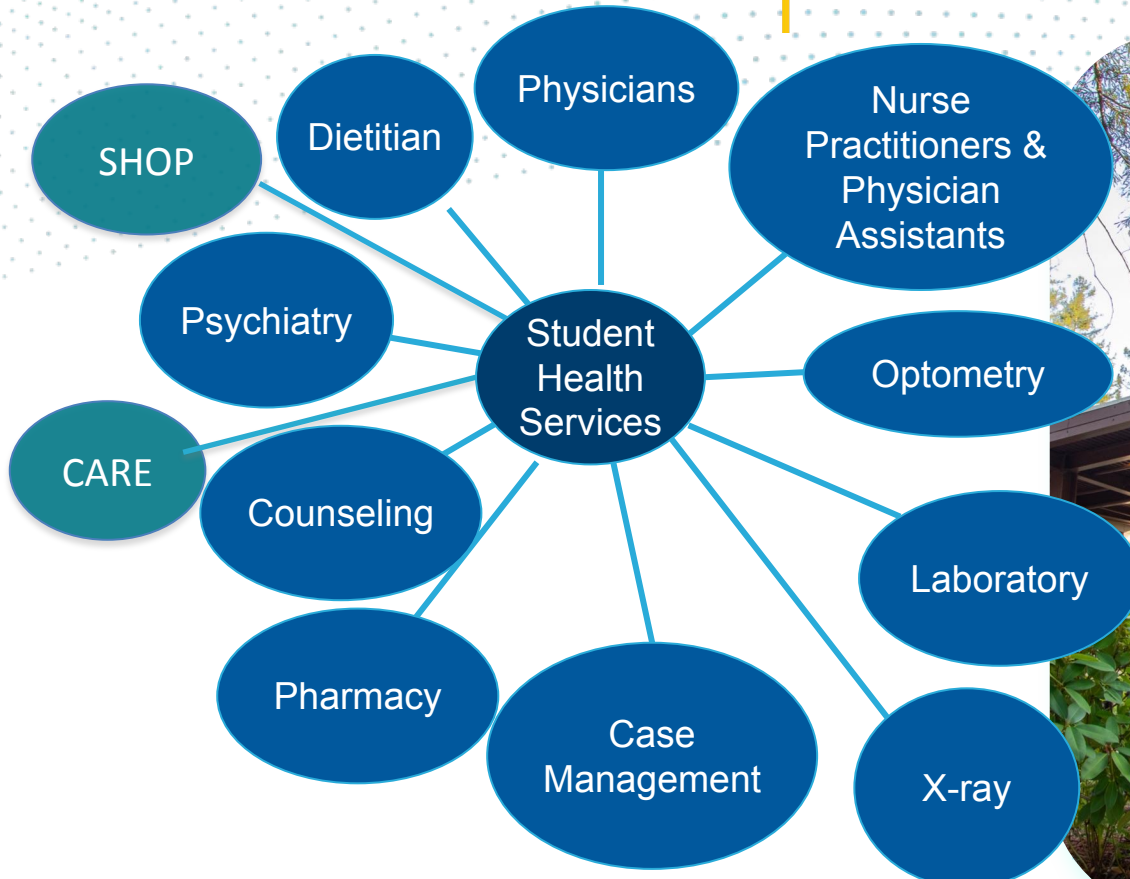
## Primary Care

We practice shared decision-making, which means we give evidence-based information and include the patient's preferences and values in the medical plan.



# UC SANTA CRUZ

## Student Health Services



# When to use Student Health Services vs. the Emergency Room

If you are having any of these symptoms, you should go to an Emergency Room:

- a. Wheezing with shortness of breath and difficulty breathing
- b. Chest pain
- c. Uncontrolled bleeding
- d. Fainting with dizziness and difficulty speaking
- e. Sudden numbness/weakness
- f. Coughing/vomiting blood
- g. Major trauma
- h. Sudden change in mental status
- i. Severe/persistent vomiting or diarrhea



**Please do not walk-in to Student Health Services for our Same Day Care. Please call our appointment line at 831-459-2500 or get advice from our Nurse Advice Line at 831-459-2591**

# UC Student Health Requirements

## Health Insurance

For academic success, the UC Regents mandate that all students have health insurance. This includes off-campus students and international students. Read the official mandate on the Student Health Center website.

UC provides all students with the University of California Student Health Insurance Plan (UC SHIP). Most students choose UC SHIP. If you want to use your own insurance plan, you must opt out and waive (cancel) UC SHIP by completing one online waiver each academic year. *Once accepted, the waiver is in effect for the current quarter and the remainder of the academic year. A new waiver must be submitted at the beginning of each academic year.*

Accept or waive UC SHIP by the deadline of:

**For the 2024-2025 Academic Year: Fall: 9/16/24**

# CruzCare

## **Waiving UC SHIP? Consider CruzCare**

CruzCare coverage ensures that students with APPROVED waivers have access to \*care of acute illness or acute injury, including some in-house Student Health Center Laboratory tests and all in-house X-rays. The fee is \$125.00 per quarter. The fee is applied automatically to the student's account when they select CruzCare. For students waiving UC SHIP, CruzCare is the best and most cost effective way to take advantage of the on-campus convenience and college health expertise available at the UCSC Student Health Center. One visit at the Student Health Center without UC SHIP or CruzCare will cost more than the cost of CruzCare coverage for the entire quarter.

<https://healthcenter.ucsc.edu/billing-insurance/cruzcare.html>

# UC Student Health Requirements

## Immunization and TB Screening

The University of California requires all incoming and re-admitted undergraduate and graduate students who are living, studying, or coming to campus for any reason to have certain vaccinations and a screening for tuberculosis (TB). These are also known as "medical clearances." The required vaccinations and screening prevent serious diseases that spread easily. These requirements are all part of our commitment to keeping you and our UCSC community free of communicable diseases.

### IMMUNIZATION AND TB SCREENING REQUIREMENTS

#### MEASLES, MUMPS & RUBELLA (MMR) Vaccine

**Two (2) doses** with first dose on or after 1st birthday;

OR **positive titer** (lab evidence of immunity to disease).

#### VARICELLA (Chickenpox) Vaccine

**Two (2) doses** with first dose on or after 1st birthday;

OR **positive titer.**

\*History of contracting the disease does **NOT** meet compliance.

#### TETANUS, DIPHTHERIA & PERTUSSIS (Tdap) Vaccine

**One (1) dose** on or after the 11th birthday, then Tdap or Td every 10 years.

This is **NOT** the same as a DTaP vaccination.

#### MENINGOCOCCAL CONJUGATE (Serogroups A, C, Y, & W-135) Vaccine

**One (1) dose** on or after age 16 for all students who are ages 21 years or younger.

#### TB SCREENING

**All incoming students** must complete a Tuberculosis risk questionnaire.

#### COVID-19 & FLU

Upload your vaccination records or submit a declination annually.

#### DUE DATES

The deadline for all required vaccines (except COVID and flu), is before you come to campus. **Submit your records as soon as possible to avoid enrollment holds.**

STUDENT INQUIRIES: Health e-Messenger

UC SANTA CRUZ  
Student Health  
Services

[studenthealth.ucsc.edu](https://studenthealth.ucsc.edu)



UNIVERSITY  
OF  
CALIFORNIA

Student Health  
Insurance Plan

UC SHIP is a comprehensive insurance plan which has Medical, Vision, Dental, and Pharmacy benefits. Download the Sydney Health App! Use it to access your ID card; find Student Health Center location, hours and services; view medical, pharmacy, dental and vision coverage and claims information; and get notifications for benefit changes and action items.



# UC SHIP Medical & Mental Health Benefits



1. All care starts at the **Student Health Center (SHC)**. Referrals are needed for off-campus medical care other than the ER, Urgent Care, or if you're enrolled in the Silicon Valley UC SHIP plan. UC SHIP uses the Anthem Blue Cross network
2. Co-pay for off campus medical speciality care is \$10.00, except for Physical Therapy, Chiropractic Care, and Acupuncture, which has a \$25.00 copay
3. Urgent Care copay is \$25.00
4. Emergency Room (ER) copay is \$200.00
5. No copay for mental health visits
6. Your \$300.00 deductible and \$10.00 copay is waived at the Student Health Center
7. LiveHealth Online has a \$10.00 copay for medical virtual visits and no copay for mental health visits
8. Rula Health is a mental health platform that students can use via video or phone



# Voluntary Plan Enrollment

- Students on Planned Educational Leave who are enrolled in UC SHIP in the current quarter or the quarter immediately preceding their withdrawal, may be eligible to purchase voluntary insurance coverage for two quarters. Voluntary insurance can be purchased 30 days prior to the first day of the quarter, and 30 days after the start of the quarter. There is a two-quarter limit per academic career as long as you were enrolled in UC SHIP the previous quarter.
- Students who are graduating and are enrolled in UC SHIP can purchase the voluntary plan for one quarter after they graduate. Voluntary insurance can be purchased 30 days prior to the first day of the quarter, and 30 days after the start of the quarter.

# Dental Benefits



UC SHIP has contracted with the Delta Dental Preferred Provider Organization (PPO) network.

1. You get two yearly checkups and two yearly cleanings covered at 100%.
2. If they find something during your yearly checkup like needing a cavity filled, you have a \$25.00 deductible that you pay once during the academic year and then the insurance pays at 80%.
3. For major services like crowns, the insurance pays 70% after you pay your \$25.00 deductible, which you pay once during the academic year

Don't want to leave campus? Schedule a dental appointment with Onsite Dental at 650-400-4258 or email at [UCSC@onsitedental.com](mailto:UCSC@onsitedental.com) Monday through Thursday 8:00am–5:00pm

To get care, you will need to provide your Delta Dental ID number to your dentist. You can use the mobile app to access your ID number, print an ID card from the Delta Dental website, or order a card from Delta Dental Customer Service at (800) 765-6003.



# Vision Coverage with UC SHIP

1. You get 1 routine eye exam per academic year and have a \$10.00 copay
2. Eyeglass frames: one pair per benefit year - \$120 frame allowance, plus a 20% discount on the balance
3. Standard eyeglass lenses have a \$25.00 copay
4. Contact Lenses—Disposable have up to \$120 (in lieu of glasses) Contact Lens evaluation and fitting has additional charges due to level of complexity and type of contacts with charges ranging from \$32-300

Don't want to leave campus? Schedule an optometry appointment with the SHC Optometry department online or call (831) 459-2389. Tuesday through Friday.

For vision care away from campus, it's easy to find a provider in the Blue View Vision Insight network. Just search by ZIP code or your current location on the Anthem website. If you search as a guest, make sure you select the "Blue View Vision Insight" network.

# What Services are available if I don't have UC SHIP?



1. **All registered UCSC students are permitted to use the Student Health Center — even if they have off-campus insurance. Reminder: The Student Health Center does not directly bill insurance plans other than UC SHIP.** If you waive UC SHIP enrollment and use the Student Health Center, you will be personally responsible for paying for that care. Your charges will be billed to your student account.
2. **Services that are free to all registered UCSC students regardless of insurance type:**
  - Consulting with a nurse or calling the 24 hour nurse advice line at 831-459-2591
  - Consulting with a pharmacist
  - Support for survivors of sexual/domestic violence, (CARE)
  - Student Health Outreach and Promotion (SHOP): wellness, sexual health, alcohol, and other drug prevention & education with a health educator
  - HIV testing in the Student Health Center Lab
  - Counseling and psychological services with a licensed therapist. Group and individual support available with CAPS.
  - Campus Mobile Crisis Team
  - Massage chairs located at CAPS and The Cove
  - Alcohol/drug recovery support with an Alcohol and Other Drug Educator; group and individual support available with the Cove



# Counseling and Psychological Services

(CAPS)- 831-459-2628



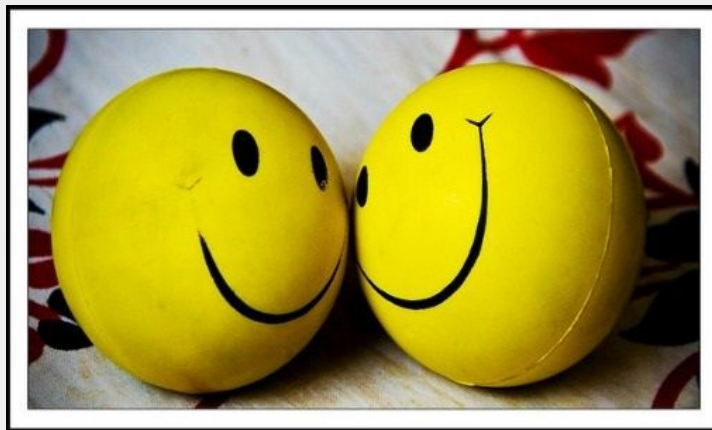


Counseling  
& Psychological  
Services | **UCSC**

- Wide range of mental health and wellness services
- Preventative outreach and consultation services to UCSC community
- Confidential counseling services to registered UCSC students
- No out-of-pocket fees for group or brief on-campus therapy services
- On-campus psychiatry fees are: \$300 initial evaluation, \$150 each visit
  - UC SHIP Insured: charges will be billed to SHIP and no-copay fee
- UC SHIP and CruzCare not necessary to be seen at CAPS

# Brief Initial Assessment Appointment

- 30-minute in-person to get connected to services
- Call 831-459-2628 or visit in person
- Free and confidential



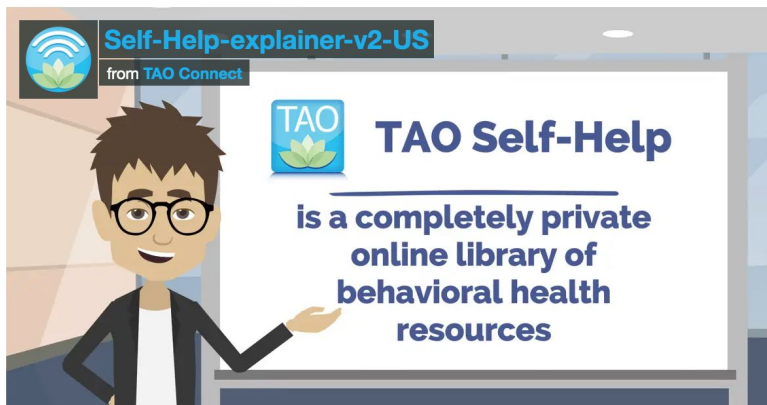
Counseling  
& Psychological  
Services | UCSC

# CAPS

## Therapy Assistance Online (TAO)

TAO - Therapy Assistance Online

What is TAO – Therapy Assistance Online?



Counseling  
& Psychological  
Services | **UCSC**

<https://caps.ucsc.edu/resources/tao.html>

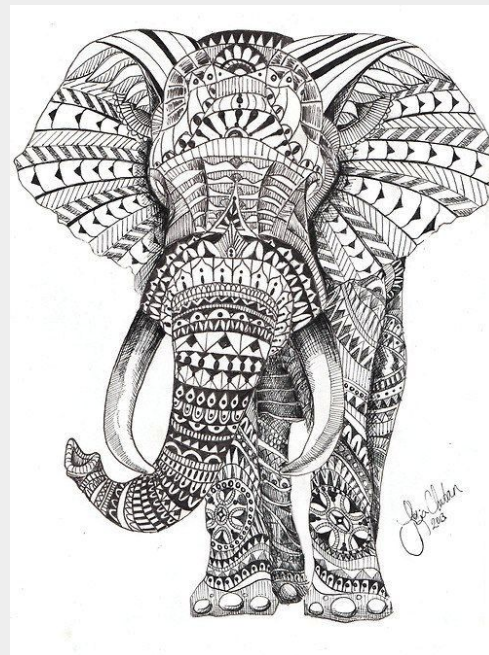
# Groups and Workshops

- Anxiety Toolbox Workshop Series
- Mood Toolbox Workshop Series
- Understanding Myself & Others
- General Support Groups
- **Graduate Support Groups**
- Available for Specific Psychoeducational Programs

\* For more Info: [caps.ucsc.edu](https://caps.ucsc.edu)



Counseling  
& Psychological  
Services | **UCSC**





*Hello Grad Students!*

# About SHOP!

Aimee Mangan :Associate Director



UC SANTA CRUZ

## 1 Thriving in the college environment:

SHOP is committed to supporting our students to find balance in their lives so they can thrive academically, socially, emotionally and physically. Students that are connected, supported and balanced are more academically successful and have greater coping and resiliency skills during and after college life.

## 2 Harm Reduction

This means that SHOP does not tell people what we think they should or shouldn't do. We help students do what *they choose to do* in the safest way that they can.

*SHOP uses data and research to inform our Programs and Services*

**alcohol &  
other  
drugs**

PREVENTION & INTERVENTION

**sexual &  
reproductive  
health**

**mental health  
& wellness**

## 3 Unconditional Positive Regard:

Friendly & supportive – **always**.

We see the good in every student.

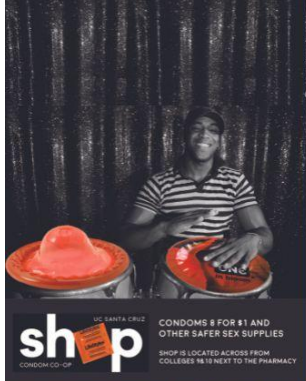
We remember that everybody is struggling & trying their best to figure out their health.

We support **any steps** (no matter how small) a student takes to prevent STIs, unintended pregnancy and alcohol/drug related harms.

We do not judge...we offer support, information & referrals.

We **celebrate** students who are taking care of themselves!





**By students.  
For students.**



**EMILY**

**\*New staff joining us soon - Party Safe Team Lead!**



**PROFESSIONAL  
STAFF\***

**AIMEE**



**UC SANTA CRUZ**

1

## Alcohol & Other Drug (AOD) Education

Empowering students to reduce their risk for harms that can accompany substance use/misuse, students can meet with staff confidentially to discuss their personal AOD involvement, their concerns about friends or family members, obtain educational materials, participate in workshops and access resources for students in recovery.

- Party Like a Slug! What's Your Party Plan?
- The Cove – Collegiate Recovery Community

One-on-One

Environmental  
Approaches

Programs &  
Events

Collaborations

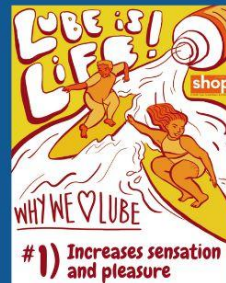
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## Sexual & Reproductive Health Education

SHOP offers:

- The Condom Co-op, selling safer sex supplies at reduced cost
- SLUG LOVE workshops and other presentations
- Birth Control Patrol drop-in contraceptive options education
- Sexual Health questions? SHOP has tons of resources!

Social & digital media



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At The Cove we...  
Provide harm reduction resources in  
a safe & sober space.

We are dedicated to helping you or  
your loved ones reduce their harms  
from alcohol and other drugs.



# *Thank You and* *WELCOME!*

*Keep up with SHOP:*

Instagram:  
@shopucsc

Websites:  
[shop.ucsc.edu](http://shop.ucsc.edu)  
[partylikeaslug.com](http://partylikeaslug.com)



# CARE



UCSC | Center for Advocacy,  
Resources & Empowerment

CARE is the **free, confidential resource** on campus for prevention education, resources, and support services for sexual violence, dating/domestic violence, and stalking. We aim to build a culture of consent at UCSC and beyond!

## Two branches of CARE:

- ◆ Advocacy
  - Services provided for those affected by violence
- ◆ Prevention Education
  - Workshops, tabling, and outreach
  - Undergraduate Peer Educators



## Advocacy Services

- Emotional Support
- Connection to Resources
- Accommodations
- Reporting Support
- Survivor Circles



## Prevention Education

- Outreach & Tabling
- Awareness Month Events
- Peer-to-Peer Workshops
- Newsletter & Social Media
- Cross-Campus Collaborations

# Get in touch with CARE

**CARE staff are on campus in our Hahn office!** We can meet with folks in-person or virtually, depending on preference.



**Hahn Student Services, 1st Floor**  
**Mon-Fri 9am-12pm and 1pm-4pm**



**(831) 502-2273**



**[care@ucsc.edu](mailto:care@ucsc.edu)**



**[care.ucsc.edu](https://care.ucsc.edu)**



**[@ucsantacruz\\_CARE](https://www.instagram.com/ucsantacruz_CARE)**

Subscribe to our [newsletter](#) for updates!



**If you have any questions or need support, CARE is here for you!**

**UC SANTA CRUZ**

# Disability Resource Center (DRC)

- Assists UCSC campus with equal educational access for students with disabilities
- Promotes a non-discriminatory campus environment
- *DRC serves Graduate students*
- Dedicated graduate specialist staff
  - Felicia Peck fpeck@ucsc.edu
- New Peer Mentor Program for Graduate Students with Disabilities starting soon!
- TA and other paid grad roles are served by [Staff HR Disability Management Services](#)



# Disability Resource Center (DRC)



- Accommodations for Graduate Students with Disabilities
  - Disabilities affect areas of daily life, e.g.
    - Anxiety, visual impairment, temporary or permanent mobility impacts, depressive episodes, dyslexia, ADHD
  - Accommodations are determined based on the nexus to disability impacts, e.g.
    - Disability van service, note-taking software, extended exam time, modified attendance, breaks during qualifying exams, first floor housing, etc.
- [Getting affiliated with the DRC](#)

# UCSC Healthy Campus Network



- UCSC Healthy Campus Network is part of the UC systemwide Healthy Campus Network and helps bring wellness initiatives to campus. It is also part of the Faculty & Staff Health and Well-being Program from Risk Services.
- The UCSC Healthy Campus Network [website](#) highlights the departments on campus that are contributing to a culture that supports and encourages the health and well-being of UCSC students, faculty, and staff.
- The Faculty & Staff Health and Well-being Program provides wellness workshops for faculty, staff, and student employees. Check out our website [here](#).

For more information, please email Jessica Bulleri in the Office of Risk Services at [jbulleri@ucsc.edu](mailto:jbulleri@ucsc.edu) or visit our UCSC Healthy Campus website at [healthycampus.ucsc.edu](http://healthycampus.ucsc.edu) and our Faculty & Staff Health and Well-being Program website at [risk.ucsc.edu/employee-wellness](http://risk.ucsc.edu/employee-wellness).

# Dean of Students, Slug Support and Basic Needs



Dean of  
Students Office

UC SANTA CRUZ

**OUR  
VOICES**  
WILL DEFINE  
THE CENTURY

# Garrett Naiman

he/him/his

Dean of Students &  
Associate Vice Chancellor for Student  
Development & Engagement

Email:

[deanofstudents@ucsc.edu](mailto:deanofstudents@ucsc.edu)



The Dean of Students Office provides a myriad of services, programs and experiences for undergraduate and graduate students, including:

- **The Student Volunteer Center,**
- **Student Conduct & Community Standards,**
- **KZSC student-run community radio, and**
- **The Quarry Amphitheater.**

With a focus on students, we strive to complement your academic experience with programs that promote wellness, identity development, cultural fluency, leadership development, academic success, and volunteerism.



# Who's Slug Support?



**Mariah Lyons**  
**(she/her/hers)**  
Assistant Dean of  
Students, Student  
Support Programs



**Betty Desta**  
**(she/her)**  
Associate Director,  
Slug Support



**Emilee Pakele**  
**(she/her)**  
Slug Support  
Case Manager, MSW  
Intern Program  
Coordinator



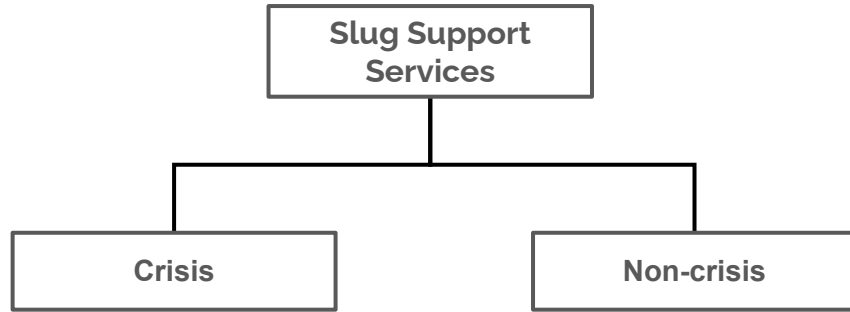
# Slug Support Program Model

- Short-term
- Holistic assessment with Slug Support Manager to identify areas of need
- Connection to on or off campus resources
- Follow-up meetings as needed

The initial assessment with a Slug Support Manager is an opportunity for the student to express their needs and develop an initial plan of action. As part of our assessment process, we ask all students in need of financial assistance to complete a Basic Needs Assessment so our team can best determine the gaps in their budget & find the best ways to help.

Follow up appointments are set up with the student as needed to assess the effectiveness of referrals, explore any other needs, and discuss a long term plan of action





### **Crisis services:**

Immediate relief for food insecurity

Placement in emergency housing

### **Non-Crisis services include:**

Need-based emergency financial assistance,

Advocacy services to campus partners,

Referrals to on and off campus resources and others

# Housing Resources

- Emergency Housing
  - Campus Emergency Housing at The Village
  - Off-campus placement
- Referral to Community Rentals and information to guide off-campus housing searches
- Referral to community resources for housing such as shelters, hostels, assistance programs
- Financial assistance with rent and security deposits after an assessment with a case manager
- Off-Campus Legal Consultation Services

SLUG SUPPORT



# Food Support Services

- Emergency food assistance
  - Grocery gift card
  - Swipes for Slugs Program
- Redwood Free Market
- Cowell Coffee Shop
- Referrals to campus and community pantries
- Need-based emergency financial assistance
- Referral to CalFresh team

SLUG SUPPORT



# How to get connected with Slug Support

Referrals and self-referrals to the Slug Support Program can be made both by the student and/or someone in the UCSC campus community

[Slug Support Intake Form](#)

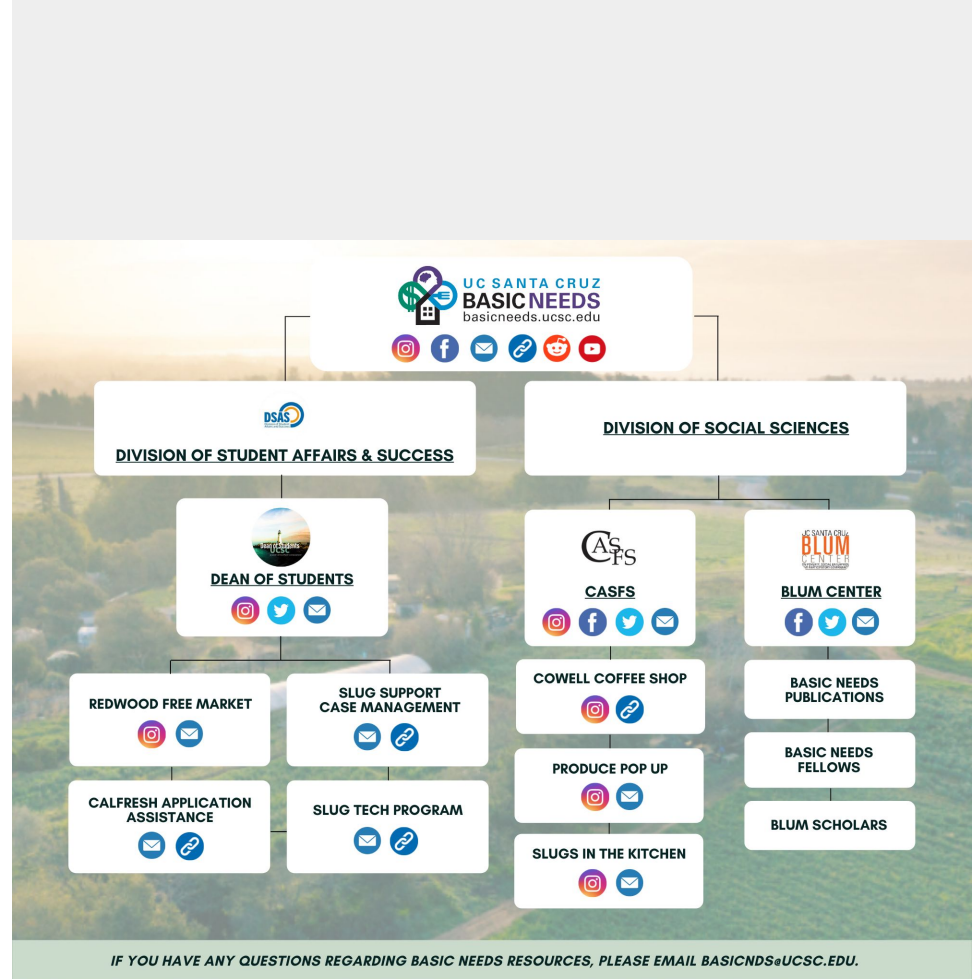


**For basic needs crises:** Call the Slug Support Crisis Line (831) 459 -7003

**Front Desk:** You can call the Dean of Students front desk line at (831) 459-4446. Please make sure to share name, email, and SID when leaving voicemails!

# Basic Needs

General Information:  
[basicnds@ucsc.edu](mailto:basicnds@ucsc.edu)



## Location: Rachel Carson College 8 Cafe

### What do we offer?

- Pantry staples, local organic produce,
- Personal care products
- Diaper Assistance program
- CalFresh application assistance
- Free coffee!

### How does it work?

- Any student with ID is eligible
- Sign-Up using PantrySoft, new campus food distribution software
- Bring your own bag!

**Hours:** Mon: 2pm-5pm (undergrad, grad)  
Tue: 9am-1pm (undergrad, grad), 2pm-5pm (grad)  
Wed: 9am-1pm, 2pm-5pm (grad)  
Th: 9am-1pm, 2pm-5pm (undergrad, grad)  
Fr: 9am-1pm (undergrad, grad)



# PantrySoft

Pantrysoft is a new food pantry management system used by participating sites. It will help us better track our visits

Please register for a new account using your CruzID before your first visit! It will make visiting participating sites a breeze!

**Participating Sites:**

Redwood Free Market

Cowell Coffee Shop

Family Student Housing

The Cove

Tierra Freitas



SCAN ME

# Other Food Resources

**Cowell Coffee Shop** (Located in Cowell college, near the dining hall)

- Free Cafe for all students offering fresh food daily

**Produce Pop-Up** (Usually in the Quarry and Kresge)

- Low cost produce stand on campus

An aerial photograph of a coastal town and university campus. In the foreground, there are green fields and a winding road. In the middle ground, there are several buildings, including a large multi-story building with a blue roof. In the background, there is a large body of water (the ocean) and distant mountains under a clear blue sky.

# CalFresh

- Also known as **SNAP** a nutrition program that can help stretch your monthly budget
- Benefits are pre-loaded monthly into an EBT card that can be used like a debit card at most major chain grocery stores and farmers' markets.

# CalFresh Eligibility for Grad Students

- Historically a challenge to enroll grad students
  - Have children or dependents
  - Filled out a FAFSA and have an EFC of 0
    - Have a campus job (TA, RA, etc)
- Work 20+ hours/week or 80+ hours/month AND meet income brackets
  - [CalFresh pre screening survey](#)

Not in any of the listed programs? Email [CalFresh@ucsc.edu](mailto:CalFresh@ucsc.edu) anyway! Acceptance into program is not guaranteed but our staff can assess for eligibility and support your application process

- UCSC has been working on getting exemptions for some graduate programs under the "Employment and Training Program Exemption".
- Visit <https://basicneeds.ucsc.edu/calfresh/grad-exemp.html> for list of programs who have received exemptions

If you belong to any of the programs listed please email [CalFresh@ucsc.edu](mailto:CalFresh@ucsc.edu).  
You are exempted from the work requirement

# Join us in Person

- 
- 1:00 pm**    **Title IX**  
**Kresge Lecture Hall 3105**
- 2:00 pm**    **Graduate Student Association & Graduate Student Commons**  
**Kresge Lecture Hall 3105**
- 2:30 pm**    **United Auto Workers 4811 Info Session**  
**Kresge Lecture Hall 3105**
- 3:00 pm**    **Campus Resources Fair and Social**  
**Quarry Plaza**

*Thank you for your time!*

**THE REAL  
CHANGE  
IS US**

**UC SANTA CRUZ**

