MAITLAND GARDEN VILLAGE

An In-Depth Manual of Plants in the Community Garden





Lettuce

Leafy green vegetable, with leaves layered around a core.

Water

2-3 times per week

Season

Plant in early spring

Separation

15-20 cm

Sunlight

Full sun in spring.
Semi shade in
summer

Depth

10-15 cm

Row Distance

30 cm apart



Tomato

Juicy, red fruit that is delicious on on salads or with salt

Water

At least once a day

Season

Plant between
August and
January

Separation

75 cm

Sunlight

Full sun throughout the growing season

Depth

Deep enough so lowest leaves are at soil surface

Row Distance



Fennel

An herb in which all parts of it can be eaten, from the bulb to the flowers

Water

Every 2 days, avoiding the leaves

Season

Plant in Spring right after the last frost

Separation

30 cm

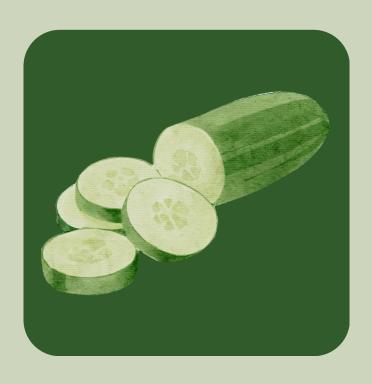
Sunlight

At least 6 hours of full sun per day

Depth

1-3 cm

Row Distance



Cucumber

A fruit consisting of 90% water and is excellent for hydration

Water

2.5 cm per week

Season

Plant in early September

Separation

30 cm

Sunlight

Full, direct sun

Depth

2 cm

Row Distance

100-120 cm



Potato

A starchy vegetable that is very versatile for cooking with

Water

30-40 mm per week to keep moist

Season

Plant between
August and
December

Separation

20-30 cm

Sunlight

Keep in a cool environment

Depth

150 mm

Row Distance

80-100 cm



Chillies

Used to add heat to a dish due to the varying spice intensity

Water

600 mm during the growing season

Season

Plant between
August and
November

Separation

30 cm

Sunlight

Full sun,
especially close to
planting

Depth

Keep shallow at 5 mm

Row Distance



Sage

Herb used in a lot of
Italian style cooking
known for its minty taste

Water

20-30 mm per week

Season

Plant between
late August and
September

Separation

30 cm

Sunlight

Full sun

Depth

8-10 mm

Row Distance

50-60 cm



Coriander

Herb commonly referred to as cilantro

Water

Daily watering especially during germination

Season

Plant in early September

Separation

5 cm

Sunlight

Full sun with an emphasis on morning

Depth

5 cm

Row Distance

15-20 cm



Celery

A very crunchy vegetable that forms stalks with leaves at the top

Water

25-35 mm per week after seedling growth

Season

Plant during mid-September

Separation

15-20 cm

Sunlight

Emphasis on morning sun

Depth

3-4 mm

Row Distance



Beetroot

A root vegetable known for its very dark and deep purple color

Water

30 mm of water every time it is watered

Season

Plant in Spring

Separation

25-50 mm

Sunlight

Full sun or part shade required

Depth

15-20 mm

Row Distance

200-400 mm



Rosemary

A shrub with leaves that have very earthy and woodsy tones

Water

Moderate watering needs

Season

Plant in early September

Separation

30 cm

Sunlight

Full sun

Depth

8-10 mm

Row Distance



Carrot

A vegetable known for its orange color and sweet flavor

Water

50 mm of irrigation per week

Season

Plant between
August and
October

Separation

20 cm

Sunlight

Half sun/shade

Depth

25-40 mm

Row Distance

40-45 cm