

FEDCO SEED SALE







Just **\$3** Per packet!
55 Varieties - All Organic
Cash Only

Available in The Center for
Sustainability Office for purchase!
(Student Center 101)

All proceeds from seed sale support local non-profit group **ADK Action** and
the Fair Food Pricing program: aiming to make local food affordable for
families and fair for farmers

SEED LIST!!! - ALL SEEDS ARE ORGANIC! :)

For more information, search specific feeds at fedcoseeds.com

<p>Provider Bush Green Bean</p> 	<p>For highest early yields—even under adverse conditions—and rich beany taste, nothing provides like Provider. Noted for its concentrated sets of round 5–5½" pods. Amazing resilience, reflower repeatedly after heavy pickings. Great for freezing, canning, and dilly-beans.</p>
<p>Tuxana Sweet Corn</p> 	<p>Beautiful bright white kernels in 14–16 rows and 9" ears with great tip fill, and tender mouthfuls burst with sweetness. As with all open-pollinated corns, its optimal picking window is narrow. As the harvest of midseason varieties tapers off, Tuxana begins. Tall 8–9' plants. Late-summer corn feasts will be formal affairs with Tux required.</p>
<p>Gold Rush Bush Wax Bean</p> 	<p>Tender 5–6" straight round stringless beans have excellent flavor and high yields. Yellow pods with green tips hold well on the vigorous plants. Your market customers won't pan this gold!</p>
<p>Green Arrow Shell Pea</p> 	<p>The pea preferred by commercial growers, always on target for heavy yields. Sets the standard for midseason varieties. Long pods with up to 10 peas per pod (more typically 7–8) on vines up to 3'. Seems to withstand miserable and extreme weather better than other varieties. Easy-to-pick because pods tend to set in pairs at the top.</p>
<p>Dragon Langerie Bush Bean</p>	<p>Also known as Dragon's Tongue. Tasty attractive</p>



19th-century heirloom hails from the Netherlands. Compact stocky bushes bear abundant purple-violet flowers followed by flat 6" creamy yellow pods mottled with purple tiger stripes. Sunlight intensifies color, so plant rows farther apart than normal bean spacing so interior sets become vivid. Crisp, stringless and amazingly juicy when eaten fresh. Cook or market promptly after picking; turns rubbery and loses snap when stored. Not recommended for freezing. Loses purple coloration in cooking. Seed purplish brown with blue stripes.

Early Moonbeam Watermelon



Early fruit, icebox size (5–8 lb), sweet yellow flesh and colorful skin of dark green stripes on a greenish-white background.

Little Leaf Pickling Cucumber



Little Leaf sets fruit without pollination, so may be left under row cover the entire season. Compact vines with smaller-than-normal leaves save space and leave the mature cucumbers much more visible. Despite the plants' emaciated appearance, they produce a huge number of cukes, even under stress. The blocky fruits are a little smaller than what we were used to, but they serve a dual purpose, pickling well while also providing good fresh eating.

Marketmore 76 Slicing Cucumber



Long the leading slicing variety in the Northeast. Dark green 8–8½" fruits show good uniformity. Vines are vigorous throughout season.

Costata Romanesca Zucchini

Deeply striped and ribbed, Costata has a distinctive sweet mildly nutty flavor. Also a productive source for



tasty male squash blossoms and good for stuffing even when the fruits get way oversized. Tender skin damages easily, a liability for commercial transport. Slower to bear and not as high yielding as hybrid varieties.. If you want to win the blue ribbon for largest summer squash at your fair, grow Costata. It reaches 20 lb in a good year.

Zeppelin Delicata Squash



The lovely ivory-colored oblong 1 lb fruits with dark green stripes have the unsurpassed sweetness that gives Delicata its good reputation. In storage the green stripes turn orange and the cream background sometimes yellows. No need to peel—cooked skins are tender and nutty.

Waltham Butternut Squash



Elegant 9" tan fruits weighing 4–5 lb. Orange dry flesh has a sweet nutty flavor. Excellent keeper.

Long Pie Pumpkin



Likely an old Native American variety, or selected therefrom. 3–5 lb fruits look like overgrown thick zucchinis to the uninitiated, but the telltale sign is an orange spot where the otherwise all-green elongated fruit rested on the ground. After ripening in storage, the whole fruit first blushes, then glows bright orange, signaling that its delicious smooth flesh is ready to be turned into incomparable pies. Your fork won't know where the whipped cream ends and the pie begins! Vines have enormous vigor and can achieve astonishing yields. Long Pies stored at 50° can keep all winter.

Howden Pumpkin

Howden's symmetrical fruits with hard ridged skin and



thick flesh have so much set the standard for large round **jack-o'-lanterns** both for fresh market and shipping that they are now a New England tradition. Large spreading vines produce 4–6 deep orange fruits per plant, typically very uniform while weighing 20–35 lb, often able to ripen fully in our climate

Danvers Carrot



Outstanding for cooking and winter storage. Features 7" conical orange roots that taper to a point. Easier to grow in heavy soils than the longer more refined types. Broader at the top and more fibrous.

Napoli Carrot



A favored variety of candy carrots. Blunt Nantes type grows 7–8" cylindrical roots with strong medium-sized dark green tops. Crispy, snappy, sweet and juicy with a medium core. "Extra crunchy," rated one of our tasters. Also grows rapidly when sown outdoors in spring and makes a good early bunching carrot. Suitable for fresh market or storage. Good performer in high tunnels.

Three Root Grex Beet



There are three distinct colors in this gene pool: a pinkish red with some orange in it, a bright gold, and a beautiful iridescent orange. We were impressed by the unusual vigor, glowing colors and length of these gradually tapered elongated roots. The Lutz influence manifests in their size, as much as 3½" across and 7–8" long. Also produces copious greens.

Guardmark Chioggia Beet

Beautiful when sliced, this heirloom home-garden type attracts attention in the kitchen with its alternating interior rings of pink and white. Noteworthy also for



its light red exterior color, green tops and exceptional sweetness.

Touchstone Gold Beet



A refined and reliable golden beet with long attractive green tops, Touchstone takes the guesswork out of growing golden beets. Market growers love its dependable germination and uniformly round roots that resist zoning. Like other golden beets, retains its color when cooked and has the sweet flavor prized by aficionados. Performed well even when overcrowded in our trial.

Bull's Blood Beet



Prized for its spectacular leaves, not its rough flattened globe-shaped roots. Sweet and nutty with never a hint of oxalic aftertaste. Also a winner in appearance, with large glossy reddish-purple leaves. No bull, it holds quality all summer, with color intensifying as it grows, especially under cool conditions in fall or under winter cover. Bull's Blood is a red leaf of choice for winter harvest salad mixes, with nice dark foliage, tender and sweet.

Purple Top White Globe Turnip



Popular variety with purple tops, white bottoms and white flesh can attain 6" in diameter. An heirloom from before 1880. Other varieties are good, but this one stands in a class by itself.

Black Seeded Simpson Lettuce

The earliest and most popular looseleaf variety. One of our absolute favorites for early season production with



heads up to 16" diameter. Large loose crumpled juicy light-green leaves slightly ruffled and blistered. Inner leaves tender and well blanched. Does not stand heat well; sow as early as ground can be worked.

Red Salad Bowl Lettuce



Compact frilly rosettes of spectacular bronze-red oakleaves. Red at tips and on young growth, green at the base of the leaves. Nice buttery flavor. One of our most popular lettuces. A staple mesclun ingredient. Grows quite large in cool weather, but prone to bitterness and bolting in heat.

Green Deer Tongue Lettuce



Also known as Matchless, this venerable heirloom goes back to the 1740s. Characteristic thick green pointed leaves radiating from a compact center. Slow to bolt. Has a rich nutty flavor that doesn't turn bitter.

Red Sails Lettuce



An attractive large plant with purplish red-splashed rosettes serrated with bubbled frills, Red Sails delivers lightly crunchy lobes with good melting texture. Ideal for home use and wholesale markets. Red Sails is slow to become bitter or bolt, even in heat. Reaches full size at 12–16", but can be harvested at 10" for a "one-cut" type head.

Merlot Lettuce

Intense burgundy color the richest we have ever seen. This merlot adds as much to your baby salad mix as a good wine adds to your dinner, providing color,



excitement and full-bodied flavor. Slow to grow, slow to bolt, plants never achieve much size or density, but are ideal for the baby-leaf trade. Not for mature-head production, so may be spaced more closely than other varieties. Cold-hardy.

Lettuce Mix



Light up your salad patch with contrasting colors and leaf forms! At least a half-dozen different lettuces, all suitable for cut-and-come-again culture.

Greens Mix



Versatile companion to Lettuce Mix. At least five varieties, certified-organic seed, chosen from among beets, chard, arugula, mustards, orachs, purslane, chervil and kales suitable for mesclun or braising. Exact components will vary according to availability. For a fully organic salad, from seed to table.

Arugula (Rocket/Roquette)



Also known as Roquette or Rocket. Musky green and its piquant blossoms will spice up your salad. The best-tasting and most bolt-resistant of the strains in our 2017 trials.

Golden Chard

The gold standard in chard and a first-rate ornamental edible. A once-rare color in chard, this strain from



Frank Morton always stands out in our grow-outs for its flavor as well as its color. Large light-green semi-savoyed leaves contrast with the bright yellow stems and veins. Becomes strikingly luminescent as the plant matures. Lacks the metallic qualities of some chard.

Red Rhubarb Chard



Deep crimson stalks, dark green leaves. Very hardy. Beautiful for edible landscapes.

Purple Rapa Mix Gene Pool Mustard



Huge seeds for big competitive seedlings. Competitive is an understatement. This one has vigor. Tall frilly medium-hot serrated green leaves with purple veins and shading, with nice variation among plants. Juicy midribs with an invigorating tang that gained heat as the weather did. Refusing to bolt, they grew into giants by July 4. Plenty of great eating here.

Prize Choi Pac Choi



Classy open-pollinated pac choi that has stood the tests of time. Celery-like white stems and vase-shaped 15–18" tall heads are like two vegetables in one with succulent stems and tender greens. Good for kimchi or stir-fries.

Dwarf Blue Curled Scotch Kale

The most commonly grown kale variety. Dense frilly



finely curled blue-green leaves on compact upright 12–16" plants stand well, maintain color and resist yellowing in cold and heat. Hardy and productive. Best as a fall crop, planted in July or early August. More variable than the hybrids. Cold-hardy.

Red Russian Kale



Vigorous edible landscape plant a big hit for its tenderness and delicate flavor. Its oakleaf foliage colors after fall frosts. Use soon after picking, or chill leaves in cold water; otherwise wilts quickly. Red and purple veining changes to dark green when cooked. Also a popular variety for microgreens.

Carmen Sweet Pepper



Carmen features unusually sweet horn-shaped tapered pointed 2½x6" fruits averaging 5 oz that won rave reviews from all seven of our tasters. (How often does that happen at Fedco?) Great for salads, especially as they ripen from green to deep carmine, with good sweet flavor. Walls are only medium-thick, so take care not to get them overly charred when roasting. Upright medium-sized plants with excellent protective canopy. Widely adapted and early maturing in its class.

Czech Black Hot Pepper



Fruits so striking that you could even keep a bowl on your table just to admire. Black when immature, the 2½"-long conical peppers ripen to lustrous garnet. Mild juicy thick-walled flesh runs with a cherry-red juice when cut. The heat, a tad less than a jalapeño, is in the ribs and seeds and is just right. Bears very early with 20 pointed thick-walled peppers per 2½–3' plant. 2,000–5,000 Scovilles.

Cosmonaut Volkov Tomato

Sturdy, productive, cool-weather tolerant and great flavor. lauds A superb home-garden variety with good



commercial potential both outdoors and in tunnels, Cosmonaut always tastes good, even sublime. Usually ripens quantities of deep red slightly flattened 8–12 oz globes at the beginning of August when tomato craving is at its peak. What makes Cosmonaut so special is its juice: sweet, rich and full-bodied. Even in cold summers, it will produce dependably.

Pink Brandywine Tomato



Extra-select strain of large oblate pink meaty beefsteaks, trending away from small-fruited, less-vigorous and late-ripening traits. Of course, that precious balanced deep flavor with perfect hints of tart still rings true! Oblate meaty beefsteak fruits average right around a pound, ripening unevenly throughout the season, often preferring cool early fall to peak heat of August. Potato-leaf foliage.

Black Cherry Tomato



Two-bite cherries (avg 14–28g) with the dusky color and complex flavor typical of the best black tomatoes, juicy and delicious. Somewhat late for a cherry tomato, but worth the wait. Fruit ripens slowly and individually until frost. Examine each plant closely at picking time: the dark-hued cherries are easy to lose in the foliage. Best flavor if left to ripen on the vine till nice and dark. Seems to tolerate the usual tomato diseases but fruits will crack readily in rainy weather. Combine with Sun Gold and any bright red cherry for a lovely display.

Amish Paste Tomato



Large red meaty fruit, wonderful paste variety, great flavor for cooking, canning, sauces, salsa or fresh eating, with huge production. Strong producer of oxheart fruits up to 8 oz with thick bright red flesh. Larger and better than Roma. Flavor has been consistently good even in poor tomato years.

Sweet Basil

The heaviest-yielding variety, recommended for drying, all-around great eating, and large-scale pesto



production.

Chives



Hardy perennial. 1–2' hollow grasslike leaves enhance any dish with their subtle onion flavor, providing a fine treat in very early spring. Nelly's dark blue-green leaves are medium-fine, long and slender. Lilac-colored flowers bloom in June and July, can be eaten or enjoyed in arrangements fresh or dried. Used in Asia as a remedy for colds and flu. For best production, grow in well-drained soil and divide clumps every few years. However, nearly indestructible even with neglect in extreme conditions.

Caribe Cilantro



Caribe was the best of the ten strains of cilantro in our trial. Hardworking with lots of excellent eating foliage and great flavor. Longstanding; was only beginning to flower on July 9. In 2018's trials Caribe remained the winner in both taste and ability to hold in the heat.

Zaatar Oregano



An oregano that carries a bit of zing, and is a necessary ingredient in the condiment za'atar. Mix with sumac, toasted sesame seeds, salt and sometimes a few other herbs to make the sprightly topping so essential to Middle Eastern cuisine. Bushy tender perennial, hardy to Zone 10, grown as an annual in colder climes. For most aromatic flavor, harvest before its small white flowers appear. Start seeds indoors or sow directly in the ground just prior to the last spring frost.

Perfection Fennel

The acme of Perfection in bulbing fennel, and a good



performer in cool soils. Has shown up well in repeated trials, even in warm seasons. Nearly as bolt proof as those pricey hybrids seven times the cost. Makes a superb bulbing fennel even at more modest sizes. Sauté with onions, yellow peppers and a little toasted sesame oil and “you may succumb to the temptation to keep it all for yourself instead of taking it to market.”

Rosemary



Beloved tender perennial growing to 3–4'. Cannot withstand temperatures below 17°, may be overwintered indoors if kept cool and moist. Try near a cool basement window and keep misted. Dark grey-green needle-like leaves impart a robust resinous flavor. Rosemary clippings are said to repel slugs. Blossoms range from deep blue to pale pink. Likes dry alkaline soil; peat pots are too acidic.

Hopi Red Dye Amaranth



A stately 6' plant displaying 1–2' deep burgundy inflorescences. Leaves may be green or burgundy or some variation. Eat the young leaves in salads or slightly steamed, admire them young or old. Hopi people make a scarlet food dye from the flower bracts to color their ceremonial piki bread. When added to a flower bouquet it makes an ordinary clear jar look like an elegant purple-tinted vase as it colors the water.

Crego Mix China Aster



Bold ostrich-feather blooms hold well in wet or cold conditions. 2' plants with 4" flowers in violet, lavender, pink, rose and fuchsia and white. This fall-blooming beauty holds well in wet or cold conditions, providing a bit of late-season color in the garden or bouquets. Surpass in size and beauty any other aster we have ever seen. Pleasing, stately, handsome and vigorous.

Resina Calendula

The best calendula for making tinctures and oils. Its



medium-sized single blooms with small eyes are extremely resinous, coating your fingers or clippers while you harvest flowers. The medicinal sticky resins impart a pleasant odor. Blossoms are primarily bright yellow with yellow centers. A few will be orange with light orange centers. Cheery flowers, good medicine. Annual. **Especially attractive to pollinators.**

Ruby Parfait Celosia



Upright 20–26" tall multi-branched wheat-type celosia produces showy spikes, light pink at the base turning to a deep rose-magenta at the tip. Green foliage starts at ground level. A very prolific and striking display in mass plantings, as a border, or in containers. Excellent cutflower. Blooms July through frost. Hums with bees and other pollinators from mid-afternoon until dusk. Prefers full sun and moist rich soil, though does well in marginal dry soil as well. Does not tolerate standing water.

Jubilee Gem Bachelor Button



Early frilly 2" periwinkle-blue blooms on semi-dwarf 2' plants. A popular favorite with a long bloom period.

California Giant Mix Zinnia

California Giant (3–4' tall and bushy) blooms with masses of brilliant 4–6" double flowers in red, yellow,



orange, lavender, maroon, violet and white. Easy to grow and fantastic for cutflowers—the more you cut the more they bloom!

Ziar Blue Breadseed Poppy



Bred to eliminate the vents in its large seed head so the blue seeds stay in the heads to be collected. Ornamental single pink to red petals with centers ranging from pale red through dark colors. Twin to Elka. Although the first batch of seeds had some difficulty adapting to the cold climates of Canada and Maine, Ziar has been selected over at least 20 years for better cold survival. Annual. **Especially attractive to pollinators.**

Autumn Beauty Mix Sunflower



This 6–8' multi-branching beauty is always a top seller. Produces a lovely mixture of earthen shades, petal colors ranging from bright yellow to bronze and purples. Most have a characteristic red ring enclosing a black center. Blossoms 4–6" across are perfect as the center of giant flower arrangements. Annual. **Especially attractive to pollinators.**